MEET The Real Japan @HARIMA

Ninja Practice at Himeji Castle

Meditation and Sutra Writing at Shoshazan Engyo-ji Temple

1. Himeji Ninjakai
Himeji Castle is one of the most famous castles in Japan. You will learn about ninja history and practice basic ninja techniques.

2. Shoshazan Engyo-ji Temple
Experience the serenity of meditation and sutra writing at this historically important temple. This activity is inspired by the famous TV drama and movies.

Meditation: ¥1500
Sutra Writing: From ¥1000
3. Sword-Making
Kiyo Hayamatani Japanese Sword Factory Rakkan no Sato
Beautiful natural surroundings set the stage for making a sword blade under the guidance of a skilled master. And, you get to take the blade you have forged with you on the same day!
From ¥3,500

4. Seasonal Fruit Picking
Mikiro Fruit Park
Pick and eat as they are in an idyllic setting. Something is growing throughout the year—fruits, pears, plums, cherries, Japanese apricots, grapes, etc.
From ¥500

5. Soy Sauce Factory Tour
Takasago Factory Kikkoman Corporation
Kikkoman’s soy sauce is famous in foreign markets and is over 130 countries around the world. This tour starts directly in the base. This tour shows you up close how they make their soy sauce.
Free. Note: For groups of 10 or more

6. Formal Tea Ceremony
Chogetsu
Go for a try at making Japanese events* and experience the traditions of Japan’s partner in tea-making and serving tea. *An accessory included, with a oneroom garden that imitates tea. You are free to use your own tea ceremony utensils. Snap a selfie and other souvenirs. Open to all ages. From ¥7,000

7. Authentic Vegetarian Cuisine
Juryo-in Shoshaizan Engyo-ji Temple
The vegetarian cuisine served at Juryo-in is highly regarded by the world-renowned Michelin Guide, The setting is impressive too, as both Juryo-in and its parent temple Engyo-ji have histories that date back over 1,000 years.
From ¥3,400

8. Dragon Boat Paddling Experience
Aoi Peron Kalkan
Every year in May, dragon boat races come to fly. That’s great to watch, but how about paddling one yourself? Outside of racing days, veteran competitors will show you what to do.
From ¥23,000

9. Island Exploration and Authentic Island Cuisine
Ieshima Concierge LLC
On this island, the landscape is simple and the people warm-hearted. Since the community has not been run by tourists, you are sure to enjoy charming Ieshima.
From ¥5,000

10. Making Roof-Tile Crafts
Koyaseiga Co., Ltd.
The Roof of the beautiful Himeji Castle are made with a traditional charcoal technique. You can even learn how they are made and then try your hand at making crafts from these roof tiles.
From ¥1,500

Getting to Himeji
Kinosaki Onsen
Kanazawa
Shonanstatements
Kawazu
Tokyo
Miyajima
Kansai International Airport
Nara
Kagawa

Getting from Himeji Station to Attractions
Himeji Station
Himeji Castle
Takarazuka
Kinosaki Onsen
Kawazu
Tokyo

44 attractions in this brochure can be reached from Himeji Station in 1 hour