

Practical Travel Guide - 103

KUSHIRO,
ABASHIRI and
SHIRETOKO PENINSULA

JNTO

Japan National
Tourism Organization
日本政府観光局

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Blessed with four distinctive seasons, Hokkaido lies closer to the equator than some of the world's largest cities such as Paris, London, Munich, Rome and Montreal. The island occupies 22.1% of national territory and is 38.1 times the size of metropolitan Tokyo. Featuring a wealth of national parks and quasi-national parks, Hokkaido's rich natural environment includes exceptionally transparent lakes and vast marshland. In particular, eastern

Hokkaido offers the Kushiro Marshland, Lake Mashu, Lake Akan and the easternmost peninsula of Shiretoko from which Nature's splendor can be enjoyed. Winter in eastern Hokkaido starts around Nov. and lasts until May.

The drift ice of the Sea of Okhotsk is a winter tourist attraction. It seldom snows in the Kushiro Marshland on the Pacific coast but the temperature often drops to -20°C.

Access:
By Air

From	To	By	Approx. Travel Time	Access to Downtown
Haneda (Tokyo)	Kushiro	JAL, ANA, ADO	1 hr. 35 min.	[To Kushiro Sta.] - By Airport shuttle bus 50 min. ¥950
Chubu* (Nagoya) [Via New Chitose]		JAL, ANA	3 hrs. 20 min.	
Kansai (Osaka) [Via New Chitose]		JAL, ANA	3 hrs. 5 min.	
		APJ (Direct)	2 hrs.	
New Chitose (Sapporo)		JAL, ANA	40 min.	
Okadama (Sapporo)		JAL	1 hr. 5 min.	
Haneda (Tokyo)	Nemuro Nakashibetsu	ANA	1 hr. 45 min.	[To Nemuro Sta.] - By Bus 1 hr. 35 min. ¥1,920
New Chitose (Sapporo)		ANA	40 min.	
Haneda (Tokyo)	Memanbetsu	JAL, ANA, ADO	1 hr. 45 min.	[To Abashiri Sta.] - By Bus 30 min. ¥920
Chubu* (Nagoya)		ANA	2 hrs.	
Kansai (Osaka) [Via Haneda / New Chitose]		JAL, ANA	4 hrs. 5 min.	
New Chitose (Sapporo)		JAL, ANA	45 min.	

* Central Japan International Airport (Centrair)

By Train

From	To	By	Approx. Travel Time	Price
Sapporo	Obihiro	JR Limited Express "Super Tokachi" "Super Ozora"	2 hrs. 30 min.	¥7,790*
	Kushiro	JR Limited Express "Super Ozora"	4 hrs. 5 min.	¥9,990*
	Memambetsu	JR Limited Express "Okhotsk"	5 hrs. 5 min.	¥10,540*
	Abashiri		5 hrs. 20 min.	¥10,540*
Kushiro	Nemuro	JR Nemuro Line (Rapid "Nosappu" / Local)	2 hrs. 30 min.	¥2,860
	Shiretoko-shari	JR Semmo Line (Local)	2 hrs. 40 min.	¥3,190

*Fare + express charge with seat reservation.

By Express Bus

From	To	Approx. Travel Time	Price	Ticketing & Operator
Sapporo	Abashiri	6 hrs.	¥6,510	"Dreamint Okhotsk" by Hokkaido Chuo Bus, Kitami Bus & Abashiri Bus Japan Bus Online
	Bihoro	5 hrs. 15 min.	¥5,870	
	Kitami	4 hrs. 35 min.	¥5,440	
	Nemuro	7 hrs. 30 min.–8 hrs. 30 min.	¥8,200	"Aurora" by Hokuto Kotsu Bus Japan Bus Lines
	Kushiro	5 hrs. 15 min	¥5,880	"Starlight Kushiro" by Hokkaido Chuo Bus, Kushiro Bus and Akan Bus Japan Bus Online
		5 hrs. 30 min.	¥5,600	"NEW STAR" by Hokkaido Bus Japan Bus Online

*Reservation required.

KUSHIRO CITY

Places of Interest:

Kushiro, with a population of about 168,400, is the largest city in Eastern Hokkaido. It is known as a base for deep-sea fishing and also as being a "foggy town". Kushiro is a stepping-off point for tourist spots in eastern Hokkaido like Shiretoko and Akan. Kushiro's popular tourist spots include Washo Market and Kushiro Fisherman's Wharf where you can eat, drink, shop, relax and enjoy yourself.

①Washo Market (和商市場)
Selling fresh seafood for locals such as saury, hairy crab, salmon, shishamo (a kind of smelt), scallop and seaweed. Buy a bowl of rice, top your favorite seafoods on the rice bowl at shops, enjoy your own rice bowl (called "Katte-don")! Hour: [Mon.–Sat.]8:00–18:00, –17:00(Jan.–Mar.), [Sun.] 8:00–16:00 (Apr.29–Oct.28), –18:00 (Dec.) Close: Sun. (irregularly open), New Year holiday.

*See p. 6 for admission and opening times.

②Kushiro Fisherman's Wharf MOO (釧路フィッシャーマンズワーフMOO)

15 min. walk from JR Kushiro Sta. A popular multi-purpose complex standing beside Nusamai Bridge. Everything is fun to do here from shopping to eating and drinking. The entire building is covered with glass in which there is an all-season botanical garden called EGG. Hours: [shopping zone] 10:00–19:00, 9:00–19:00 (Jul.–Aug.), 10:00–17:00 (Dec. 31, Jan. 2–3), [restaurants] 11:00–22:00, –15:00 (Dec. 31). Closed: Jan. 1.

③Nusamai Bridge (幣舞橋)

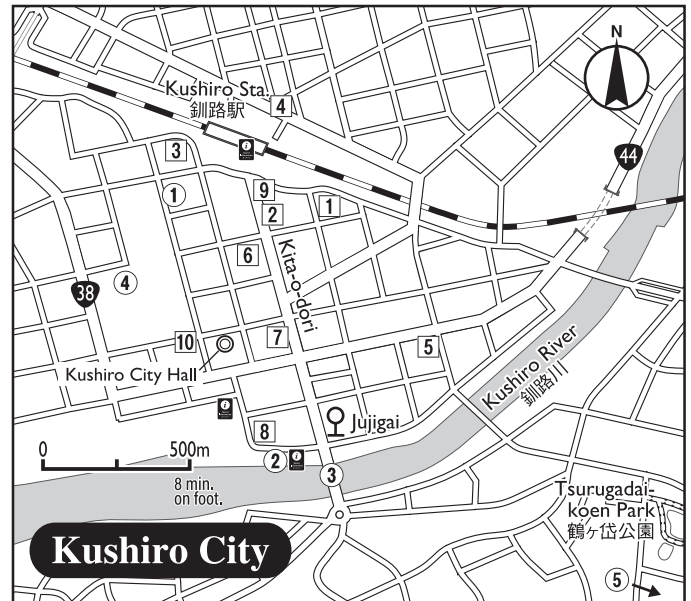
15 min. walk from JR Kushiro Sta. It is one of the three best bridges in Hokkaido, and is this city's symbol spanning Kushiro River. Erected on the bridge railings are four bronze statues-maidens of the four seasons created by four well-known Japanese sculptors. You can see the sunset in Kushiro, one of the greatest sunset views of the world.

④Kushiro Children's Museum "KODOMO YUGAKUKAN" (釧路市こども遊学館)

It consist of two main facilities (exhibition halls): "Play Hall" and "Science Museum". Kodomo Yugakukan is a place where children can play and learn. There also is a planetarium in the facility. Hours: 9:30–17:00. Closed: Mon. (or the follwing day after the holiday when Mon. falls on a national holiday), New Year holiday. Admission: Exhibition halls ¥600 (adults), ¥240 (high school students), ¥120 (elementary & junior high school students)Exhibition halls (including planetarium): ¥980 (adults), ¥380 (high school students), ¥220 (elementary & junior high school students).

⑤Kushiro City Museum (釧路市立博物館)

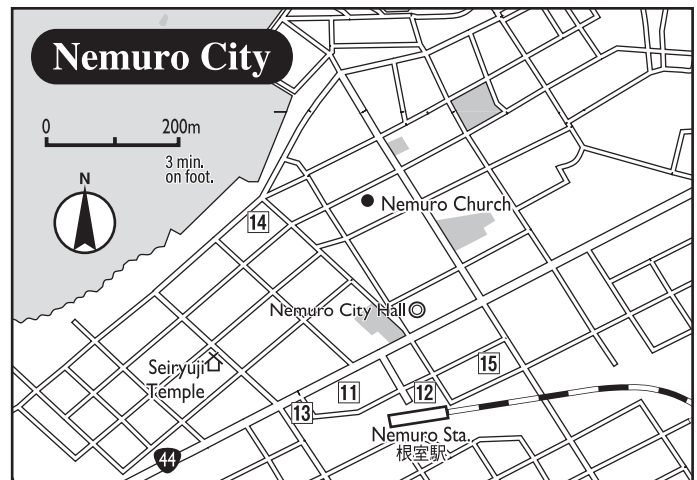
In a hill overlooking Lake Harutori, there is a recognizable architecture with its striking image of the Japanese crane. Many valuable collections to know the history of Kushiro are exhibited. Hour: 9:30–17:00. Close: Mon. (or the follwing day after the holiday when Mon. falls on a national holiday), National holiday (Nov. 4–Mar.), New Year holiday. Admission: ¥480.



① – ⑩ correspond to those in the accommodations list on page 6/6
① – ⑤ correspond to those on page 1/6, 2/6

NEMURO CITY

Nemuro is Hokkaido's eastern-most city and is located in the long and narrow Nemuro Peninsula. Right in front of Cape Nosappu lie the Chishima (Kurile) Islands. Nemuro is a small provincial town with a population of 25,552 (Sep. 2019). Most appealing about Nemuro is the rich natural environment surrounding it. The southwestern part of the peninsula is resplendent with verdant woods, scores of lakes, swamps and marshlands, and beautiful coastlines. You can enjoy nature experiences such as cruising, canoeing, horse riding, bird-watching and trekking.



⑪ – ⑮ correspond to those in the accommodations list on page 6/6

ABASHIRI CITY

①Hokkaido Museum of Northern Peoples (北海道立北方民族博物館)

15 min. by bus from JR Abashiri Sta. A very rare type of museum dealing with northern ethnic groups of Greenland, Scandinavia, and others. State-of-the-art equipment including "Magic Vision." Hours: 9:30–16:30, 9:00–17:00 (Jul.–Sep.). Closed: Mon. (or the follwing day after the holiday when Mon. falls on a national holiday), New Year holiday. Admission: ¥550.

②Abashiri Prison Museum (博物館網走監獄)

10 min. by bus from JR Abashiri Sta. Located halfway up Mt. Tento, is the original Abashiri Prison building, used as a prison until 1984, that has been moved and opened as a museum. Hours: 9:00–17:00, 8:30–18:00(May.–Sep.), Enter 1 hour before closing. Admission: ¥1,100.

URL: https://www.kangoku.jp/multilingual_english/

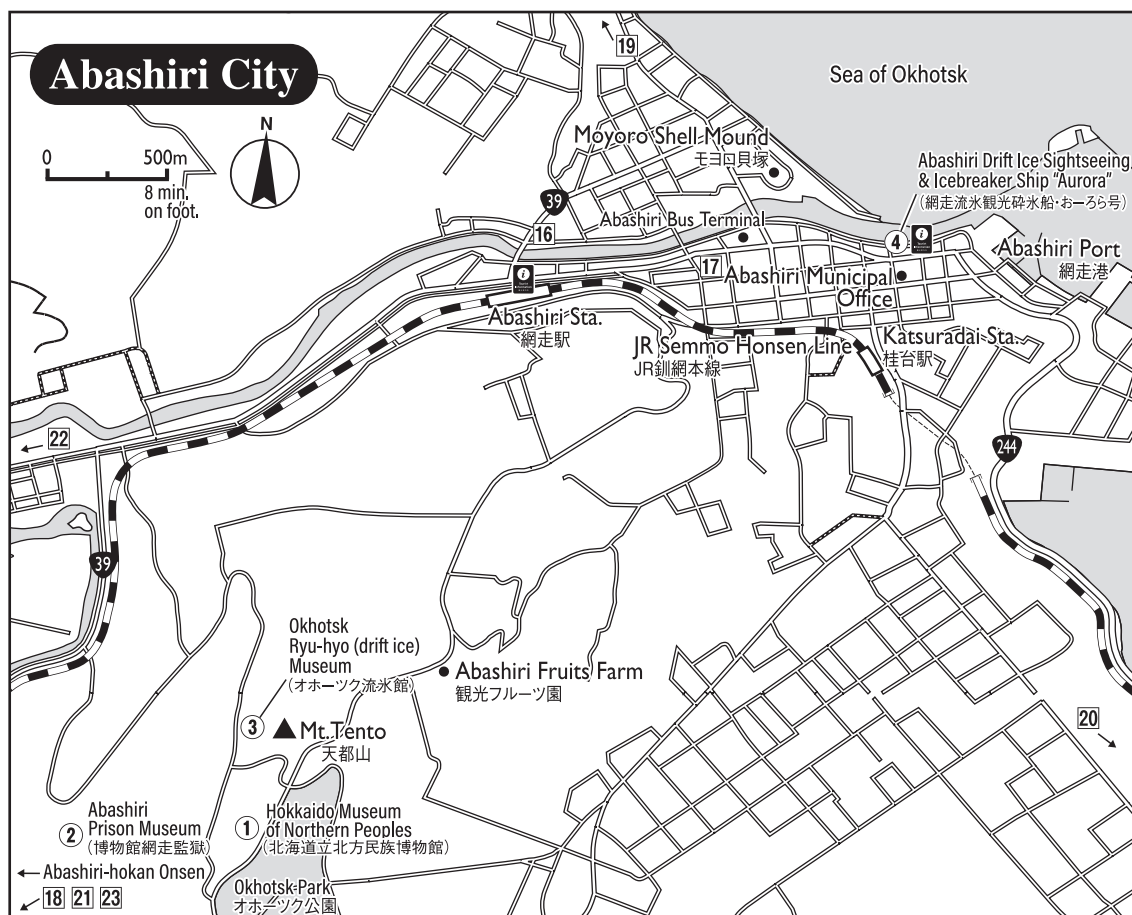
③Okhotsk Ryu-hyo (drift ice) Museum (オホーツク流氷館)

15 min. by bus from JR Abashiri Sta. A science museum adjoins Tenzotan Observatory. A permanent display of real drift ice is maintained. One room enables you to experience drift ice and another room features a three-screen super-wide-vision theater. Hours: 8:30–18:00, 9:00–16:30 (Nov.–Apr.), 10:00–15:00 (Dec. 29–Jan. 5). Admission: ¥770.

④Abashiri Drift Ice Sightseeing & Icebreaker Ship "Aurora" (網走流氷観光砕氷船・おーろら号)

10 min. by bus from JR Abashiri Sta., it departs from roadside station "Ryuhyo Kaido" Abashiri. This cruise ship moves forward by breaking the 80-cm-thick drift ice in front of it. During the one-hour cruise you might see wild eagles and seals. Operating period: Jan. 20–Apr. 3. Fare: ¥3,500.

URL: <http://ms-aurora.com/abashiri/en/>



① – ④ correspond to those on page 2/6

17 – 23 correspond to those in the accommodations list on page 6/6

VICINITY OF KUSHIRO & ABASHIRI

① **Kushiro Shitsugen (Marshland) National Park** (釧路湿原国立公園)

25 min. by train from JR Kushiro Sta. to JR Kushiro Shitsugen Sta. The nation's 28th national park, designated in 1987, stretches over several municipalities including Kushiro City. Measuring and occupying 28,788 ha, 10 km east-west by 35 km north-south, this is Japan's largest marshland.

The marshland is a natural paradise inhabited by over 2,000 species of animals and plants, and also provides good wintering grounds for Tancho cranes, designated as a Special Natural Monument. You may see their biology closer from some designated observation facilities in the park or at **Kushiro Japanese Crane Reserve** (釧路市丹頂鶴自然公園), a nature park breeding some of them for conservation all year round (10 min. by car from Kushiro airport).

You can enjoy the great view from observation decks such as **Hoso-oka Observatory** (細岡展望台), 10 min. walk from JR Kushiro Shitsugen Sta., and **Kushiro Marsh Observatory** (釧路市湿原展望台), about 40 min. by bus from Kushiro Sta.

For the updates and seasonal features around the park, please visit Tourist Information Centers before you visit.

② **Tsurui Dosanko Ranch** (鶴居どさんこ牧場)

50 min. by bus from JR Kushiro Sta. and 10 min. by shuttle bus service (reservation required) from Tsurumidai Bus Stop. You can ride a horse or hike to enjoy the natural splendor of the Kushiro Marshland. Hours: 9:00–17:00

③ **Cape Kiritappu** (霧多布岬)

25 min. by bus from JR Hamanaka Sta., it is officially called Cape Tofutsu. From the lighthouse standing on the tip, you can see the Ainu-Kubiiwa rock as well as the magnificent ocean view.

④ **Cape Aikappu** (愛冠岬)

10 min. by bus bound for Kiritappu from JR Akkeshi Sta. Representative sightseeing spot in the town of Akkeshi. The islands Daikokujima and Kojima, famous for their wild seals, can be seen just offshore. The “Bell of Love” called Bell Arch on the cape is popular among young couples.

Kitahama Station (北浜駅)

17 min. by JR Semmo Line from Abashiri Sta. The station in the film “Abashiri Bangaichi” was modeled on Kitahama and Mokoto Sta. The inside walls of Kitahama Sta. are covered with stamps and name cards pasted on by travelers. A tearoom sits next to the station.

Lake Saroma (サロマ湖)

1 hr. by bus from JR Abashiri Sta. to Saromako-Sakaeura Bus Stop at the northeastern shore of the lake. The largest lake in Hokkaido and the third largest in Japan. The sunset viewed from the coast of the Sea of Okhotsk is breathtaking.

**Goodwill Guide Groups** offer tourists from overseas

local tours guided in English or other languages. The guides are registered with JNTO and display the badge shown. As they are volunteers, there is no charge for their service. You are only expected to pay for their transportation, admission to tourist facilities if you visit any and their meals if you eat with them.

JNTO Website

<https://www.japan.travel/en/plan/list-of-volunteer-guides/>

*See p. 6 for admission and opening times.

AKAN-MASHU NATIONAL PARK

Lake Mashu (摩周湖)

Take the JR Semmo line and get off at Mashu Sta. Lake Mashu prides itself as being one of the clearest lakes in the world. It features the most beautiful transparent emerald-colored surface that changes moment by moment. The Ainu people have revered this lake as the “lake of the gods” from ancient times. You cannot go down to the lakeshore, but you can enjoy a splendid view from 3 observatories. Another special feature of this lake is that it is always covered with mist, thereby also being called “Misty Lake Mashu”. Near Lake Mashu is Mashu Onsen (hot spring) located around the station.

⑤ Observatory No. 1 at Lake Mashu (摩周湖第一展望台)

25 min. by local bus “Mashu-sen” (available between late Apr. and early Oct.) from Mashu Sta. to “Mashu-ko Dai-ichi Tembodai” bus stop. On the observatory at the south side of Mashu Lake, is a souve-nir center. To the right is Kamuinupuri (Mashu Peak) and in the center of the lake is Kamuishu Island.

“Teshikaga Eco Passport” (弟子屈えこパスポート) offers unlimited ride on extra & regular buses connecting Lake Mashu and Lake Kussharo in summer and winter.

<http://www.eco-passport.net/>

Lake Akan (阿寒湖)

1 hr. 10 min. by Akan Bus bound for Akanko Bus Terminal from Kushiro Sta. Lake Akan sits in a resplendent natural setting surrounded by Meakan Peak and Oakan Peak running from east to west. Marimo (a type of green alga), considered to be the nation's commemorative plant, exists here. There are 4 islands in the lake, and from early May to Nov., there are lake cruises on the lake. On the southern lakeshore is Akanko Onsen Town, a prominent tourist destination.

⑥ Akan Ainu Kotan (阿寒湖アイヌコタン)

15 min. walk from Akanko Bus Terminal. In the largest Ainu village located just outside hot-spring village toward the west are about 36 houses in which reside about 120 people. On the west side of the village street are about over 20 folk craft shops crammed shoulder to shoulder. Traditional Ainu dances, which have been designated as an Important Intangible Folk Cultural Property, can be seen in theater named “Ikor” (which means “treasure” in the Ainu language). This theater was built to pass on Ainu history and culture to coming generations and is expected to attract more tourists to the area.

Akan Sightseeing Cruise (阿寒観光遊覧船)

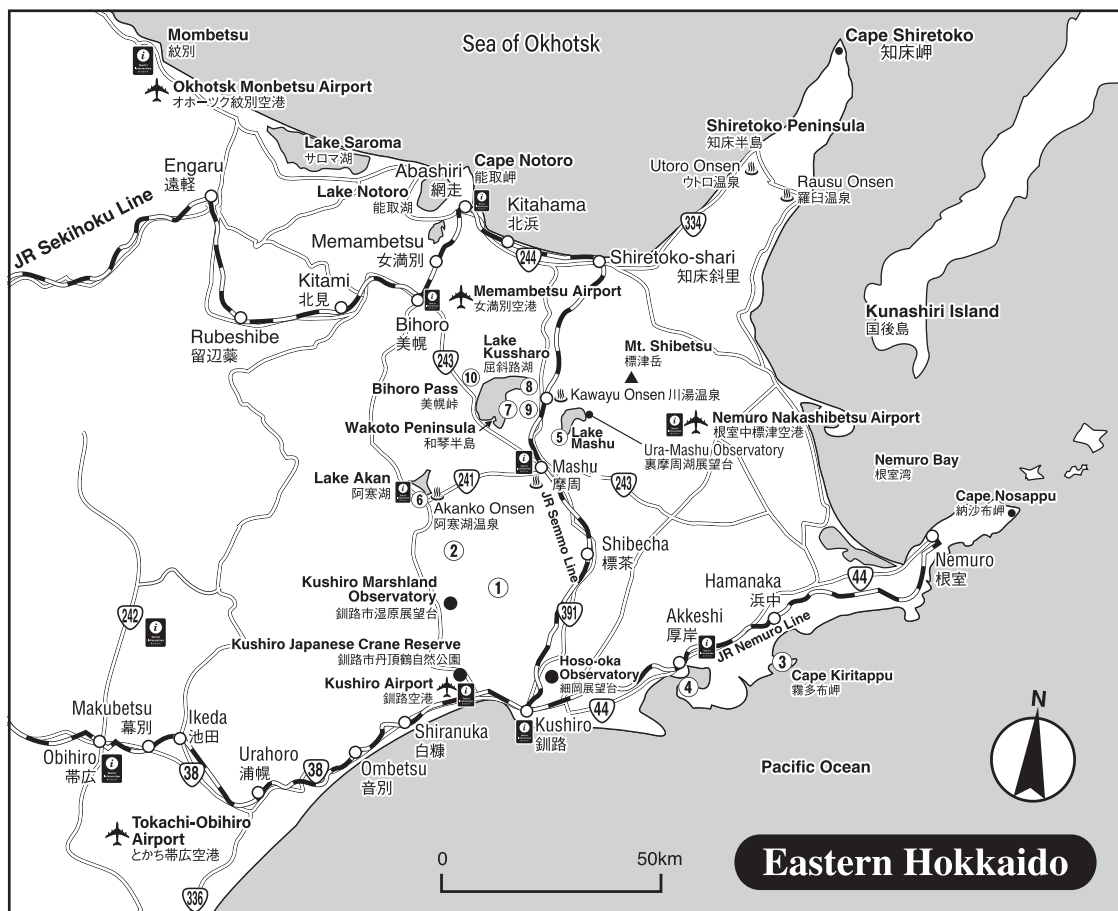
You can enjoy the great view of Lake Akan from the boat. The boat cruises around a number of tourist sites. Fare: ¥2,000. Time required: 85 min. Operating season: late Apr.–Nov. 30.

Lake Kussharo (屈斜路湖)

20 min. by car from JR Mashu sta. This is a crater lake with a circumference of 57 km. There is also a central island floating on the lake with a circumference of 12 km. This is Hokkaido's largest fresh water lake, and is second to Lake Saroma among lakes in the prefecture. On the eastern cliff there are outdoor baths.

⑦ Sunayu Onsen (砂湯温泉)

As one of the most luxurious destinations, this is a very popular outdoor bathing site on the shores of lake Kussharo. As there are too many tourists already using the ready-made bathtubs, the best thing to do is to go as far as back as possible, dig your own hole, and make your own bathtub. Don't forget to bring your own bucket and shovel so that you can adjust the temperature with your shovel and lake water.



① – ⑩ correspond to those on pages 3/6, 4/6 & 5/6

*See p. 6 for admission and opening times.

⑧Kawayu Onsen (川湯温泉)

25 min. by bus from JR Kawayu-Onsen Sta., and get off at Taiho Sumo Memorial Museum Bus Stop. This is a hot-spring town located northeast of Lake Kussharo. The spring quality is of strong sulphuric hydrogen, which is rare in Hokkaido, and it acts as an antibacterium. It is especially effective against athletes foot and skin disorders.

⑨Atosanupuri (アトサヌプリ)

20 min. walk from Kawayu-Onsen Sta. Atosanupuri ("Naked Mountain" in Ainu language) or Mt. Iou is a slightly elevated active

volcano 508 m above sea level, located south of Kawayu Onsen. It erupted about 600 years ago. At the foot of the mountain there is a group of azaleas. From mid Jun. to mid Jul., the pure white flowers are in their full glory.

⑩Bihoro Pass (美幌峠)

1 hr. 50 min. by Akan Bus from "Kawayu-eki-dori" bus stop (except autumn & winter). From the 525-m observatory, you can have a splendid view of Lake Kussharo on which Nakajima Island floats. If the weather is clear, you can also see Lake Mashu and Shari Peak.

SHIRETOKO PENINSULA

The rising mountains of Shiretoko is home to the cliffs and waterfalls, species of seabirds and sea kelp fish. The entire peninsula is designated as a national park, and the interior of which is said to be an unexplored primeval forest. This peninsula was designated as the World Natural Heritage in 2005.

①Utoro (ウトロ)

Located on the west coast of Shiretoko Peninsula, Utoro serves a base to explore untouched places such as Kamuiwakka Hot Falls and the Shiretoko Five Lakes. Utoro is a hot-spring town and there are about 25 Japanese inns, hotels and Minshuku.

②Kamuiwakka Hot Falls (カムイワッカ湯の滝)

1 hr. by shuttle bus bound for "Kamuiwakka-yu-no-taki" bus stop from Utoro Onsen Bus Terminal (operated in mid Aug.), get off at the terminus and a 30-min. walk upstream. When you go up the river, you will notice that the basin of the waterfall has been made into an outdoor hot spring. This waterfall is a natural hot spring, which comes from inside Atosanupuri mountain.

③Oshin-Koshin Falls (オシンコシンの滝)

40 min. by Shari Bus for Utoro Onsen from Shiretoko-Shari Sta. Get off at "Oshin-koshin-no-taki" bus stop. Shiretoko's largest waterfall with a height of 80 m was chosen as one of Japan's best 100 waterfalls.

④Shiretoko Sightseeing Ship "Aurora" (知床観光船オーロラ)

It sails along the west coast of Shiretoko Peninsula and continues below the cliffs. Sights that cannot be seen from land can be enjoyed on Shiretoko's sightseeing boat, the Aurora. Shiretoko Cape Course (Jun.–Oct. 8) Duration: 3 hrs. 45 min. Fare: ¥6,500 (1–2 tour a day) Mt. Iou Course (Apr. 28–Oct. 25) Duration: 1 hr. 30 min. Fare: ¥3,100 (4–6 tours a day) 10 min. walk from "Utoro Onsen" bus stop to the pier.

⑤Shiretoko Five Lakes (知床五湖)

30 min. by Shari Bus bound for Shiretoko-Goko from Utoro Onsen Bus Terminal which is operated from late April to the end of October. Shiretoko Five Lakes are located in an untouched primeval forest. Taking approx. 1-hr. walk to complete the walk, it is a popular spot where a mysterious landscape unfolds every season. Hours: depends on the season. Closed: mid Nov.–mid Apr.

URL: https://www.goko.go.jp/multilingual_eng/

⑥Rausu (羅臼)

Rausu, located on the east coast of Shiretoko Peninsula, is reached in 3 hrs. 40 min. by bus from Kushiro Sta., or 50 min. by bus from Utoro, which operates from mid-June to mid-October. Shiretoko Crossroad, which is closed during winter, connects Rausu with Utoro. This is a port town famous for its Rausu sea kelp. Here you can enjoy fresh seafood and king crab. The outdoor baths and hot springs in Aidomari and Seseki offer a pastoral perfect setting. Aidomari is the terminus of the route stretching across the eastern coast along the Nemuro Strait from Rausu.

⑦Mt. Rausu (羅臼岳)

10 min. walk from Rausu Onsen Bus Stop to the beginning of the mountain trail. Mt. Rausu, the highest peak in the Shiretoko Mountains Range with an altitude of 1,661m, is known as Shiretoko's Mt. Fuji. At the end of July, you can see alpine plants in full bloom. From the summit, you have a 360° panoramic view, in which you can clearly see as far as Kunashiri Island.



① – ⑦ correspond to those on pages 5/6

24 – 30 correspond to those on the accommodations list on pages 6/6

Sightseeing Bus Tours:**Pirika (by Akan Bus)***

(Stops at: Lake Akan, Mt. Iou, Lake Mashu, Lake Kussharo and Kushiro Marshland Observatory, etc.)

Operating Season: late Apr.–early Nov. Fare: ¥4,600

Departure Time: 8:00 (JR Kushiro Sta.) Time required: 9 hrs.

URL: <http://uu-hokkaido.com/corporate/akanbus.shtml>

Shiretoko Roman Fureai-go (by Shari Bus)*

(Stops at: Shiretoko Pass, Kamuiwakka Falls, Shiretoko 5 Lakes, etc.)

Operating Season: Apr. 28–Oct. 31. Fare: ¥1,800 from Shari (1 hr.), ¥3,200 from Utoro (4 hr. 05 min.)

Departure Time: 8:40 (Shari Bus Terminal) or 10:05 (Utoro Onsen Bus Terminal).

URL: <http://www.uu-hokkaido.info/corporate/sharibus.shtml>

White Pirika (by Akan Bus)*

(Stops at: Lake Akan, Lake Kussharo, Observatory No. 1 at Lake Mashu, Mt. Iou, Kushiro Airport, etc.)

Operating Season: mid-Jan.–early May. Fare: ¥5,600

Departure time: 8:30 (JR Kushiro Sta.) Time required: 9 hrs. 30 min.

Ride the Winter Tancho with your Shitsugen 55 PASS (by Akan Bus)*

(Stops at: Akan International Crane Center, Kushiro Marshland Observatory, etc.)

Fare: ¥5,000. Departure time: 8:50 (JR Kushiro Sta.).

Time required: 7 hrs. 10 min.

[Note] Reservations are required for all tours in advance.

Accommodations:

Name of facilities	Tel.	Fax.	Room rate (¥)	Name of facilities	Tel.	Fax.	Room rate (¥)
Kushiro City				Abashiri City			
1 Ekimae Hotel Palude Kushiro (BH)	(0154)22-3111	(0154)22-3116	¥	16 Abashiri Royal Hotel (BH)	(0152)43-1888	(0152)43-4305	¥
2 Comfort Hotel Kushiro (BH)	(0154)21-5711	(0154)21-5712	¥	17 Abashiri Central Hotel (H)	(0152)44-5151	(0152)43-5177	¥
3 Kushiro Royal Inn (BH)	(0154)31-2121	(0154)31-2122	¥	18 Motoyoshi (R)	(0152)48-2241	(0152)48-2252	¥
4 Lasting Hotel (BH)	(0154)21-9111	(0154)21-9133	¥	19 Abashiri Ryuhyo no Oka (Y)	(0152)43-8558	(0152)43-8558	¥
5 Hotel Rasso Kushiro (BH)	(0154)23-3311	(0154)23-6433	¥	20 Abashiri Genseikaen (Y)	(0152)46-2630	(0152)46-2630	¥
6 Super Hotel Kushiro (BH)	(0154)24-9000	(0154)24-9100	¥	21 Abashiri Kanko Hotel (R)	(0152)48-2121	(0152)48-2124	¥¥
7 Toyoko Inn Kushiro Juji-gai (BH)	(0154)23-1045	(0154)23-1046	¥	22 Hotel Abashirikoso (R)	(0152)48-2245	(0152)48-2828	¥¥
8 ANA Crowne Plaza Kushiro (H)	(0154)31-4111	(0154)24-8640	¥¥	23 HOKUTEN NO OKA			
9 Hotel Crown Hills Kushiro (BH)	(0154)22-0109	(0154)24-5498	¥	Lake Abashiri Tsuruga Resort (H)	(0152)48-3211	(0152)48-3220	¥¥¥
10 Kushiro Prince Hotel (H)	(0154)31-1111	(0154)31-1202	¥	Rausu Onsen in Shiretoko Peninsula			
Nemuro City				24 Minshuku Yonemaru (M)	(0153)87-6110	(0153)87-6111	¥
11 Hotel New Nemuro (BH)	(0153)24-4141	(0153)24-1271	¥	25 Business Hotel Isaribi (BH)	(0153)87-2533	(0153)87-2641	¥
12 Ebisuya (M)	(0153)24-5743	(0153)24-5743	¥	26 Takashimaya Ryokan (R)	(0153)87-2191	(0153)87-2191	¥
13 East Harbor Hotel (BH)	(0153)24-1515	(0153)24-0835	¥	27 Hotel Minenoyu (H)	(0153)87-3001	(0153)87-3025	¥
14 Nemuro Green Hotel (BH)	(0153)24-7711	(0153)24-7722	¥	28 Rausu Dai-ichi Hotel (R)	(0153)87-2259	(0153)87-2277	¥
15 Nemuro Grand Hotel (H)	(0153)24-6611	(0153)23-3593	¥	29 Hotel Sakaeya (BH)	(0153)87-2171	(0153)87-5017	¥
				30 Rausu no yado Marumi (M)	(0153)88-1313	(0153)88-2128	¥

Remarks:

- 1 – 31 correspond to those on the maps on page 2/6, 3/6 & 5/6
 H = Hotel R = Ryokan Rate per person
 BH = Business Hotel ¥¥¥ = more than 15,000 yen
 Y = Youth Hostel ¥¥ = 8,001 yen – 15,000 yen
 M = Minshuku (family run inn) ¥ = 8,000 yen or less



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[Good to know] Admission and opening times at tourist attractions:

- Last entry to the most of attractions is 30 min. before the closing time.
- In general, if their weekly closing day (most are on Mon.) falls on a national holiday, they are open on the day and are closed on the following day after the holiday(s).
- Most are closed throughout / a part of New Year holiday period (especially Dec. 29–Jan. 3).
- Please visit the official website of each place / your nearest tourist information center for the updates.

JNTO TIC (Tourist Information Center)

1F, Shin-Tokyo Bldg., 3-3-1 Marunouchi, Chiyoda-ku, Tokyo
 100-0005 Tel. 03-3201-3331 (in Japan)
 Open daily from 9:00 to 18:00 (Closed on Jan. 1)
<https://www.japan.travel/en/plan/tic/>

JNTO Website: <https://www.jnto.go.jp>

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[Good to know] Hiking / Trekking / Climbing safety:

- Most of the routes pass through habitats of bears and other wild animals.
- To ensure a safe visit for both you and the wildlife, please make an effort to prevent unwanted wild animal encounters.
- Stopping by the nearest tourist information center / a park visitor center is highly recommended to have the practical tips.

**TOURIST INFORMATION in the area****Kushiro Tourist Information Center (JR Kushiro Sta.):**

14-1 Kitaodori, Kushiro city, Hokkaido Tel.: 0154-22-8294

Hours: 9:00–17:30

Closed: Dec. 29 to Jan. 3

Abashiri Tourist Information (JR Abashiri Sta.):

2-2 Shinmachi, Abashiri city, Hokkaido

Hours: 9:00 (on weekends and national holidays), 12:00 (on weekdays) –17:00

Closed: Dec. 30 to Jan. 5

To find
 other Tourist Information Centers,
 visit <https://tic.jnto.go.jp/>

