

Practical Travel Guide - 706

MIYAZAKI and VICINITY



Japan National
Tourism Organization
日本政府観光局



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In collaboration with
Tourist Information Centers in the area



Miyazaki City (宮崎市), with a population of 402,663 (as of Nov. 2019), is one of the centers of politics, economy and culture of Southern Kyushu. The climate is subtropical all year round, and palm and phoenix trees can be seen along the streets. The main street of the city is Tachibana Street, with department stores, souvenir shops and fancy restaurants. The weather is mild, and there is abundant greenery. Miyazaki is one of the most popular cities for sightseeing in Japan.

Nichinan Coast (日南海岸) has a beautiful coastline stretching more than 100 km (62 mi.) to the south of Miyazaki city and is designated as a Quasi-National Park.

Kirishima and Ebino Plateau (霧島・えびの高原) is the highest hot spring resort in Kyushu. The Kirishima area comprises the Kirishima range consisting of 23 peaks. The range extends almost 16 km (9.9 mi.) between the two outstanding peaks; Mt. Takachiho-no-mine, alt. 1,574 m (5,163 ft.) and Mt. Karakunidake, alt. 1,700 m (5,576 ft.).

Takachiho (高千穂) is a land of Japanese myths. "Takachiho-no-Yokagura" (literally "Sacred dance and music in the night in Takachiho") is one of remarkable traditional events in the town, designated as an Important Intangible Folk Cultural Property. The date, between mid Nov. and early Feb., and the place (called "Kagura-yado") for Kagura (sacred dance and music) is set by locals in each settlement. And the Kagura is performed throughout the night to give thanks to Ujigamisama (the local god) for having a fine crop, and to pray for having a huge harvest of coming new year.

Access:

By Train (JR):

From	To	By	Approx. Travel Time	Price*
Tokyo	Kokura	Shinkansen "Nozomi"	5 hrs.	¥22,730
Kyoto	Kokura	Shinkansen "Nozomi"	2 hrs. 40 min.	¥15,380
Kokura	Oita	Limited Express "Sonic"	1 hr. 25 min.	¥4,310
Oita	Miyazaki	Limited Express "Nichirin"	3 hrs. 20 min.	¥6,120

*Fare + express charge (with seat reservation, normal season)

By Air:

From	To	Operated by	Approx. Travel Time	Access to Downtown
Haneda (Tokyo)	Miyazaki Airport	ANA, JAL, SNA	1 hr. 30 min.	[To Miyazaki Sta.] - By JR local train 10 min. ¥360 - By Bus 30 min. ¥450 [To Miya-ko-city Bus Terminal] - By Bus 15 min. ¥290
Itami (Osaka)		ANA, JAL, IBEX	1 hr.	
Chubu* (Nagoya)		ANA	1 hr. 10 min.	
Fukuoka		ANA, JAL, IBEX	45 min.	
Seoul		OZ	1 hr. 20 min.	
Taipei		CI	2 hr.	

*Chubu Int'l Airport (Centrair).

Note: Airfares vary depending on the season.

By Sea:

From	To	Approx. Travel Time	Price	Ticketing & Operator
Kobe	Miyazaki	14 hrs. 40 min.	From ¥11,420 (2nd. class)	<u>Miyazaki Car Ferry</u>

By Bus:

From	To	Approx. Travel Time	Price	Ticketing & Operator
Hakata Bus Terminal (Fukuoka)	Miyazaki Sta.	4 hrs. 30 min.	¥4,710	"Phoenix" by Miyazaki Kotsu Bus <u>@BUS DE</u>

*See p. 5 for admission and opening times.

Transportation in the Area:

There are two bus terminals in Miyazaki City; Miyazaki Sta. and the Miyako City bus terminal in front of Minami-Miyazaki Sta.

Destinations from Miyazaki	Operated by	Approx. Travel Time	One-way Fare
Aoshima: Miyazaki Sta. – Aoshima Sta.	JR Nichinan Line (Local)	30 min.	¥380
Miyazaki Sta. Bus Stop – Aoshima Bus Stop	Bus (Miyazaki Kotsu)	50 min.	¥730
Ebino Plateau, Kirishima (Kirishima Shrine, Hayashida Onsen) Miyazaki Sta. – Kirishima-jingu Sta.	JR Limited Express “Kirishima”	1 hr. 20 min.	¥2,980*
Kirishima-jingu Sta. – Kirishima-jingu Shrine	Bus (Kagoshima Kotsu)***	15 min.	¥260
Kirishima-jingu Shrine – Maruo		15 min.	¥330
Maruo (via Kirishima Iwasaki Hotel) – Ebino Plateau (2 runs / day**)		45 min.	¥430
Takachiho: Miyazaki Sta. – Nobeoka Sta.	JR Limited Express “Nichirin”	1 hr. 5 min.	¥3,160*
Nobeoka Sta. – Takachiho Sta.	Bus (Miyazaki Kotsu)	1 hr. 35 min.	¥1,820
Kagoshima: Miyazaki Sta. – Kagoshima-chuo Sta.	JR Limited Express “Kirishima”	2 hrs. 5 min.	¥4,310*
Miyazaki Sta. – (via Kagoshima Airport) – Kagoshima-chuo Sta.	Highway bus “Hamayu” (Miyazaki Kotsu)	3 hrs. 10 min.	¥2,830

*Fare + express charge (with seat reservation, normal season)

**Please reconfirm the latest operation condition at local Tourist Information Center.

***One-day open pass for buses around Kirishima area is provided by the operator (¥1,100).

Places of Interest:

MIYAZAKI

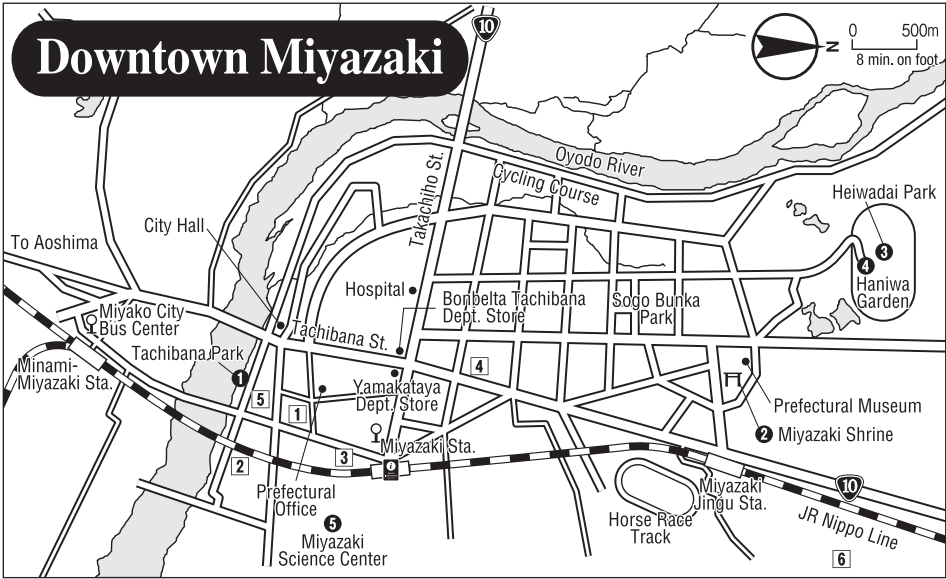
❶Tachibana Park (橋公園), 20 min. walk or 10 min. by bus from JR Miyazaki Sta., is a riverside park reminiscent of Southern Europe, and is the location of fine hotels.

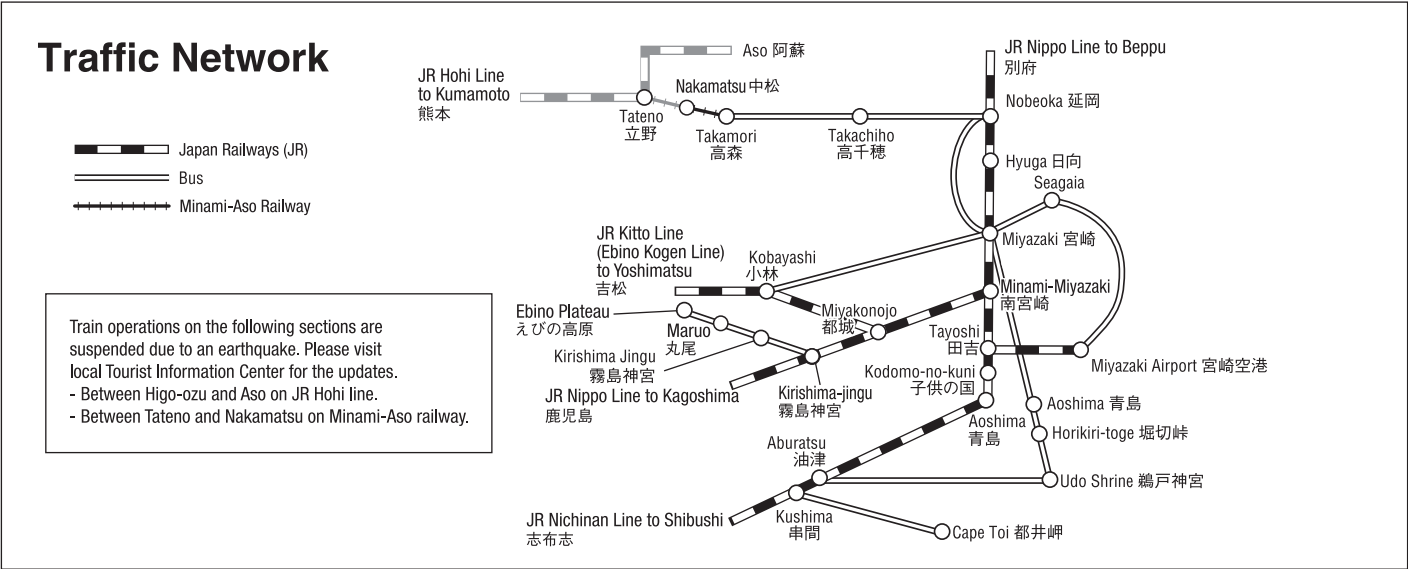
❷Miyazaki-jingu Shrine (宮崎神宮), 15 min. walk from JR Miyazaki-jingu Sta. or 10 min. by bus from Tachibana-dori 3-chome bus stop, sits quietly at the end of a cedar-lined avenue. The shrine is dedicated to Jimmu, the legendary first Emperor of Japan. In its precincts is the Prefectural Museum displaying historic and archaeological materials of the district, as well as folk toys and traditional daily utensils.

❸Heiwadai Park (平和台公園), 20 min. by bus from Bonbelta Tachibana-mae bus stop or 35 min. walk from JR Miyazaki-jingu Sta., is located 60 m above sea level. The Tower of Peace in the park was constructed with stones from many countries of the world.

❹Haniwa (clay figures) Garden (はにわ園), located in the north corner of the hilltop Heiwadai Park, is modeled after the ancient mounds scattered throughout the district, and some 400 replicas of ancient clay figures and earthen vessels are scattered about the place.

❺Miyazaki Science Center (宮崎科学技術館), short walk from Miyazaki Sta. Various materials and technology are fully displayed in the center. The main feature is a planetarium, one of 10 largest dome in the world (27 meters in diameter). Hours: 9:00–16:30. Closed: Mon., the day following national holidays & Dec. 29–Jan. 3. Admission: ¥550 (exhibition room), ¥760 (exhibition room and planetarium).





AOSHIMA & NICHINAN KAIGAN

Kodomo-no-Kuni or “children’s land” (こどものくに), short walk from Kodomo-no-Kuni Sta. or 40 min. by bus bound for Aoshima or Nichinan from Miyazaki Sta., is a seaside park with a natural hill and river, containing various. Hours: 9:00–17:00. Free entrance. No rest.

Aoshima Island (青島), 10 min. walk from Aoshima Sta. or 50 min. by bus from Miyazaki Sta., is a tiny island covered with biro (betel-nut) palms and 209 species of subtropical plants. The coastal rocks here have been eroded by the waves in a unique pattern called locally the devil’s washboard.

Miyakoh Botanic Garden Aoshima (宮交ボタニックガーデン青島) 10 min. walk from Aoshima Sta. or 50 min. by bus from Miyazaki Sta., is planted with 200 species of subtropical plants. Hours: 8:30–17:00. Admission: Free.

Horikiri Pass (堀切峠), 55 min. by bus bound for Nichinan and Obi from Miyazaki Sta. or 10 min. by bus from Aoshima Bus Stop, commands and the unique coastal beauty of the area. The spot is decorated with colorful flowers throughout the year.

Udo-jingu Shrine (鵜戸神宮), 1 hr. 30 min. by bus from Miyazaki Sta. or 40 min. by bus from Aoshima Bus Stop, is located in a grotto made by wave action. It is dedicated to the father of the legendary first Emperor of Japan.

Phoenix Seagaia Resort, 25 min. by bus from Miyazaki Sta. or 30 min. by bus from Miyazaki Airport, is a resort area surrounded with pine tree forests faced to the ocean. It consists of hotels, golf courses, spas, Miyazaki cuisine restaurants and a convention center.

TAKACHIHO

Takachiho Gorge (高千穂峽), 30 min. walk or 5 min. by bus from Takachiho Bus Center, has a height of 80 m and a length of over 7 km, and is famous for beautiful scenery. **Takachiho-jinja Shrine** (高千穂神社) is located between Takachiho Bus Center and Takachiho Gorge. Takachiho-Kagura (sacred Shinto dance and music) is performed every night in the precincts of the shrine, starting at 20:00. Admission: ¥700.

KIRISHIMA, EBINO PLATEAU

Kirishima (霧島) Kirishima area comprises the Kirishima Range consisting of 23 peaks. The range extends almost 16 km (9.9 mi.) between the two outstanding peaks, Mt. Takachiho-no-mine, alt. 1,574 m (5,163 ft.) and Mt. Karakunidake, alt. 1,700 m (5,576 ft.).

Ebino Plateau (えびの高原), 45 min. by bus from Kirishima-jingu Sta. (see page 2/5), is the highest hot spring resort in Kyushu. Hiking trails are laid out in the plateau, which is dotted with crater lakes. Ebino plateau is also famous for rare alpine flowers called “Miyama-Kirishima” in early summer.

Kirishima-jingu Shrine (霧島神宮), 10 min. by bus from JR Kirishima-jingu Sta. or taking 1 hr. 20 min by JR Limited Express from Miyazaki Sta., is dedicated to the God who first descended to the land. This area is the home of Japanese mythology. According to legend, it was here that the ancestor of the founders of the Japanese Imperial line descended from Heaven.

Annual Events:

Miyazaki Jingu Taisai
(Miyazaki Shrine Grand Festival): End of Oct.
Palanquin and Miss Shan-Shan-uma (girls wearing traditional Japanese bride costume) parade will be held.

*See p. 5 for admission and opening times.

Accommodations:

Name of facilities	Tel.	Room rate (¥)	Name of facilities	Tel.	Room rate (¥)
Miyazaki:			Aoshima:		
① Youth Hostel Sun Flower Miyazaki (Y)	(0985)24-5785	¥	⑦ Nichinan Daiichi Hotel (BH)	(0987)23-9111	¥
② Kanezumi (R)	(0985)25-3455	¥	⑧ Aoshima Grand Hotel (H)	(0985)65-0111	¥
③ Toyoko Inn Miyazaki-ekimae (BH)	(0985)32-1045	¥	⑨ ANA Holiday Inn Resort Miyazaki (H)	(0985)65-1555	¥¥
④ Hotel JAL CITY Miyazaki (H)	(0985)25-2580	¥			
⑤ Miyazaki Kanko Hotel (H)	(0985)27-1212	¥¥	Kirishima:		
⑥ Sheraton Grande Ocean Resort (H)	(0985)21-1133	¥¥¥	⑩ Kirishima Kokusai Hotel (R)	(0995)78-2621	¥¥
			⑪ People's Lodge Ebino Kogenso (PL)	(0984)33-0161	¥
			Takachiho:		
			⑫ Takachiho Y.H. (Y)	(0982)72-3021	¥
			⑬ Solest Takachiho Hotel (H)	(0982)83-0001	¥¥¥
			⑭ Kamigakure (R)	(0982)72-2111	¥¥¥

Remarks:

H = Hotel

R = Ryokan

BH = Business Hotel

Y = Youth Hostel

PL = People's Lodge

Rate per person

¥¥¥ = more than 15,000 yen


¥¥ = 8,001 yen – 15,000 yen

¥ = 8,000 yen or less

*Standard basis rate (no meals, taxes included)

[Good to know] Admission and opening times at tourist attractions:

- Last entry to the most of attractions is 30 min. before the closing time.
- In general, if their weekly closing day (most are on Mon.) falls on a national holiday, they are open on the day and are closed on the following day after the holiday(s).
- Most are closed throughout / a part of New Year holiday period (especially Dec. 29–Jan. 3).
- Please visit the official website of each place / your nearest tourist information center for the updates.



 Japan Official Travel App






JNTO TIC (Tourist Information Center)

TIC of Japan National Tourism Organization is your helping hand while in Japan. Its main services are providing travel information and free literature on Japan such as tourist spots, transportation, and suggesting tour itineraries, etc.

1F, Shin-Tokyo Bldg., 3-3-1 Marunouchi, Chiyoda-ku, Tokyo
100-0005 Tel. 03-3201-3331 (in Japan)
Open daily from 9:00 to 18:00 (Closed on Jan. 1)
<https://www.japan.travel/en/plan/tic/>



Goodwill Guide Groups offer tourists from overseas local tours guided in English or other languages. The guides are registered with JNTO and display the badge shown. As they are volunteers, there is no charge for their service. You are only expected to pay for their transportation, admission to tourist facilities if you visit any and their meals if you eat with them.

JNTO Website

<https://www.japan.travel/en/plan/list-of-volunteer-guides/>



TOURIST INFORMATION in the area

Miyazaki City Tourist Information Center

(JR Miyazaki Sta.):

1-8 Nishikimachi, Miyazaki City, Miyazaki

Hours: 9:00-18:00

Tel. (0985) 22-6469

Machinaka Tourist Information Center

(near Takachiho Bus Center):

802-3 Oaza Mitai, Takachiho-cho, Nishiusuki-gun, Miyazaki

Hours: 8:30-17:00

Tel. (0982) 72-3031

Nichinan City Tourism Association Aburatsu Information Center (JR Aburatsu Sta.):

1-13 Zaimoku-cho Nichinan City, Miyazaki

Hours: 8:30-17:15

Tel. (0987) 31-1134

Nichinan City Tourism Association Nango Information Center (JR Nango Sta.):

1866-2 Nakamuraotsu, Nango-cho, Nichinan City, Miyazaki

Hours: 6:30-17:45

Tel. (0987) 64-1990

To find

other Tourist Information Centers,
visit <https://tic.jnto.go.jp/>

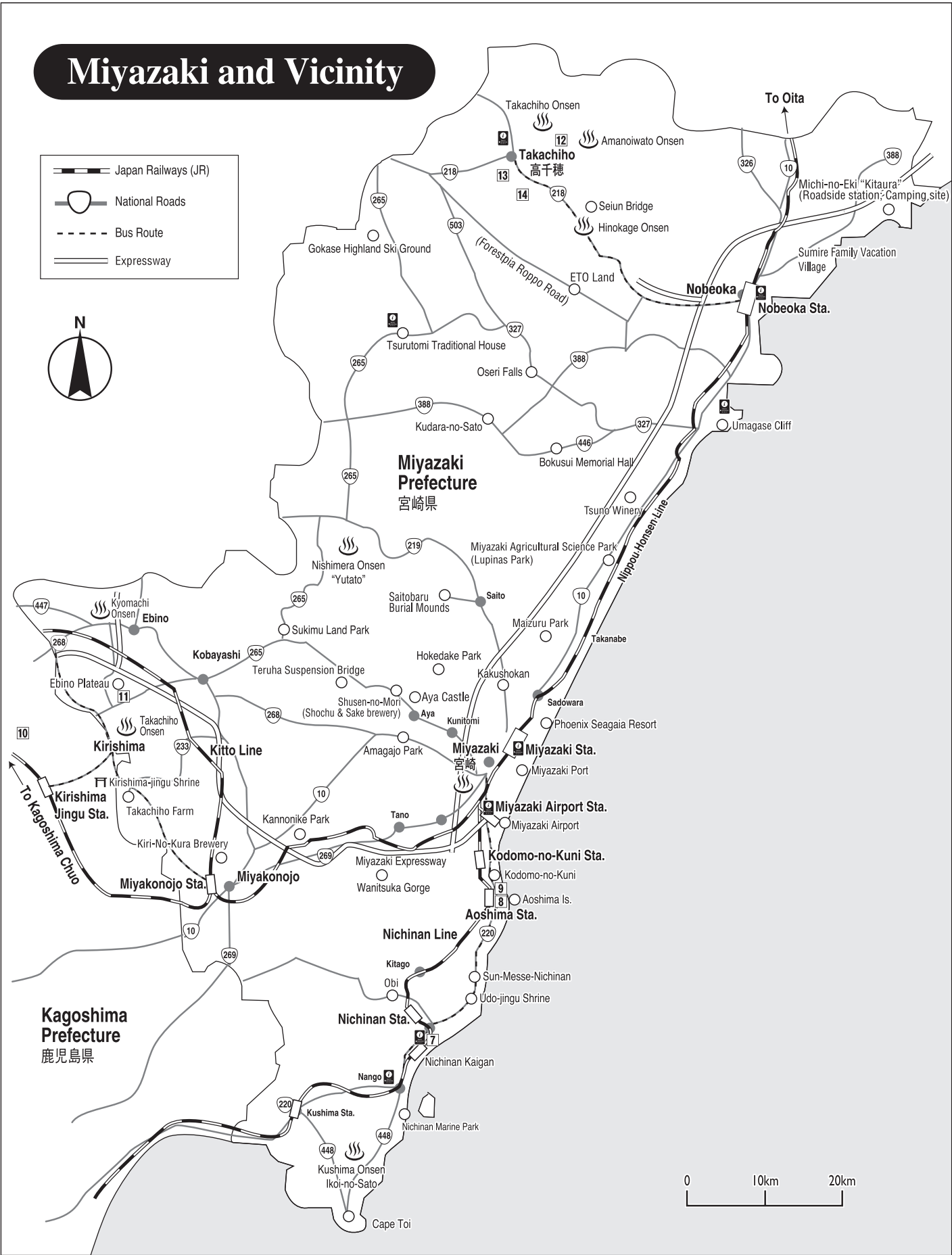


JNTO Website: <https://www.jnto.go.jp>

All information, including transportation schedules, fares, prices and accommodation charges which is contained in this leaflet is based on data as of November 2019, and is subject to change without notice. While every effort is made to ensure the accuracy of all information, regrettably errors do occasionally occur. Therefore, you should check with organizations concerned for updated and accurate information on your chosen destination. JNTO shall not be liable for any loss or damage of whatever nature that may arise as a result, directly or indirectly, from the use of any of the information or material contained in this leaflet.

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