

The most amazing part of
ABENO HARUKAS

Fun: ABENO HARUKAS OBSERVATORY

Relaxation: ABENO HARUKAS Art Museum

Shopping: Kintetsu Department Store Main Store ABENO HARUKAS

Stay: Osaka Marriott Miyako Hotel



ABENO HARUKAS





**Close to Namba
and Shinsaibashi!**

Guide to ABENO HARUKAS

ABENO HARUKAS is one of the tallest buildings in Japan, and home to an observatory, hotel, and department store. With convenient access to Shinsaibashi and Namba, this is the perfect base for sightseeing in Osaka!

1-1-43 Abeno-suji, Abeno-ku, Osaka City
<https://www.abenoharukas-300.jp/en/>



Enjoy the sights from 300 m in the air!

Take in the view of the entire city of Osaka from 300 meters in the air! The observatory on floors 58 to 60 offers loads of fun things to see and do, including amazing views, shops for purchasing souvenirs, a cafe for sweets, the EDGE THE HARUKAS, and a heliport tour!



Fun spot
1

Take in the view of the entire city of Osaka from the observatory!



Check out the scenery during different times and seasons, such as the daytime, sunset, and nighttime

58-60F

ABENO HARUKAS OBSERVATORY

The observatory consists of three floors. The 58th floor is a full wood deck sky garden and the 60th floor is a glass-fronted sky corridor. The 59th floor features a shop and a cafe so you can enjoy something different on each floor.

☎ 06-6621-0300
🕒 9:00-22:00 (final entry at 21:30)
🌐 See the website for details.
🌐 <https://www.abenoharukas-300.jp/en/observatory/index.html>



Don't miss limited edition items at the shop & cafe!

Powdered pineapple candy topping! Super popular pineapple candy soft serve ice cream
Note: Available only in the observatory



Enjoy a Sunset Latte and Sky Blue Latte in cute ABENOBEA cups

58F

SKY GARDEN 300

☎ 06-4399-9181
🕒 9:30-21:30 (Drinks 9:30-21:30, Food 11:00-21:00) Hours are subject to change.

59F

SHOP HARUKAS 300

☎ 06-4399-9182
🕒 9:30-21:30 Hours are subject to change.



Packed with ABENOBEA goods and other items that make perfect souvenirs!

Topmost edge

Fun spot
2

A thrilling experience at the edge of a sheer 300-meter drop!

EDGE THE HARUKAS

At this attraction you attach a safety harness and walk along the 60 cm wide, 20 m long edge at the top of a 300-meter high building. Enjoy the thrill of looking straight down at this skyscraper!

📱 See the website for details.
(An additional admission fee is charged for the observatory)
Sign up at the 60th floor counter after entering the observatory (first come first served)
🌧 Not available during rain, inclement weather, wintertime, etc.
🌐 <https://www.abenoharukas-300.jp/observatory/edge/en/>



60F

59F

58F

58F

Sky Garden



Roof

Fun spot
3

Enjoy an amazing panoramic view 300 meters in the air!

Heliport Tour

This tour shows visitors around the ABENO HARUKAS Heliport. Enjoy different views at different times of the day with nothing to block the scenery. This tour is first come first served, so sign up early!

🌐 See the website for details. (An additional admission fee is charged for the observatory)
🌧 No tours during inclement weather, etc. Sign up at the 60th floor Information Counter on the day of the tour after entering the observatory (first come first served)
🌐 <https://www.abenoharukas-300.jp/en/observatory/service.html>



Check out the inside of ABENO HARUKAS!

Read on for information about the inside of ABENO HARUKAS, where you'll find various facilities including a department store, hotel, and art museum!



Osaka Marriott Miyako Hotel

The guest rooms are all located on the 38th floor and above, offering grand views at this hotel. Enjoy a fulfilling time with world-class hospitality and Japanese-style hospitality Omotenashi here. Conveniently accessible from the airport, this is a popular base for Kansai sightseeing.

☎ 06-6628-6111 (Main direct line)
🌐 <https://global.miyakohotels.ne.jp/osaka-m-miyako/>

19-20F
38-55F
57F



Amenity-packed interior



Semi-private room at the ZK restaurant on the 57th floor

Restaurants

There are two restaurants, a lounge and a bar. ZK features Japanese food, Western food, and teppanyaki grill dishes, and the buffet-style live kitchen at Cooka provides a changing seasonal theme menu so you can choose the perfect location for your needs.

Rooms

The guest rooms have large windows offering views of the city of Osaka that will enhance your travelling spirit. The relaxing, spacious rooms are popular for their separate baths and toilets. The photo shows a deluxe twin room.



Boutique

Here you'll find hotel-made sweets, dressings, curry, and other original products as well as carefully-selected teas and chocolates.

16F

ABENO HARUKAS Art Museum

This museum features art exhibitions from a variety of genres, including Japan, Eastern, Western, and modern art. After taking in the pieces on display in the refined atmosphere of the museum, head to the museum shop for the perfect souvenir.

☎ 06-4399-9050 ☎ 10:00-20:00 (to 18:00 on weekends, public holidays, and Mondays), Final entry to the museum is 30 minutes before closing.
📌 Differs depending on the exhibit 📌 Some Mondays, year-end/year-beginning holidays, when exhibits are changed (Number of days off differs depending on the exhibits) 🌐 <https://www.aham.jp/>



B2-14F

Kintetsu Department Store Main Store ABENO HARUKAS

This is one of Japan's largest department stores covering from sublevel 2 to the 14th floor of ABENO HARUKAS, a group of buildings soaring 300 meters in the sky. Here you'll find world-famous brands and many different Japan-made items that make the perfect souvenir. Don't miss the food and sweets in the basement!

☎ 06-6624-1111 (Main direct line) ☎ B2-3, 5F 10:00-20:30, 4-11F 10:00-20:00, 12-14F (Restaurant floors) 11:00-23:00 ☎ January 1 📌 A,D,J,M,V,UnionPay 🌐 <https://abenoharukas.d-kintetsu.co.jp/>

Check out the various shopping floors!

Cosmetics floor

The cosmetics sales floor features over 50 popular brands including Albion, Cosme Decorte, Shiseido, and SK-II.



Dining floor

The 12th to 14th floors feature a collection of popular restaurants in HARUKAS Dining. Rediscover a new joy in eating in one of Japan's largest gourmet restaurant areas.



Baby's and kids' clothes and toys floor

This floor has a wide array of popular brands to fit all kids' styles from casual to dressed-up, along with a variety of toys.

Packed with useful services!

Floor 3.5 in the Wing Building has the "Foreign Customer's Salon" offering various services for overseas visitors including tax free procedures and a baggage check service.

Service information

- Tax free procedures
- 5% off coupon
- Baggage check
- Currency exchange
- ATM (Seven Bank)
- Delivery procedures (overseas shipping)
- Hotel delivery
- Free Wi-Fi



Wing Building floor 3.5



Foreign Customer's Salon

☎ 06-6624-1111 (Main direct line) ☎ 10:00-20:30

Lodging benefits

- Discount passes to the ABENO HARUKAS Art Museum (¥200 off).
- Free room delivery of items purchased at the Kintetsu Department Store Main Store ABENO HARUKAS during your stay. Note: Does not apply to some products.
- Special coupons can be used at participating shops in the Kintetsu Department Store Main Store ABENO HARUKAS. Note: Perks are subject to change.

Within walking distance from ABENO HARUKAS!

Tennoji & Shinsekai areas



Restaurants

Try the plain variety first!
Takoyaki best 8 pieces ¥720



The classic tonkotsu ramen is ¥980

Ichiran Abeno 一蘭 あべの店

This ramen shop features natural tonkotsu pork bone broth ramen. Ever since the shop opened, their dedication to flavorful ramen has had many fans from around the world. Experience the flavor of Japanese ramen.

☎ 06-6621-1144
☎ 81F, 1-3-18 Abeno-suji, Abeno-ku, Osaka City ☎ 1 min. walk from Kintetsu Abenobashi Station, or 5 min. walk from JR and Metro Tennoji Station
🕒 10:00-23:00 ☎ Open 365 days a year (Closed occasionally for maintenance)
🚫 Not accepted
🌐 <https://en.ichiran.com/shop/kinki/abeno/>

Freshly fried skewer cutlets. Remember, no double dipping in the secret sauce!



Ganso Kushikatsu Daruma Shinsekai Main Store

元祖串かつだるま 新世界総本店

Skewer cutlets are one of Osaka's most famous foods. Founded in 1929, this restaurant offers crispy, palatable, healthy skewer cutlets that you'll want to eat one after another.

☎ 06-6645-7056
☎ 2-3-9 Ebisu-higashi, Naniwa-ku, Osaka City
☎ 3 min. walk from Dobutsuen-mae Station on the Metro Midotsuji Line, or 18 min. walk from Kintetsu Abenobashi Station
🕒 11:00-22:30 (L.O. 22:00)
☎ Open 365 days a year 🚫 Not accepted
🌐 www.kushikatsu-daruma.com/sp/index.html



Must-see spots



Tennoji Zoo 天王寺動物園

This zoo is popular for its ecosystem displays that recreate the actual environments of the animals. View creatures up close at the new Friendship Garden.

☎ 06-6771-8401
☎ 1-108 Chausuyama-cho, Tennoji-ku, Osaka City
☎ 10 min. walk from JR and Metro Tennoji Station, or 14 min. walk from Kintetsu Abenobashi Station
🕒 9:30-17:00 (final entry at 16:00), to 18:00 on weekends and public holidays in May and September (final entry at 17:00)
🚫 Mondays (Closed the following weekday when Monday falls on a public holiday)
🎫 ¥500 (adults), ¥200 (elementary & junior high school students), preschool children free of charge 🚫 Not accepted
🌐 www.tennoji-zoo.jp

Takoyaki Yamachan

たこ焼やまちゃん

This famous restaurant cooks the Osaka specialty of takoyaki. With a crispy outside and soft, fluffy inside make sure to try the plain variety first for its tasty dashi flavor.

☎ 06-6622-5307
☎ 1-2-34 Abeno-suji, Abeno-ku, Osaka City
☎ 1 min. walk from Kintetsu Abenobashi Station, or 5 min. walk from JR and Metro Tennoji Station
🕒 11:00-22:00 ☎ January 1 🚫 Not accepted
🌐 <http://takoyaki-yamachan.net/?lang=en>



MARUFUJI CAFÉ

This café offers novel Japanese-style sweets made with carefully-selected ingredients. Their popular Marufuji Dango Dumplings also comes in limited seasonal varieties. Their matcha green tea sweets are also popular.

☎ 06-6773-0822
☎ 8-11 Hidden-in-cho, Tennoji-ku, Osaka City
☎ 2 min. walk from JR Tennoji Station, or 3 min. walk from Kintetsu Osaka-Abenobashi Station
🕒 11:30-21:00 (L.O. 20:30)
☎ Open 365 days a year ☎ A,D,J,M,V
🌐 www.marufuji-dango.com



1 Marufuji Dango Dumplings from ¥180 (Tax included, orders start with 3 skewers per plate)

Uji matcha green tea shaved ice ¥880 (tax included), toppings are extra

Uratennoji Nikuzushi

裏天王寺—肉寿司—

This meat specialty shop offers appealing and varied meat sushi. Their unique preparation methods result in delectable items prepared from Wagyu Japanese beef, horse meat, roast beef, etc., for flavors that will delight your taste buds!

☎ 050-5269-7554
☎ 16-16 Horikoshi-cho, Tennoji-ku, Osaka City
☎ 1 min. walk from JR Tennoji Station, or 4 min. walk from Kintetsu Abenobashi Station
🕒 17:00-23:30 (L.O. 23:00), from 12:00 on weekends and public holidays ☎ January 1
☎ A,D,J,M,V 🌐 <https://uratennoji-nikuzushi.com/>



Enjoy various meat sushi items such as 3-kinds of beef for ¥690



Tourist spots

Biliken, the god of fortune

Biliken, the god of fortune is enshrined in the Golden Observation Platform on the fifth floor of Tsutenkaku Tower! The Biliken is blonde and has a unique expression, and it is said that rubbing the bottom of its foot will bring you fortune.



Stroll through Shitamachi in Janjan Yokocho Alley!

■ジャンジャン横丁

This retro Showa era shopping district is dotted with unique Japanese spots such as a theater where you can view a popular drama and a shogi hall. If you're looking for traditional Japanese pop culture, come here to enjoy skewer cutlets, dining halls, pubs and more!

Check out Tsutenkaku Tower, the landmark of Naniwa!

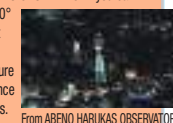
■通天閣

Tsutenkaku Tower is the symbol of Osaka. Don't miss the view from the observation platform where Biliken, the god of fortune is enshrined! There is also a diorama that recreates the way Osaka looked nearly 100 years ago when Tsutenkaku Tower was first built.

☎ 06-6641-9555
☎ 1-18-6 Ebisu-higashi, Naniwa-ku, Osaka City
☎ 4 min. walk from Metro Ebisucho Station, or 20 min. walk from Kintetsu Abenobashi Station
🕒 10:00-20:00 (final entry at 19:30)
🎫 Entry fee ¥900 (adults)
☎ Open 365 days a year
🌐 <https://www.tsutenkaku.co.jp/>

Look out on the mysterious Tsutenkaku Tower from ABENO HARUKAS OBSERVATORY!

It is said that when looking at Tsutenkaku Tower at nighttime from ABENO HARUKAS OBSERVATORY you can see its twin floating about 120° east from the real tower. Just a slight variation in the angle makes it invisible, so make sure to go check out this rare chance to see two Tsutenkaku Towers.



From ABENO HARUKAS OBSERVATORY

Great ceiling mural under Tsutenkaku Tower

When viewing Tsutenkaku Tower from underneath, you can see a large ceiling mural! This is a reproduction of the mural on the original Tsutenkaku Tower built in 1912 to resemble the Arc de Triomphe in Paris. This is the perfect photo spot.



View a popular drama at the Asahi Theater!

■朝日劇場

Popular dramas loved by the masses since the Edo period can be seen here. This theater boasts 100 years of history. There are two performances daily, one at noon and one at night. Special performances are also held.

☎ 06-6633-4553
☎ 2-1-26 Ebisu-higashi, Naniwa-ku, Osaka City
☎ 4 min. walk from Metro Dobutsuen-mae Station, or 18 min. walk from Kintetsu Abenobashi Station
🕒 Noon performance: from 12:00, evening performance: from 17:30
Note: Times are subject to change
🎫 ¥2,300 (adults), show: ¥1,500 Note: Prices are subject to change
🚫 No fixed holidays
🌐 www.hashimoto-tochi.co.jp



☎ Around 3 Ebisu-higashi, Naniwa-ku, Osaka City
☎ 5 min. walk from Metro Dobutsuen-mae Station, or 18 min. walk from Kintetsu Abenobashi Station
📺 Varies by shop

Shitenno-ji Temple 四天王寺

This is the first state-sponsored temple featuring the teachings of Buddhism, and was built nearly 1,400 years ago by Prince Shotoku. A temple fair is held every month on the 21st and 22nd. This temple is also known as the oldest Buddhist temple structure in Japan stretching in a straight north-south line.

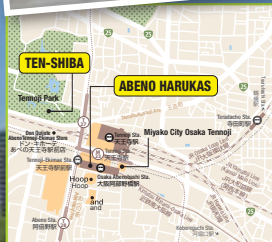
☎ 06-6771-0066
☎ 1-11-18 Shitennoji, Tennoji-ku, Osaka City
☎ 5 min. walk from Metro Shitennoji-mae Yuhigaoka Station
🕒 Temple/garden: 8:30-16:30 (to 16:00 from October to March, final entry to garden 30 minutes before closing)
☎ Open 365 days a year
🎫 Entry to temple grounds free, central temple/garden ¥300 (adults)
🌐 www.shitennoji.or.jp



Restaurants and parks! TEN-SHIBA

TEN-SHIBA is the entrance area to Tennoji Park. It is a large relaxation area focused around a grassy plaza.

- 5-55 Chausuyama-cho, Tennoji-ku, Osaka City
- A short walk from JR and Metro Tennoji Station, or Kintetsu Abenobashi Station
- Park hours: 7:00-22:00, store hours vary by shop
- Admission free
- Varies by shop
- <https://www.tennoji-park.jp/>



TEN-SHIBA i:na

This new area inside TEN-SHIBA is based on the theme of cultivating curiosity. Here you'll find a variety of cafes, restaurants, and other activities, and a zoo gift shop. There are also events, so you'll never run out of things to see and do!



ZOOQLE MUSEUM SHOP

This is the Tennoji Zoo gift shop. It features a charming lineup of various items with Tennoji Zoo animal motifs.

- On zoo days: 9:30-17:30 (extended hours match zoo hours), closed when the zoo is closed



Tennoji MOONdSON 天王寺MOONdSON

Here you'll find a book space home to animal and plant picture books from overseas, and a takeout shop and bar space for adults. This spot entices visitors of all ages to visit Tennoji Park.

- 10:00-19:00



PANZA TEN-SHIBA i:na PANZAてんしばイーナ

This adventure facility consists of the sorarun! outdoor athletic area and noborun! indoor climbing area.

- sorarun! 10:00- / noborun! 10:00- Please check the website for details.
- No fixed holidays
- noborun! ¥2,000, etc. / Adventure course ¥3,000, etc.



THE BBQ GARDEN in TEN-SHIBA i:na THE BBQ GARDEN in てんしばイーナ

The Bring Your Own Food plan allows visitors to bring in food and drinks, and the Empty-Handed BBQ plan offers all-you-can-drink + food options.

- Check the website for information on hours and prices.



GARDENER'S TEN-SHIBA i:na ガーデナーズ てんしばイーナ店

This is an urban garden center. Enjoy a break from shopping at the cafe here. You're sure to find a favorite plant at this spot!

- Shop 11:00-19:00 Café 11:00-20:00 (L.O. 19:00)

Loads of popular, talked-about restaurants and shops!



AOI NAPOLI IN THE PARK 青いナポリ イン ザ パーク

Enjoy authentic Neapolitan pizza cooked in a brick oven, vegetable and seafood dishes, and pasta. The restaurant has outdoor seating so you can eat among nature.

- 06-6773-2225
- [Lunch] 11:00-15:00 (L.O.)
- [Dinner] 17:00-21:00 (L.O.)
- [Cafe] 11:00-21:30 (L.O.)
- A,D,I,M,V 銀
- www.ainapoli-inthepark.jp/



YARD Coffee & Craft Chocolate

Come here to enjoy specialty single-origin coffee along with bean-to-bar chocolates and sweets. This spacious shop with 52 seats serves items that respect the intrinsic flavors of the ingredients.

- 06-6776-8166
- 10:00-18:00
- Tuesdays, 1st, 3rd, 5th Wednesdays
- A,D,I,M,V 銀
- <https://yardosaka.com/jp/>



SORAIRO KITCHEN in TENSHIBA PARK

Lunchtime is popular for all-you-can-eat fresh baked bread and bottomless cups of tea. Dinnertime is perfect for celebrating a special day with a wide selection of wines at bargain prices. You can also enjoy barbecuing at the spacious terrace seats.

- 06-6718-4132
- 11:00-23:00 (L.O. for food 22:00, L.O. for drinks 22:30)
- A,D,I,M,V 銀



BørneLund Playville Tennoji Park ボーネルンドプレイヴィル 天王寺公園

Here kids can play to their heart's content in a zone where they can enjoy active play, and a zone that emphasizes free expression. There are also workshops available.

- 06-6777-9889
- 9:30-19:00 (final entry at 18:30), differs depending on shop conditions. See the website for details. No fixed holidays
- 1-day pass: ¥2,100 on weekdays for parent and child, ¥2,600 on holidays for parent and child
- A,D,I,M,V
- <https://www.bornelund.co.jp/playground/playville>



KNEADERS CAFE BAR GRILL ニーダース カフェ・バー・グリル

欧風感漂うメインダイニングに、開放感あるテラスで、ゆったりと贅沢時間を味わえる。店名である「KNEADERS」は英語で「こねる」を意味し、ハンバーグや生パゲッティを楽しめます。

- 06-6776-7019
- 11:00-22:00 (L.O. for food 21:00, L.O. for drinks 21:30) A,D,I,M,V 銀, etc.
- zetton.co.jp (official website)
- <https://www.tennoji-park.jp/shop/ten-shiba/04>

There are even more TEN-SHIBA facilities!

[Sundries] SPOONBILL
www.spoon-bill.jp/tennoji/

[Coffee shop] TULLY'S COFFEE
www.tullys.co.jp/

[Convenience store] FamilyMart
[Farmer's market] Yottete Market
[Pet service] PET PARADISE DX
[Bus passenger waiting room] Etc.

Check out popular areas here

Just 15 minutes from ABENO HARUKAS by metro!

Namba & Shinsaibashi areas



Restaurants



Daiki Suisan Conveyor Belt Sushi Namba CITY

大起水産回転寿司 なんばCITY店

Enjoy the absolute freshest seafood that only a fish wholesaler can provide at reasonable conveyor belt sushi prices, starting at 100 yen (tax excluded) per plate. Try the fresh, natural fish sent directly from the port.

- ☎ 06-6644-2470
- 📍 1F, Namba CITY South Building, 5-1-60 Namba, Chuo-ku, Osaka City
- 🚶 Directly connected to Nankai Namba Station
- 🕒 11:00-22:00 (L.O. 21:30)
- 📅 No fixed holidays (same as Namba CITY)
- 💳 A,D,I,M,V, 銀
- 🌐 <http://www.daiki-suisan.co.jp/english/>

Matsusakagyu Yakiniku M Namba

松阪牛焼肉M 難波店

Enjoy the best Matsusaka Beef at this popular restaurant. There is also a sister location that has gained the number one spot as the most popular Japanese restaurant among overseas visitors on TripAdvisor.

- ☎ 06-6606-9887
- 📍 3-11 Namba-sennichimae, Chuo-ku, Osaka City
- 🚶 3 min. walk from Kintetsu-Nippombashi Station
- 🕒 Lunch 11:00-15:00 (L.O. 14:30) / Dinner 17:00-22:00 (L.O. 21:30) from Monday to Thursday, 17:00-23:00 (L.O. 22:30) on Fridays, weekends and public holidays
- 📅 Open 365 days a year
- 💳 A,D,I,M,V, 銀
- 🌐 www.matsusaka-projects.com/english/

Special course with four kinds of yakiniku barbecue featuring the highest rank of Matsusaka Beef: ¥8,580, Matsusaka Beef chef's selection: ¥10,450 and up (for 2 or more people)



COLONY by EQI

This cafe where all members of the staff are pâtissiers has been covered in TV programs and magazines since its popular sweets and brunch. Their Sakusaku Box Shortcake is a truly photogenic dessert!

- ☎ 06-6224-0061
- 📍 1F, Ocean Drive 314, 2-12-14 ishishinsaibashi, Chuo-ku, Osaka City
- 🚶 7 min. walk from Shinsaibashi Station on the metro Midosuji Line
- 🕒 11:00-23:00
- 📅 Open 365 days a year
- 🚫 Not accepted
- 🌐 https://www.instagram.com/colony_cafe_official/



Popular Sakusaku Box Shortcake: ¥1,200



Located in Osaka America-Mura

Popular night spot - Uranamba

Uranamba is a popular spot among locals located on the east side of Namba station. Various types of eateries line the streets making it easy to find a favorite place.

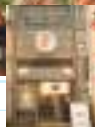
Try it with oysters in the winter!
Famous Mizuno Yaki ¥1,450

Mizuno

美津の

This veteran okonomiyaki shop has been in business for over 70 years. In addition to the Mizuno Yaki, which features six ingredients including pork, squid, and shrimp, they have a great menu including the fluffy yam okonomiyaki.

- ☎ 06-6212-6360
- 📍 1-4-15 Dotonbori, Chuo-ku, Osaka City
- 🚶 5 min. walk from Kintetsu Osaka-Namba Station, Kintetsu-Nippombashi Station, or Namba Station on all Metro lines
- 🕒 11:00-21:00 (L.O. 20:00) Note: Last orders are sometimes moved to an earlier time.
- 📅 Open 365 days a year
- 💳 A,D,I,M,V, 銀
- 🌐 mizuno-osaka.com



Must-see spots

Shinsaibashi-suji Shopping Street

心斎橋筋商店街

This shopping street features a large collection of drug stores, designer brands, sundries, and restaurants. Enjoy shopping while strolling through the arcade.

- 🕒 24 hours
- 📅 Varies by shop
- 🌐 <https://www.shinsaibashi.or.jp/lang/en>



Kuromon Market

黒門市場

Kuromon Market, known as the kitchen of Osaka, is home to a wide selection of fresh foods and ingredients. It's a great area to walk through while munching on takoyaki or tempura.

- 📅 Varies by shop
- 🌐 <http://www.kuromon.com/index.php>



DENDEN Town

でんでんタウン

The Nippombashi area is known as Denden Town for its collection of electronics shops. There are also many shops that sell anime figurines!

- 📅 Varies by shop
- 🌐 <http://www.denden-town.or.jp/>

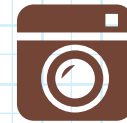


Photo spots



Dotonbori is filled with garish signs that are perfect for "Osaka - the city where you eat 'til you drop".



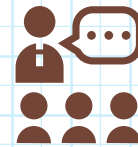
Check out the cruises where you can enjoy Dotonbori sightseeing from the river



Ebisu-bashi Bridge is a popular tourist spot, and the perfect place to take a photo in front of the Glico sign!



Lively city scenery that you can enjoy just by strolling through



Experience



Making plastic food samples are a traditional art in Osaka!
Required time: about 45 minutes

Takoya Dotonbori Kukur Dotonbori Konamon Museum Store

たこ家道頓堀くくる道頓堀コナモンミュージアム店

In this museum you can make your own takoyaki, the soul food of Osaka, and enjoy making plastic samples of takoyaki that look like the real thing. Stop by as a memento of your trip to Osaka!

- ☎ 06-6214-6678
- 📍 1-6-12 Dotonbori, Chuo-ku, Osaka City
- 🚶 4 min. walk from Namba Station on all lines
- 🕒 11:00-21:00 from Monday to Friday, 10:00-21:00 (L.O. 20:30) on weekends and public holidays
- 📅 Open 365 days a year
- 🎫 Admission free, sample making ¥2,000
- 🚫 Not accepted
- 🌐 <https://www.shirohato.com/konamon-m/>



Takes approximately 1 hour. Difficulty level depends on the sample.

Design Pocket OSAKA

Located at the entrance to Sennichimae Doguyasuji Shopping Street, this plastic food sample shop offers sample-making workshops. Look for the big meat sign!

- ☎ 06-6586-6251
- 📍 10-11 Namba-sennichimae, Chuo-ku, Osaka City
- 🚶 5 min. walk from Kintetsu-Nippombashi Station
- 🕒 11:00-17:00
- 📅 Open 365 days a year
- 🎫 Plastic food sample making workshop (takoyaki) from ¥2,480 (reservations given priority)
- 💳 A,D,I,M,V, 銀
- 🌐 <https://www.designpocket.net/>



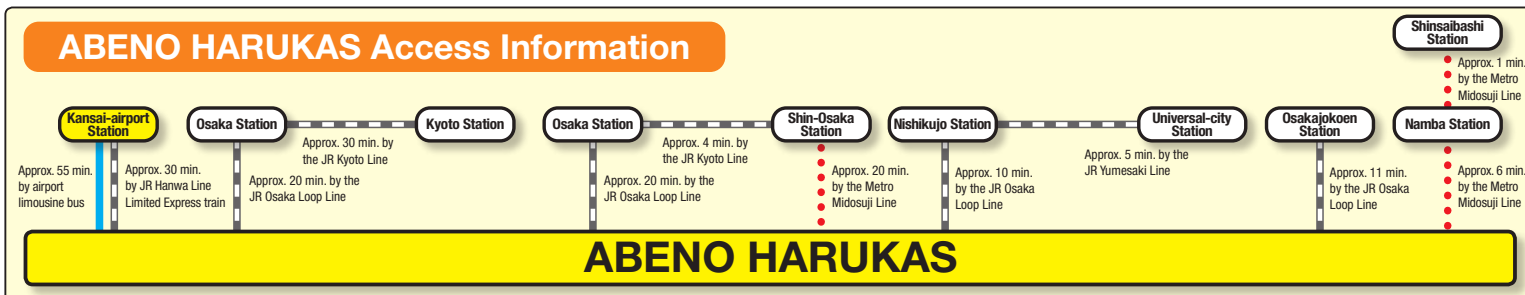
Osaka Wide Area Map



MIYAKO HOTELS & RESORTS in Kansai MIYAKO HOTELS Group

- | | | | | | |
|---|---|---|---|---|---|
| A Sheraton Miyako Hotel Osaka
シェラトンホテル大阪 | B Miyako City Osaka Hommachi
都シティ 大阪本町 | C Osaka Marriott Miyako Hotel
大阪マリオット都ホテル | D Miyako City Osaka Tennoji
都シティ 大阪天王寺 | E Hotel Kintetsu Universal City
ホテル近鉄ユニバーサルシティ | F The Westin Miyako Kyoto
ウェスティン都ホテル京都 |
| G Miyako Hotel Kyoto Hachijo
都ホテル 京都八条 | H Miyako City Kintetsu Kyoto Station
都シティ 近鉄京都駅 | I Mikasa Ryokan
奈良 万葉若草の宿 三笠 | J Nara Kasugaokuyama Tsukihitei
奈良・春日奥山 月日亭 | K Miyako Hotel Amagasaki
都ホテル 尼崎 | L Kobe Kitano Hotel
神戸北野ホテル |
| N Shima Kanko Hotel The Bay Suites
志摩観光ホテル ザ ベイスイート | O Hotel Shima Spain Mura
ホテル志摩スペイン村 | P Miyako Resort Shima Bayside Terrace
都リゾート 志摩 ベイサイドテラス | Q Miyako Resort Okushima Aqua Forest
都リゾート 奥志摩 アクアフォレスト | R Kashikojima Hojoen
賀島宝生苑 | S Miyako Hotel Yokkaichi
都ホテル 四日市 |
| | | | | T Shima Kanko Hotel The Classic
志摩観光ホテル ザ クラシック | M Shima Kanko Hotel The Classic
志摩観光ホテル ザ クラシック |
| | | | | | N Shorenji Lake Hotel
青蓮寺レークホテル |

ABENO HARUKAS Access Information



Must-see spots

Osaka

Kaiyukan

This popular aquarium is located in the Tempozan area. The massive tanks that recreate the environment of the Pacific Ocean are home to many aquatic life including whale sharks.

www.kaiyukan.com/language/eng/



Kyoto

Kiyomizu-dera Temple

This old temple, said to have been built in 780 is famous for its main hall known as the Stage of Kiyomizu. The main hall, rebuilt in 1633 is a national treasure, and the temple is home to many cultural assets. It is also designated as a World Heritage site.

<https://www.kiyomizudera.or.jp/>



Photo provided by Kiyomizu-dera Temple

Nara

Nara Park

This park is designated as a national scenic spot, and located next to many World Heritage sites such as Todai-ji Temple and Kasuga Taisha Shrine. It is always alive with tourists from inside and outside Japan, and great for a stroll where visitors can see deer playing.

<https://www3.pref.nara.jp/park/>



Mie

Ise Jingu Shrine

This shrine has 2,000 years of history. There is an outer shrine and inner shrine, and visitors start from the outer shrine by ancient custom. The area also includes the nearby Okage Yokocho street.

<https://www.isejingu.or.jp/>



Nagoya

Nagoya Castle

This castle, built in 1615 is one of the 100 Top Japanese Castles. The restoration of Hommaru Palace was completed and opened to the public in June 2018. Make sure to also visit Kinshachi Yokocho Mall which is filled with restaurants.

<https://www.nagoyajo.city.nagoya.jp/>



