This pamphlet is intended for use by tourists as a reference. Information on services printed within is subject to change, and we provide no guarantee that all culinary ingredients are completely vegetarian/vegan. Please confirm any details with your intended facility. Also, note that some facilities may require reservations.

The information in this pamphlet is current as of February 2018.
Welcome to Yokohama!

The city of Yokohama is an internationally famous sightseeing and MICE destination. We welcome all visitors with open arms, and are happy to accommodate vegetarian guests. Throughout the city, there are many restaurants where vegetarians can dine worry-free. Please use this guidebook to find shops that suit your needs, from traditional Japanese cooking to signature Yokohama-style Chinese cuisine, or even cafes for when you need a break.
White letters mean supported. Colored letters mean not supported.

**Izakaya (Japanese Style Pub)**

**Hokkaidou Yokohama Tenri Bldg**

16:00-23:30 | Lunch ¥2,000, Dinner ¥3,300
Closed days: None

23F Yokohama Tenri Bldg, 1-4-1 Kitasuwa, Nishi-ku
Phone: 045-312-1211

https://gunan.com/en/g308010/ri/

Average price: Lunch ¥2,000, Dinner ¥3,300

**English-speaking staff**

Has menu or option for vegan
Has menu or option for vegans (labeled)
Has menu or option average (Eggs)
Possible consultation
Private room
Wi-Fi
Credit cards

Japanese language only

**Izakaya (Japanese Style Pub)**

**Amaru (Japanese Style Pub)**

16:00-23:00 | Lunch ¥2,000, Dinner ¥3,300
Closed days: None

16F, Marunouchi, 5-8-4 Kitasuwa, Nishi-ku
Phone: 045-313-1233

https://gunan.com/en/g304688/ri/

Average price: Lunch ¥2,000, Dinner ¥3,300

**English-speaking staff**

Has menu or option for vegan
Has menu or option for vegans (labeled)
Has menu or option average (Eggs)
Possible consultation
Private room
Wi-Fi
Credit cards

Japanese language only

**Turkish**

**TRUVYA**

Mon.-Sat. 11:30-24:00, Sun. 11:30-14:00
Closed days: None

1F, Yamanaka Bldg, 2-2-4 Tonosumachi, Kanagawa
Phone: 045-548-4656

https://www.truvya.com/Truvya.html

Average price: Lunch ¥1,000, Dinner ¥4,000

**Indian**

**Indian MANTRA Sky Bldg**

11:00-23:00 | Lunch ¥2,000, Dinner ¥3,300
Closed days: None

18F Sky Bldg, 2-19-12 Yaskama, Nishi-ku
Phone: 045-414-6099

http://www.yokohama-sky.co.jp/a.wc.hp.restaurant/shopping/mangya/

Average price: Lunch ¥2,000, Dinner ¥3,300

**English-speaking staff**

Has menu or option for vegan
Has menu or option for vegans (labeled)
Has menu or option average (Eggs)
Possible consultation
Private room
Wi-Fi
Credit cards

Japanese language only

**Indian**

**Kazhana Minatomirai**

11:00-23:00 | Lunch ¥2,000, Dinner ¥3,300
Closed days: None

1F, Minatomirai, 2-3-4 Minatomirai, Nishi-ku
Phone: 045-852-2873

http://www.minatomirai-group.com/index_en.html

Average price: Lunch ¥2,000, Dinner ¥3,300

**English-speaking staff**

Has menu or option for vegan
Has menu or option for vegans (labeled)
Has menu or option average (Eggs)
Possible consultation
Private room
Wi-Fi
Credit cards

Japanese language only

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Izakaya (Japanese Style Pub) - Amataro Minatomirai

- Location: 1-2-1 Minatomirai, Naka-ku
- Telephone: 045-637-7313
- Website: http://www.amataro.co.jp/

- Operating Hours: Daily, 11:30-2:30 (L.O.), 5:00-2:30 (L.O.)

- Cuisine: Japanese
- Average Price: Lunch ¥2,000, Dinner ¥4,000

Greek - OLYMPIA

- Location: 1-7-1 Marunouchi, Minato-ku
- Telephone: 03-3288-1111
- Website: http://www.olympia.co.jp/

- Operating Hours: Mon.-Sat. 11:30-2:30, 5:00-2:30

- Cuisine: Greek
- Average Price: Lunch ¥1,000, Dinner ¥4,000

Indian - Sitar

- Location: 1-7-1 Marunouchi, Minato-ku
- Telephone: 03-3288-1111
- Website: http://www.sitar.co.jp/

- Operating Hours: Mon.-Sat. 11:30-2:30, 5:00-2:30

- Cuisine: Indian
- Average Price: Lunch ¥1,000, Dinner ¥3,000

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A wide variety of cuisine

Arabic Restaurant Al Ain

Weekdays: 17:30-23:00; Sun, hol: 17:30-22:30
Closed days: Mon
8 Fl Stock Tower Chuo-ku, 7-2-17 Yoyogi-cho, Naka-ku
045-661-2535
http://www.arabianrestaurant.com

Average price: Lunch ¥1,000 Dinner ¥4,000

English-speaking staff
English menu
Has menu or option for vegan
Has menu or option for vegetarians
Has menu or option for vegans
Has menu or option for vegans
Has menu or option for vegans
Has menu or option for vegans
Has menu or option for vegans
Has menu or option for vegans
Possible consultation
Private room
Wi-Fi
Credit cards

Café

Royal Garden Cafe Tama-Plaza

Mon.-Fri: 11:00-23:00; Sun, hol: 9:00-23:00
Closed days: New year day
Dress 7-8 Tama-Plaza Terrace, 2-1-2, Shinjuku-ku, Aoba-ku
045-620-2730
http://www.royal-gardencafe.com/shop_tama-2fl.html

Average price: Lunch ¥1,000 Dinner ¥2,500

English-speaking staff
English menu
Has menu or option for vegan
Has menu or option for vegetarians
Has menu or option for vegans
Has menu or option for vegans
Has menu or option for vegans
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Private room
Wi-Fi
Credit cards

Dining

bills Yokohama

Mon.-Fri: 11:00-23:00; Sat, hol: 11:00-23:00 & 5:00-23:00
Closed days: Closed irregularly
Yokohama Food Warehouse, Building 2, 1-1-2 Shinagawa, Naka-ku
045-660-1366
http://ch.ribagon.com/an/yokohama

Average price: Lunch ¥2,000 Dinner ¥4,000

English-speaking staff
English menu
Has menu or option for vegan
Has menu or option for vegetarians
Has menu or option for vegans
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Credit cards

Café

Yoga Café Sukham

11:00-17:00
Closed days: Closed irregularly
2F-3 Fl Bunka Plaza Akihabara 8-chome, 2-9-16 Uchibori-cho, Aoba-ku
045-230-2793
http://www.yogacafe-sukham.com

Average price: Lunch ¥1,000 Dinner ¥3,000

English-speaking staff
English menu
Has menu or option for vegan
Has menu or option for vegetarians
Has menu or option for vegans
Has menu or option for vegans
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Credit cards

Café

Pegul Café

11:00-18:00
Closed days: Sun, Mon
44-13 Sakurada-dai, Aoba-ku
045-861-0011
http://www.pegul-cofe.jp

Average price: Lunch ¥1,000 Dinner ¥3,000

English-speaking staff
English menu
Has menu or option for vegan
Has menu or option for vegetarians
Has menu or option for vegans
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Café

Natural Organic Food Select Cafe POEGEO

Mon.-Fri: 11:00-13:30, 18:00-20:00; Sat, Sun: 11:00-20:00
Closed days: Sun, Mon
Bunka Plaza, 2-5-1 Fujigaoka, Aoba-ku
045-217-2784
http://www.poego-s.com/index.html

Average price: Lunch ¥1,000 Dinner ¥1,000

English-speaking staff
English menu
Has menu or option for vegan
Has menu or option for vegetarians
Has menu or option for vegans
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Cafe, Deli  
SAIRAM Okurayama

- Mon-Sat 9:30-19:00, Sun 11:30-18:00; (Lunch 11:30-15:00)
- Closed days: None
- 3-1-8 Okurayama, Kohoku-ku
- Tel: 045-633-7777
- http://www.sairam.jp/
- Average price: Lunch ¥1,500-2,000, Dinner ¥1,500-2,000

Ramen  
Komurasaki Shin-Yokohama Ramen Museum

- 11:00-22:00
- Closed days: None
- Tel: 045-471-2053
- http://www.raumen.co.jp/vegl.html
- Average price: Lunch ¥1,000, Dinner ¥1,000

Ramen  
MUKU ZWEITE Shin-Yokohama Ramen Museum

- 11:00-22:00
- Closed days: None
- Tel: 045-471-4053
- http://www.raumen.co.jp/vegl.html
- Average price: Lunch ¥1,000, Dinner ¥1,000

Ramen  
Ryu-Shanghai HonTen Shin-Yokohama Ramen Museum

- 11:00-22:00
- Closed days: None
- Tel: 045-471-2053
- http://www.raumen.co.jp/vegl.html
- Average price: Lunch ¥1,000, Dinner ¥1,000

Persian  
RESTAURANT BAR CASPIAN

- Men, Wed 17:00-22:00 (LO 22:00), Thu-Sun 11:00-23:00 (LO 22:00) (Lunch 11:30)
- Closed days: Tue
- Penin 料亭, 4-1-14 Hyashi-mero, Kurumi-ku
- Tel: 045-266-2788
- http://www.caspian.jp.ne/
- Average price: Lunch ¥1,000, Dinner ¥1,500

A wide variety of cuisine  
tom tam

- 9:00-21:00
- Closed days: None
- 1F Roppongi-cho 2-chome 1-9 Roppongi-cho, Minato-ku
- Tel: 03-3462-8858
- http://tomtam.ohsho.net/
- Average price: Lunch ¥1,000, Dinner ¥1,300

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