Japan. Endless Discovery.

# CLASSIC RESORTS JAPAN

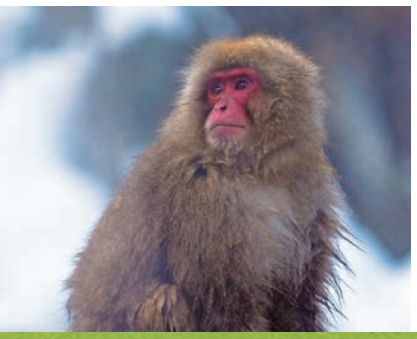
*HAKUBA · SHIGA KOGEN · NOZAWA ONSEN · MYOKO*

classic-resorts.jp





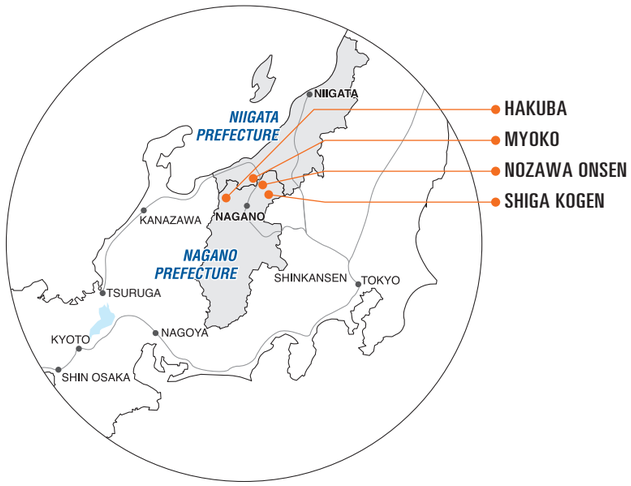






*Classic Resorts*

# Nagano & Niigata




















## *EXPERIENCE*

### World Class - Skiing, Great Snow and Scenery

The prefectures of Nagano and Niigata are nestled in the awe-inspiring Japanese Alps and home to some of the best ski resorts in the country. Located in central Japan, both Nagano and Niigata enjoy long winters and incredible snowfalls largely due to the proximity to the Sea of Japan. Seasonal snowfalls of 10 meters or more are commonplace and average winter temperatures of just below -3°C make skiing in the heart of Japan an unforgettable experience.

Nagano and Niigata prefectures are home to some of the best skiing and most amazing natural settings to be found anywhere. Also blessed with a plethora of geothermal activity, natural hot spring baths are a must while in the area.There is no better way to relax after a day of skiing, sightseeing or shopping than letting the minerals ease your tired muscles in an outdoor bath with large snowflakes fluttering down all around and the Japanese Alps laid out in front of you.

## *INDULGE*

### Unique Culture & History. Delicious Japanese Cuisine

Japan is a country with one foot firmly placed 400 years in the past and the other striding boldly into the future. Nowhere is this more evident than in Nagano City, the launching point for your Japanese ski adventure. Home to the 1998 Winter Olympics, Nagano City is a metropolitan city of 400,000 people built around the 1400-year old Zenkoji Temple and is an excellent blend of the ultra-modern and the culture of yesteryear.

Both Nagano and Niigata are ideally located for taking in the sights and culture that Japan has to offer. Zenkoji Temple, 400-year old Matsumoto Castle and the Snow Monkey hot springs are all within reach on those in-between days. Enjoy delicious and healthy local cuisine along the way with fresh seafood, premium sake and rice from Niigata, and Japan's most famous buckwheat soba noodles in Nagano.

Unbelievable snow, non-existent lift lines, fantastic local and western cuisine, marvellous scenery and friendly people are just a few of the many reasons to make Japan your next ski destination.

# HAKUBA VALLEY

10 resorts to choose from. More than 100 runs to suit skiers and boarders of all ability levels. A seasonal average of 10-plus meters of snow. Great rest-day alternatives. Fantastic accommodation to fit all budgets. Delicious cuisine. Friendly locals. Cultural activities and sightseeing opportunities. Relaxing hot spring baths. Looking for all of this in one location? Well, Hakuba is very likely the place for your next ski adventure.

The Hakuba valley is nestled in the heart of Nagano Prefecture. Having been the host site for many of the skiing events for the 1998 Nagano Winter Olympics, Hakuba Happo One with its 1180 meters of vertical compares favorably to many North American and European resorts and is widely known as being a first-class international resort with some of the best and most demanding ski and snowboard terrain in all of Japan.

For those who can tear themselves away from Hakuba's fabulous runs, cross-country skiing, snow mobiling, snow rafting, one-day tours to the snow monkeys and spring heli-skiing are available in the valley.

At the end of the day, kick back and relax in any number of hot springs and enjoy the local restaurants specializing in Japanese style offerings. Or go with more western dishes. The choice is yours.

**Tourism Commission of Hakuba Village**
www.vill.hakuba.nagano.jp




## Maison de Sasagawa



Guest Houses
Nearest ski area: Happo-One
www.hakuba-sasagawa.net

## Hotel Oak Forest



Hotel
Nearest ski area: Happo-One
www.oak-forest.jp/?ld=no

## Hakuba Serenade



Guest Houses
Nearest ski area: Happo-One
www.hakuba-serenade.com

## Hakuba Piremon



Guest Houses
Nearest ski area: Happo-One
http://www.piremon.com

## Takaneso



Guest Houses
Nearest ski area: Iwatake
https://takane10987.wixsite.com/mysite-3

## Hakuba Moegi Hotel



Hotel
Nearest ski area: Happo-One
www.hotelmoegi.com

## KuDo's Lodge



Self-contained
Nearest ski area: Iwatake
www.kudoslodge.com

## Iriyamato



Ryokan
Nearest ski area: Iwatake
www.iriyamato.com

## Hotel Goryukan



Hotel
Nearest ski area: Happo-One
www.goryukan.jp

## Meteor



Guest Houses
Nearest ski area: Happo-One
www.hakuba-meteor.com

## Hotel St. Malte



Hotel
Nearest ski area: Goryu47
www.sanmalte.com

## Hakuba Hotel Bergtour Marukita



Hotel
Nearest ski area: Happo-One
www.hakuba-marukita.com

**Premium** **Standard** Walk to ski slope Walk to shuttle bus stop Shuttle service available Natural hot spring



## Hotel Hakuba



Hotel
Nearest ski area: Happo-One
www.hotel-hakuba.com

## Hakuba Onsen Ryokan Shiroumaso



Ryokan
Nearest ski area: Happo-One
www.shiroumaso.com

## Yamadaya Ryokan



Ryokan
Nearest ski area: Happo-One
www.yamadaya.co.jp

## Restaurant & Hotel Traumerei



Hotel
Nearest ski area: Happo-One
www.traumerei.jp

## Starry Residences & Denim



Self-contained
Nearest ski area: Happo-One
www.starry.holiday

## Hakuba Tokyu Hotel



Hotel
Nearest ski area: Happo-One
www.tokyuhotels.co.jp/hakuba-h/index.html

## Hotel Stelle Belle



Hotel
Nearest ski area: Goryu47
www.stelle.co.jp

## Hotel Taigakukan



Hotel
Nearest ski area: Happo-One
www.taigakukan.jp

## Brownie Cottage



Self-contained
Nearest ski area: Happo-One
www.hakuba-brownie.jp/index.html

## Pension Kurumi



Guest Houses
Nearest ski area: Goryu47
www.hakuba-kurumi.com

## Happokan



Hotel
Nearest ski area: Happo-One
www.happokan.com

## Hakuba Hayashi Pension



Guest Houses
Nearest ski area: Happo-One
http://hayashipension47.web.fc2.com

All rooms: In-room bath or shower Some rooms: In-room bath or shower Shared bath: No in-room bath or shower

Accommodation

# DISCOVER
# HAKUBA VALLEY





## *Hakuba Jumping Stadium*

Japan's most famous ski jumping stadium is located at the base of Happo One Ski Resort. Hakuba hosted the ski jumping events for the 1998 Winter Olympic Games as well as various World Cup events. Take the chair lift and elevator to the top of the 90-meter and 120-meter jumps, walk out on the start gates and feel the excitement of being a ski jumper.









## NEVER ENDING POWDER SNOW

Enjoy dry and deep snow in Hakuba.
It will be one of the deepest powder days of your life!

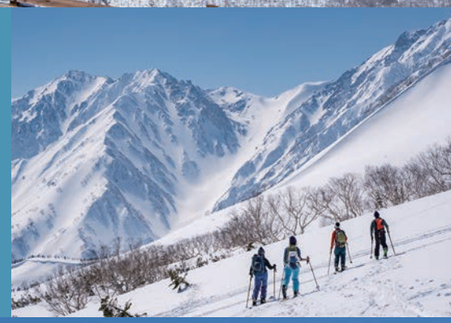


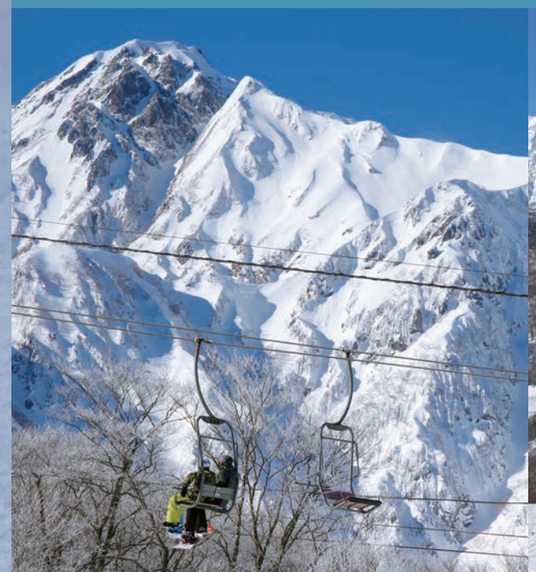
© Grant Gunderson



## *10 Ski Resorts on one ticket!* HAKUBA VALLEY

HAKUBA VALLEY is the collective name for Hakuba Village, Otari Village, and Omachi City, located at the foot of the Northern Alps in northern Nagano. With its breathtaking mountainous terrain reaching elevations of 3,000 meters, the area offers abundant high-quality powder snow. Featuring 10 unique ski resorts and a diverse range of slopes, Hakuba Valley caters to everyone from beginners to experts, ensuring skiers and snowboarders of all levels can fully enjoy their experience.







# SHIGA KOGEN

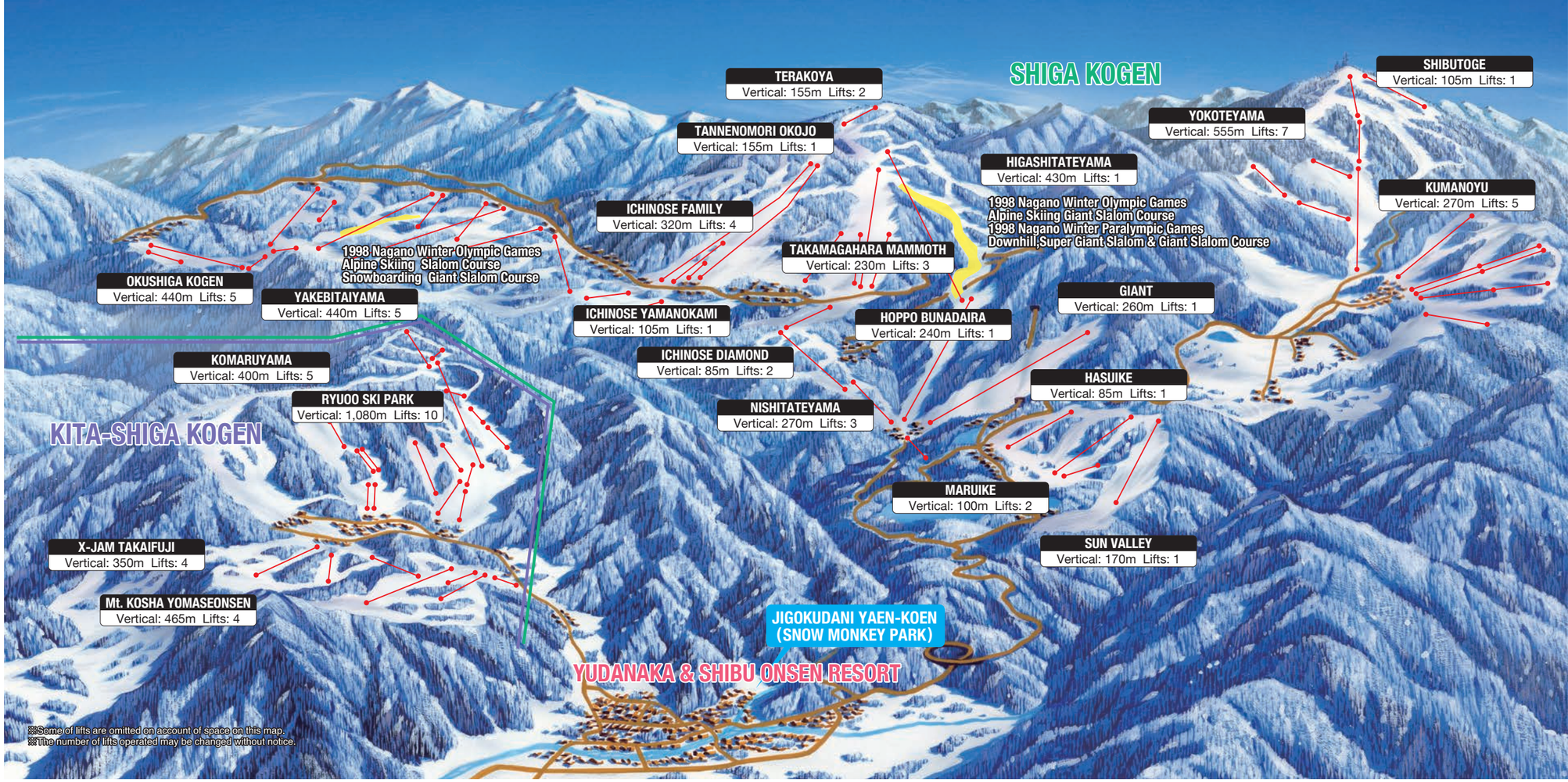
Sprawling throughout the stunningly beautiful Joshin'etsu Kogen National Park is Shiga Kogen, the largest ski resort in Japan. How big? With 18 interlinked ski areas and approximately 48 lifts and gondolas, it would take days to experience them all. Easily accessed by direct express bus from Nagano City, Shiga Kogen is one of the premier resorts in Japan. Season lasts from late November to early May. Ranging in altitude between 1,300m and 2,300m, it offers some of the best snow conditions and scenic terrain to be found anywhere.

A common lift pass "Key Ticket" allows you to ride on all of the lifts and gondolas. You can take free shuttle buses running between the interconnected slopes as well.

The world-famous Jigokudani Yaen-Koen (Snow Monkey Park) is found at the foot of Shiga Kogen, where people from all over the world visit to see the wild monkeys bathing in the natural hot spring. You'll never get tired of watching them bathing happily and grooming each other.

There truly is an adventure waiting for everyone.

**Shiga Kogen Tourism Association**
Phone +81 (0)269-34-2404
www.shigakogen.gr.jp/english/index.html?hl=en




## Villa Alpen



Hotel
Nearest ski area: Sun Valley
Ph: 0269-34-2731
www.villa-alpen.com

## Hotel Alpenburg



Hotel
Nearest ski area: Giant
Ph: 0269-34-3366
www.alpenburg.com

## Shiga Grand Hotel



Hotel
Nearest ski area: Ichinose
Ph: 0269-34-2202
www.shiga-grandhotel.com

## Hotel Japan Shiga



Hotel
Nearest ski area: Ichinose
Ph: 0269-34-2801
www.japanshiga.com

## Shigakogen Olympic Hotel



Hotel
Nearest ski area: Ichinose
Ph: 050-5527-6599
www.yadoroku.jp/olympichotel/en

## Chalet Shiga



Hotel
Nearest ski area: Ichinose
Ph: 0269-34-2235
www.chalet-shiga.com/en

## Kidoike Onsen Hotel



Hotel
Nearest ski area: Kumanoyu
Ph: 0269-34-2821
www.kidoike.com

## Sachinoyu Hotel



Hotel
Nearest ski area: Kumanoyu
Ph: 0269-34-2902
www.sachinoyu.com

## Shiga Palace Hotel



Hotel
Nearest ski area: Kumanoyu
Ph: 0269-34-2221
www.shigapalace.co.jp

★★★ Standard ★★ Economy Walk to ski slope Walk to shuttle bus stop Shuttle service available Natural hot spring



## Canyons Shiga Kogen



Nearest ski area: Ichinose

Private ski and snowboard lessons for all levels and ages.

Ph: 050-4560-3800
www.canyons.jp/en/winter-tours/shiga-kogen-ski-school

## Shop & Rental Snow Can



Nearest ski area: Ichinose

High quality Skis & Snowboard Rental & Retail shop.

Ph: 090-7738-4485
www.snowcan.com/user_data/english.php

## HEAD Sports Station Chalet Shiga



Nearest ski area: Ichinose

HEAD's official ski and snowboard rental shop.

Ph: 0269−34−2235
www.chalet-shiga.com/en

## Wagyu Yakiniku Otenma



Nearest ski area: Ichinose

Enjoy premium wagyu yakiniku.

Ph: 0269-34-2801
www.japanshiga.com/restaurant

## Daruma Restaurant



Nearest ski area: Ichinose

We serve sukiyaki, shabu-shabu, burgers, and pizza.

Ph: 0269-34-2801
www.japanshiga.com/restaurant

## Burger & Pizza Altopiano



Nearest ski area: Ichinose

Burgers and pizza baked in a 500°C oven.

Ph: 0269-34-2801
www.japanshiga.com/restaurant

## Snow King




Nearest ski area: Ichinose

Craft beer bar with food for skiers and visitors.

Ph: 080-1904-7049
https://share.google/8owxUQq3VRAIEBOBT

## Niku Izakaya Merge



Nearest ski area: Ichinose

Japanese wagyu beef dishes and casual dining bar.

Ph: 090-9502-2929
https://share.google/wV4IliyyoJ5Ug0idG

## Restaurant & Cafe Hi Happy



Nearest ski area: Ichinose

Enjoy a wide variety of delicious meals in the open atrium space.

Ph: 090-7738-4485
www.snowcan.com/en-hi-happy

All rooms: In-room bath or shower Some rooms: In-room bath or shower

Accommodation Ski School Shop / Rental Restaurant / Cafe / Bar

# DISCOVER
# YAMANOUCHI TOWN

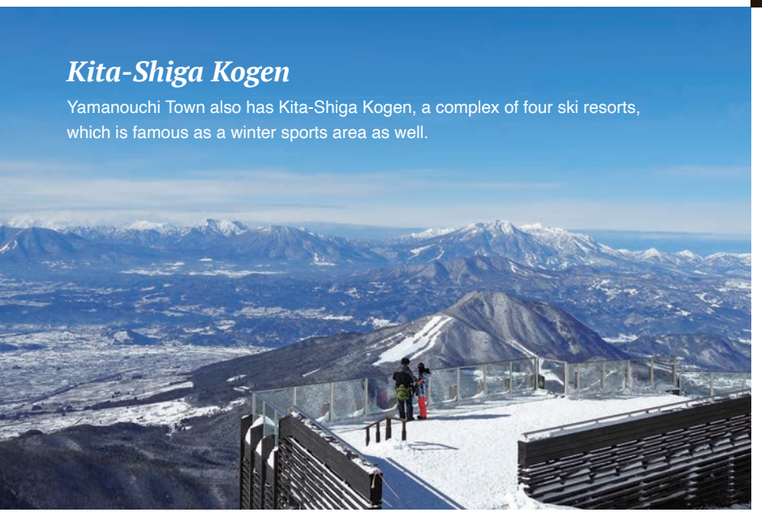
**Yudanaka & Shibu Onsen, Kita-Shiga Kogen and Shiga Kogen**

**Yamanouchi Community Development and Tourism Bureau**
Phone +81 (0)269-38-9191
www.info-yamanouchi.net



## *Kita-Shiga Kogen*

Yamanouchi Town also has Kita-Shiga Kogen, a complex of four ski resorts, which is famous as a winter sports area as well.



## *Yudanaka & Shibu Onsen Resort*

Yudanaka and Shibu Onsen are two of the main hot spring areas in Yamanouchi Town. Located at the base of Shiga Kogen, the resorts are approximately a 30-minute bus ride from the highland ski area.

Shibu Onsen retains the feel of an old Japanese Onsen village with narrow streets and traditional architecture. Overnight guests in Shibu Onsen are free to wander between nine public bath houses “Sotoyu”, said to ease worries and bring good health. Relax with the complete onsen experience.

The history of Yudanaka Onsen can date back about 1,300 years. Hang around onsen streets with local houses, traditional ryokan accommodations, bath houses, restaurants, cafés and bars in local people’s everyday lives.

## ENJOY THE PANORAMIC AND FANTASTIC VIEW WITH THE NORTHERN JAPANESE ALPS.

### Ski & Snowboard School in Shiga Kogen

In Shiga Kogen, ski schools offer multilingual lessons with SIA or SAJ certified instructors. Lessons are available at the ski area of your choice throughout the resort.

***Sugiyama Ski & Snow Sports School***
Phone 0269-34-2551 www.sugiyama-ski.com

***Shiga International Ski School***
Phone 0269-34-2551 www.shigaskischool.com

***Y's Snow & Outdoor School***
Phone 0269-24-2180 www.ys-outdoorschool.com/ski-school

***Skiwi Ski School***
Phone 0269-34-3355 www.skiwi-ski-school.com

***Takimoto Snow School***
Phone 0269-34-2117

***Canyons Shiga Snowsports School***
Phone 050-4560-3800
www.canyons.jp/en/winter-tours/shiga-kogen-ski-school

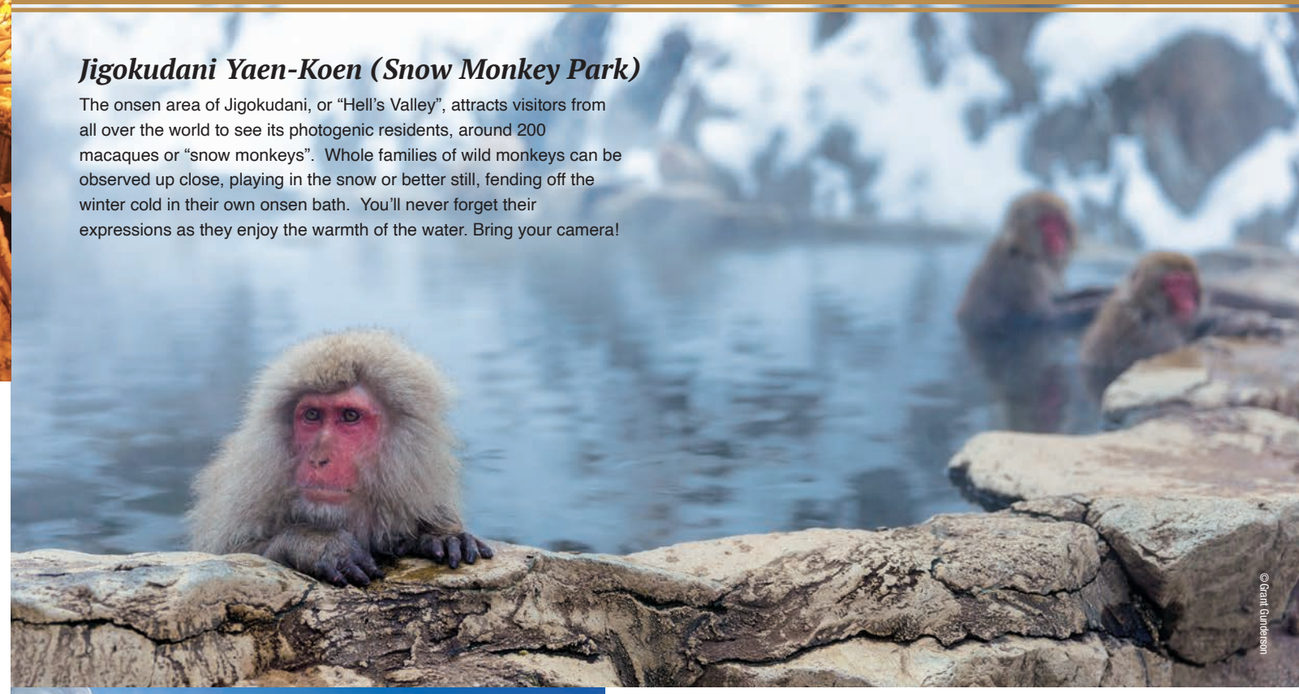
***Ride Shiga***
Phone 0269-34-3355 www.ride-shiga.com





## *Jigokudani Yaen-Koen (Snow Monkey Park)*

The onsen area of Jigokudani, or “Hell’s Valley”, attracts visitors from all over the world to see its photogenic residents, around 200 macaques or “snow monkeys”. Whole families of wild monkeys can be observed up close, playing in the snow or better still, fending off the winter cold in their own onsen bath. You’ll never forget their expressions as they enjoy the warmth of the water. Bring your camera!






## *Snow Monsters*

The summit of Mt. Yokote in Shiga Kogen is 2,307m, the highest place in Japan where a fixed chair-lift has been built, and offers splendid 360° panoramic views. If the weather permits, you can see all the way to the Japanese Alps, the Sea of Japan and even Mt. Fuji. “Snow Monsters”, trees covered with wind-driven snow, create a dramatic winter wonderland.

## *At Ease*

Most of the hotels in Shiga Kogen are located extremely close to skiing slopes. Savor local cuisine and craft beer right after immersing yourself in real powder.









# NOZAWA ONSEN

Nozawa Onsen, located in Northern Nagano, is one of the classic ski resorts in Japan. Not only is it famous for skiing, but within Japan it is well known for having some of the highest snowfalls around. Nozawa ranks amongst one of the best ski resorts in Japan with an excellent course layout and selection of runs offering great skiing and snowboarding experiences for beginners right through to the most advanced, with 2 gondolas, 21 chair lifts and 50 kilometers of courses to ski. The village has a great sense of tradition and feeling of Japanese spirit with beautiful old streets and a bustling village full of history, culture and festivals. The village is also famous for its plethora of public hot springs and foot bath, with more than 30 springs located throughout the resort, making for a thoroughly relaxing and rejuvenating experience. The Nozawa hot springs were first discovered in the 8th century and since that time they have flowed continuously, providing customers with warmth, relaxation, and relief. Skiing was first introduced to the area in the early part of the 19th century and has since established itself as a world-renowned all-season resort location.

On January 15th of every year, Nozawa Onsen holds one of the most famous fire festivals in Japan, the Dosojin Fire Festival, which is truly an amazing spectacal to see. This is one of the premier fire festivals held in Japan and is an awesome once-in-a-life time experience. The festival is held every year to pray for a plentiful harvest, health and good fortune in the following year.

For those looking for a real life Japanese ski experience then Nozawa offers just this. With big mountain resort-style skiing, complimented by the wonderful charms and vibrant character of an authentic Japanese ski village located right at the base of the resort. This combined with the wonderful hospitality of the local villagers makes for a great ambience and a refreshingly new and exciting ski holiday.

NOZAWA ONSEN SNOW RESORT

## SKI AREA MAP 2026

Continue on, Winter!

Toward the Next 100

| Ski | Snowboard | Snowscoot | Snowmoto |
|---|---|---|---|
| Snowfeet | Air board | Separate snowboards | Snowskate |

Sledding is only available in the designated area or at the Kids Park.
※Snowboarder/scooter must have the security strap on when riding.
※Users without Ski/Snowboard gears cannot ride chairlifts.
※Snowshoeing customers can ride the Nagasaka Gondola, Hikage Gondola & the Uenotaira Four Chairlift only.

LEGEND
EXPRESS GONDOLA / LIFT / MOVING WALK / EMERGENCY PHONE / TICKETS / RESTROOM
DIFFICULT / INTERMEDIATE / BEGINNER / POLE (RESERVATION REQUIRED) / COURSE SIGN / ACCESS POINT
NIGHT SKI / PATROL / AED / ZIP SKY RIDE / SKI SCHOOL / RENTALS
NURSERY / RESTAURANT / LOCKER ROOM / INFORMATION / PARKING / SLED SLOPE (KIDS PARK: Rest House Yamabiko)

※WARNING This area is not patrolled or secured.

※WARNING These areas are not patrolled or secured.

UNGROOMED AREA
SELF RESPONSIBILITY AREA (YAMABIKO)
※in case of rescue in this area, a rescue fee will occur.
SKI AREA BOUNDARY
OUTSIDE BOUNDARY AREA
※WARNING These areas are not patrolled or secured.
STRICTLY FORBIDDEN AREA

※To those planning to access areas outside the ski resort boundaries (backcountry): Please use the gates「Access Point」or「Access Point」located at the summit of Mt. Kenashi.
※Access point gates are unavailable when snow levels are low.
※Passing under the ropes is strictly prohibited.
※Resort patrol intervention is NOT possible in areas outside the ski resort boundaries.

**Resort usage Rules.**
1. Do not harm OR threaten others
2. You must control your speed in any situation so that you can avoid danger & stop at any time.
3. Do not pass other users without enough space distance around.
4. When merging OR Crossing other slopes be careful to look first.
5. Do not stop in the middle of a course OR on narrow slopes. If you fall, move to the side quickly.
6. Always use the side of the course if you need to stop, climb or walk.
7. Security straps must be on when snowboarding.
8. Always Respect & follow Resort notices, signs, announcements. etc. You must follow instructions of all ski Resort Staff.
9. In case of an accident you must cooperate with the Rescue team by reporting any useful information. Regardless of who you are, you must inform patrol /Rescue of your identity.

MT. KENASHI 1,650m
YAMABIKO
YAMABIKO STATION 1,417m
UENOTAIRA
UENOTAIRA STATION 1,230m
SNOW PARK
HALF PIPE
SKY LINE
PARADISE
TOURoGI PASS 1,000m
OBIN-DAIRA 1,075m
SCHNEIDER
CHALLENGE
UTOPIA
HIKAGE
ZIP SKY RIDE
NAGASAKA
NAGASAKA STATION 627m
NAGASAKA CENTER HOUSE
KARASAWA
KANDAHAR
JAPAN SKI MUSEUM
KIDS PARK
HIKAGE STATION 660m
SPARENA
NAKAO PARKING
VILLAGE OFFICE
565m

Village Free Shuttle Bus
Available from : 2025 December 20th(Sat) till 2026 March 29th(Sun)
LEGEND SHUTTLE BUS STOP SHUTTLE BUS ROUTE


NOZAWA ONSEN SNOW RESORT
7653 Toyosato, Nozawaonsen-mura, Shimotakai-gun, Nagano, 389-2502, JAPAN
Tel 0269-85-3166
https://en.nozawaski.com


**Info**

| | |
|---|---|
| Hikage Ski Center (lost&found, trouble) | Tel.0269-85-2133 |
| Patrol Office (injury) | Tel.0269-85-3456 |
| Nozawa Onsen Ski School | Tel.0269-85-2623 |

### COURSE

| | | |
|---|---|---|
| 1 | YAMABIKO - A | 1,300m |
| 2 | YAMABIKO - B | 800m |
| 3 | YAMABIKO - C | 850m |
| 4 | YAMABIKO - D | 1,250m |
| 5 | YAMABIKO - E | 1,000m |
| 6 | KOKENASHI - A | 200m |
| 7 | KOKENASHI - B | 200m |
| 8 | UENOTAIRA | 2,000m |
| 9 | UENOTAIRA - FAMILY | 800m |
| 10 | PARADISE | 1,200m |
| 12 | YUNOMINE | 700m |
| 13 | MIZUNASHI - A | 800m |
| 14 | MIZUNASHI - B | 700m |
| 15 | BUNABAYASHI | 2,500m |
| 16 | SCHNEIDER | 1,500m |
| 17 | CHALLENGE | 1,200m |
| 18 | CHALLENGE - 39"KABE | 300m |
| 19 | UTOPIA - A | 400m |
| 20 | UTOPIA - B | 350m |
| 21 | RINKAN | 5,000m |
| 22 | USHIKUBI | 1,200m |
| 23 | KUROKURA | 550m |
| 24 | KANDAHAR - WEST | 990m |
| 25 | KANDAHAR - EAST | 990m |
| 26 | SKYLINE | 3,500m |
| 27 | GRAND PRIX | 800m |
| 28 | JUMPING | 500m |
| 29 | HIKAGE - A | 600m |
| 30 | HIKAGE - B | 200m |
| 31 | HIKAGE - no - KABE | 200m |
| 32 | ISEMIYA | 350m |
| 33 | NAGASAKA | 700m |
| 34 | MUKOUBAYASHI | 200m |
| 35 | KARASAWA | 3,000m |
| 36 | HACHIMAN | 250m |
| 37 | RINKAN - SHORT CUT | 250m |
| 38 | NAGASAKA - LINK | 1,000m |
| 39 | KUMATAKA | 1,300m |
| 40 | KITSUNE | 650m |
| 41 | KARASAWA - LINK | 1,050m |
| 42 | KAMOSHIKA | 950m |
| 43 | TANUKI | 900m |
| 44 | USAGI | 500m |
| 45 | NOZAWAONSEN JUMPING HILL | |
| 46 | OLYMPIC SPORTS PARK Minanbara CROSS-COUNTRY COURSE | |

### GONDOLA / LIFT

| | | |
|---|---|---|
| 1 | NAGASAKA GONDOLA | 3,129m |
| 2 | HIKAGE GONDOLA | 2,274m |
| 3 | YAMABIKO FOUR | 1,097m |
| 4 | YAMABIKO 2ND FOUR | 732m |
| 5 | SKY LINE LINK PAIR | 198m |
| 6 | UENOTAIRA FOUR | 1,752m |
| 7 | PARADISE FOUR | 934m |
| 10 | CHALLENGE PAIR | 1,223m |
| 11 | UTOPIA PAIR | 401m |
| 12 | KANDAHAR PAIR | 872m |
| 14 | HIKAGE FOUR | 523m |
| 15 | 'YU'ROARD(MOVING WALK) | 288m |
| 16 | HIKAGE TRIPLE | 201m |
| 17 | NAGASAKA TRIPLE | 271m |
| 18 | NAGASAKA FOUR | 664m |
| 19 | NAGASAKA GONDLA - LINK PAIR | 431m |

### Piste Restaurants

| area/store name | tel |
|---|---|
| YAMABIKO Area | |
| 2 Rest House Yamabiko | 0269-85-3523 |
| 3 Kitchen Servus | 0269-85-3523 |
| UENOTAIRA Area | |
| 4 Uenotaira Lodge | 0269-85-2603 |
| PARADISE Area | |
| 5 Hakugin | 0269-85-2617 |
| 6 Panorama House Buna | 0269-85-3894 |
| 7 Taro Goya | |
| 8 POPEYE | 0269-85-2247 |
| 9 Uenotaira Sanso(inn&Eating House) | 0269-85-2248 |
| UTOPIA・ISEMIYA Area | |
| 10 Utopia Shokudo | 0269-85-3055 |
| 12 Kashimir House | 0269-85-3179 |
| 13 Lodge Denbey | 0269-85-3838 |
| 16 Mitsui Shokudo | 0269-85-2997 |
| HIKAGE Area | |
| 17 Green House Marutomi | 0269-85-2838 |
| 18 Shooters | |
| 19 the ANDs | 0269-85-2275 |
| 20 Sun Yamaki | 0269-85-2800 |
| 21 SHICHIROHEI COFFEE @ Hikage | 0269-85-2519 |
| 22 Cafe&Rest Olive | |
| 26 Kazumi | 0269-85-2453 |
| 32 Kubota Shokudo | |
| NAGASAKA Area | |
| 24 Ohtaki | 0269-85-4000 |
| 25 Kawahiro | 0269-85-2458 |
| 26 Cafe STEP | 0269-67-0112 |
| 27 Country Papa | 0269-85-2646 |
| 28 NAGANO Claypot MISO Ramen TAKE-SAN | |
| 30 NOZAWA ONSEN SPArena Shantel | 0269-85-4567 |
| 31 Nagasaka Café | 0269-85-3166 |

### For your safety

Your actions can affect your safety and that of all other users. When using chairlifts, please respect the following obligations:

<boarding>
1. Feel free to ask for assistance if unsure how to board the chairlift.
2. Wait at the designated boarding point with your gear facing [correctly].
3. If you miss boarding, leave the platform immediately.
4. Skiers must be careful with poles as to not disturb other users boarding.
5. Put your backpack on your lap & be careful of straps from clothing / bag.
6. Put down your high-back of your Snowboard.

<Riding>
1. Lower the security bar & sit properly.
2. When Riding DO NOT :
- Swing the chairlift
- Jump off from the lift
- Play around OR face behind you
- Touch pillars ,etc with your stocks / hands ,etc
3. Even if the chairlift stops, DO NOT jump off of it.

<Getting off>
1. When the drop off area gets closer, prepare to unboard by facing forward and go straight ahead when getting off.


## Ryokan Sakaya



Ryokan ★★★★
Ph: 0269-85-3118
www.ryokan-sakaya.co.jp

## Tokiwaya Ryokan



Ryokan ★★★★
Ph: 0269-85-3128
http://tokiwaya.jp

## Kiriya Ryokan



Ryokan ★★★
Ph: 81-269-85-2020
www.kiriya.jp/eng

## Hotel Haus St.Anton



Hotel ★★★
Ph: 0269-85-3597
www.st-anton.jp

## Kawaichiya Ryokan



Ryokan ★★★
Ph: 0269-85-4126
www.kawaichiya.jp/en

## Mont



Hotel ★★★
Ph: 070-8964-5315
www.mont-nozawaonsen.com

## Lodge Matsuya



Guest Houses ★★
Ph: 0269-85-2082
https://lodge-matsuya.jp

## Kawahiro



Guest Houses ★★
Ph: 0269-85-2458
www.kawahiro.info

## Seisenso



Guest Houses ★★
Ph: 0269-85-2172
www.seisenso.com

## Mikawaya Inn



Guest Houses ★★
Ph: 0269-85-2398
www.mikawayainn.com

## Nozawa Onsen Lodge



Self-contained ★★
Ph: 050-8890-6608
www.nozawa-onsen.co.jp/lodge

## Haus St.Anton Rental Skis&Boards



Premium Brand's Skis & Wears available.
Ph: 0269-85-2275
www.st-anton.jp/rental

## Nozawa Onsen Distillery



World class gin and whisky distillery in NozawaOnsen.
Ph: 0269-67-0270
www.nozawaonsendistillery.jp/en

## Compass House




Fully supporting your experience with guided activities,gear rental, shop,massage, lodging.
Ph: 0269-67-0224
https://compasshouse.jp


★★★★ Premium ★★★ Standard ★★ Economy Walk to ski slope Walk to shuttle bus stop Natural hot spring

or All rooms: In-room bath or shower or Some rooms: In-room bath or shower Shared bath: No in-room bath or shower Accommodation Shop / Rental



© Grant Gunderson

# DISCOVER NOZAWA ONSEN





Hot spring water was discovered 1,300 years ago and gushes through the town from over thirty sources. Thirteen sotoyu public baths can be freely enjoyed by all. After a day on the slopes, soothe your body in the waters and soak up the atmosphere of this traditional onsen town.

© Grant Gunderson

## Ski & Snowboard School / Back Country Tours

### *Nozawa Onsen Snow Sports School*

Phone 080-9083-2172 https://en.nozawaski.com/the-mountain/lesson/ski-school

Celebrating a century since opening the Nozawa Onsen Ski Resort, the Nozawa Onsen Snow Sports School proudly continues to spread the joy of skiing and snowboarding to everyone. For international guests we have a team of professional international instructors from around the world. No matter how young or old, new or experienced, we offer both group and private lessons for skiers and snowboarders. You can choose between half day or full day courses with lunch and minding included for kids.

- Group lessons / Infants: 4-6yrs (ski only), children: 7-14yrs and adults: 15yrs+
- Private lessons / Ski: 3yrs+, Snowboard: 6yrs+

In addition, we have back country tours with professional mountain guides. BC tours are the best way to learn about Nozawa and surrounding area stashes and our crew of highly experienced international guides will ensure you have an amazing day! Contact the Nozawa Onsen Ski School to see what we can offer you!





## RECOMMENDED

### Ski & Snowboard Rental Shop

### *Resthouse St.Anton*

Nozawa Onsen Snow Resort. Hikage Slope
Phone 0269-85-2275
rental@st-anton.jp
www.st-anton.jp/en/rental

### *Ski Rental Service Shirakaba*

Nozawa Onsen Snow Resort. Hikage Slope
(under Mos Burger)
Phone 0269-85-2519
rental@shirakaba8.com
www.shirakaba8.com/en/rental



Yu Road
(moving walkway)



## NOZAWA ONSEN SNOW RESORT IS THE BEST PLACE FOR YOUR KIDS' SNOW DEBUTS — SKIING IN A FUN, SAFE ENVIRONMENT!



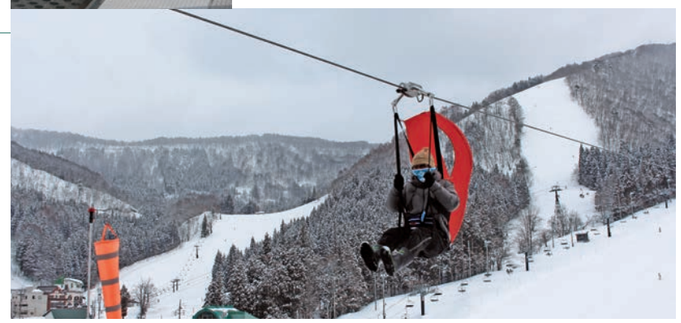




### *Family-Friendly Ski Resort Nozawa Onsen*

We recommend the gentle, wide slopes of Uenotaira at the top of the Gondola and the Hikage slopes at mountain base for families. At Naski Park, kids can sled and play in the snow. A convenient lift carpet takes kids up a small hill where they can practice their skiing fundamentals.
A day nursery with fully-qualified nurses and an indoor kid's play room are also available.





### *ZIP-SKY RIDE in snow!*

ZIP-SKY RIDE is the one of the longest zip lines in Japan.
Fly through the sky at speeds up to 70km/h over a distance of 652 meters.
See the magnificent scenery of the resort with a bird's eye view.
Anyone can ride thanks to the safety harness's comfortable, seated position. Enjoy an exhilarating and unforgettable experience in Nozawa!



### *Dosojin Fire Festival*

道祖神火祭り

One of Japan's most revered and sacred traditions, this religious event is held every year from January 13th to 15th. After 15th night falls, 42-year-old villagers chant and sing atop a wooden shrine built for the occasion, while 25-year-olds stand vigil below. Together, they partake in a ritual battle against other villagers, armed with burning torches, in a symbolic act of purification for the spirits.



Nozawa retains a timeless japanese charm with decorative shops and ryokan inns flanking its narrow streets.

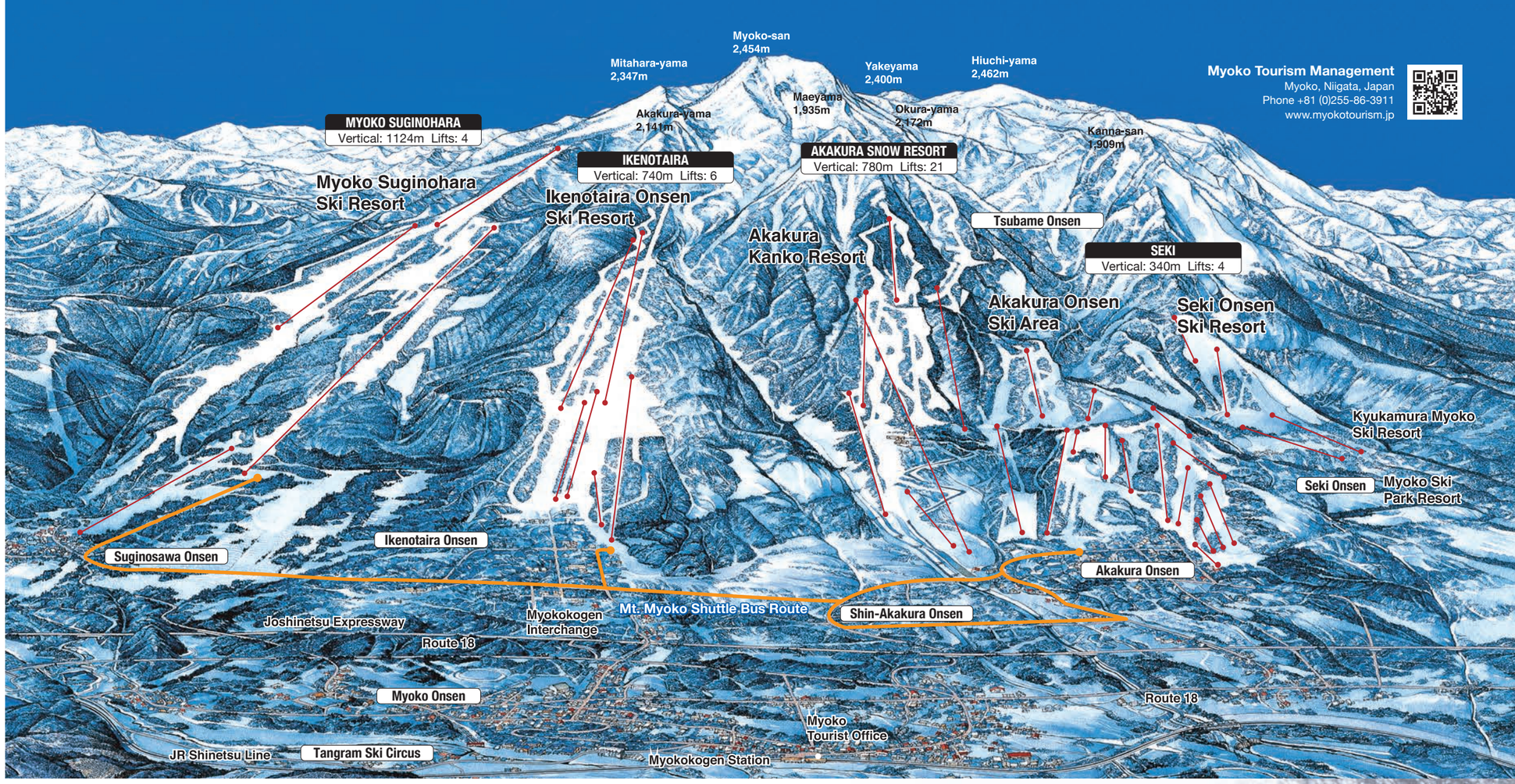
# MYOKO

Welcome to snow country! Less than an hour north of Nagano City, Myoko boasts more than 19 meters of snow annually—and everything from easy beginner runs to steep slopes where you can enjoy that deep snow. Add cozy accommodations, great local foods, soothing hot springs, rich history (founded in the 1930s, Myoko is one of the oldest established ski areas in the world), the unspoiled nature of Myoko-Togakushi Renzan National Park and easy access to interesting cultural side trips, and you have the ideal location to enjoy a total Japan ski experience.

With five distinctive areas spread across the base of beautiful Mt. Myoko, Myoko has something for every skier, from adventurous individual to couples looking for a romantic getaway, or families with children who need to satisfy many different needs (including daycare facilities). Call on a local guide for snowshoeing and light skiing that even beginners will enjoy, or day-long tours to local peaks.

Or simply stroll along snow-walled streets and enjoy snowfalls like you're unlikely to experience anywhere else in the world. When you're done with the outside fun, take a long, soothing dip in any of the countless hot springs—the ideal treatment for ski-weary legs! Then enjoy a selection of Japanese and Western meals—don't forget the local soba noodles and native mountain vegetables, served in a wide array of unforgettable dishes.

No wonder it's consistently rated as one of the most beautiful ski areas in Japan.





**Myoko Tourism Management**
Myoko, Niigata, Japan
Phone +81 (0)255-86-3911
www.myokotourism.jp


## Akakura Kanko Hotel



Hotel
★★★★
Nearest ski area:
Akakura Onsen

Ph: 0255-87-2501
www.akr-hotel.com

## Akakura Hotel



Hotel
★★★★
Nearest ski area:
Akakura Onsen

Ph: 0255-87-2001
www.akakura-hotel.com

## Oyado Furuya



Ryokan
★★★★
Nearest ski area:
Akakura Onsen

Ph: 0255-87-2102
www.oyado-furuya.jp/tourism

## Kogen Hotel Taizan



Hotel
★★★
Nearest ski area:
Akakura Onsen

Ph: 0255-87-2065
www.hoteltaizan.jp

## Kougakuro



Ryokan
★★★
Nearest ski area:
Akakura Onsen

Ph: 0255-87-2036
www.myoko-kougakuro.jp

## Akakura Hotel Annex



Hotel
★★★
Nearest ski area:
Akakura Onsen

Ph: 0255-87-2001
www.akakura-hotel.com

## Hotel Alpen Blick



Hotel
★★★
Nearest ski area:
Shin Akakura

Ph: 0255-86-3180
www.alpenblick-resort.com/hotel

## Hotel Moc



Guest Houses
★★
Nearest ski area:
Shin Akakura

Ph: 0255-87-2500
www.hotelmoc.com

## Yumebouken



Guest Houses
★★
Nearest ski area:
Suginosawa

Ph: 0255-86-6048
www.yumebouken.com

★★★★ Premium ★★★ Standard ★★ Economy Walk to ski slope Shuttle service available Natural hot spring or All rooms: In-room bath or shower



## Hotel Iwatoya



Ryokan
★★
Nearest ski area:
Seki Onsen

Ph: 0255-82-3133
www.instagram.com/iwatoya.tsubame

## Myoko Snowsports



Nearest ski area:
Akakura Onsen

snowsports school,
equipment rental &
retail, child care,
private photo shoots

Ph: 0255-87-3560
www.myokosnowsports.com

## Akakura Yodel Ski School



Nearest ski area:
Akakura Onsen

snowsports school,
snowshoe tours,
on-piste guided tours
of the Akakura Ski Field

Ph: 0255-87-2232
www.yodelsnow.com/index-jp.htm



©Grant Gunderson

or Some rooms: In-room bath or shower

Accommodation Ski School Shop / Rental / Service

# DISCOVER MYOKO





## A LONG HISTORY OF HOSPITALITY

Some of the hotels in the Akakura area of Myoko date back to the establishment of local *onsen* (hot springs) in the Edo Period (1603 to 1868). Many of the original families selected to start inns still run them today. Over two hundred years, a warm tradition of hospitality has developed in Myoko, a friendliness and warmth that travelers often note.

In the modern age, it was the great snow, the onsen and the hospitality that drew Baron Kishichiro Okura to select Myoko as the site for his Akakura Kanko Hotel and ski area. First opening in 1937, it was one of the first ski resorts not only in Japan, but globally—and it still stands in the middle of the ski area.

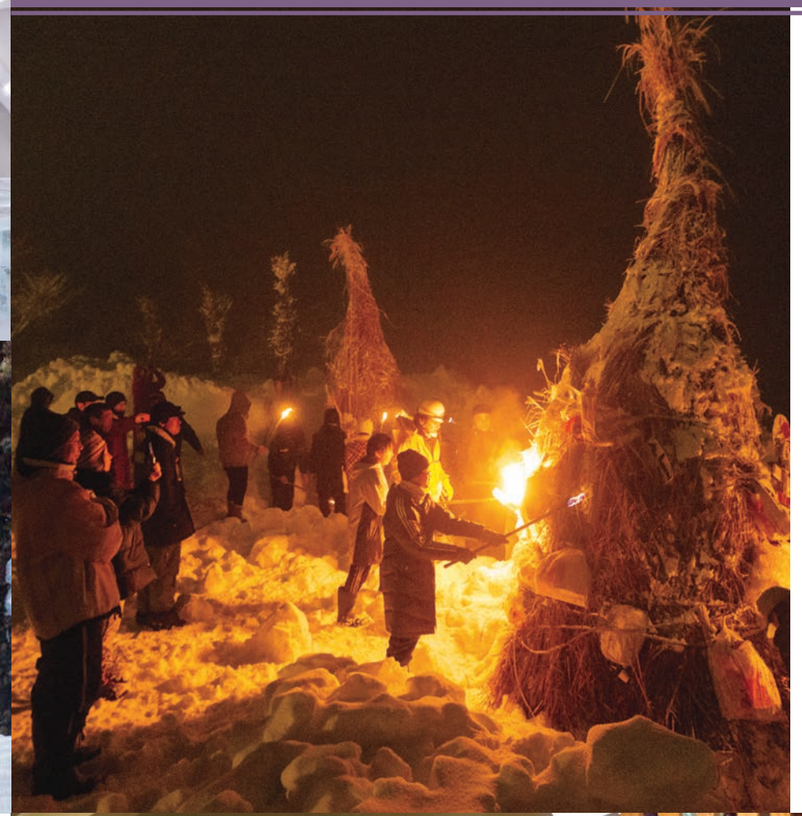
But it's more than just the facilities—and there are a wide range of hotels, modern and traditional, Japanese and Western, available for travelers. There is a real Myoko style to be experienced: a small, intimate ski town with a rich history; a sense of being immersed in Japanese culture; the magic of the unbelievable snowfalls that have defined life here for centuries.



You'll find ski schools and services ideal for all kinds of skiers, including families with small children. For the adventurous (even the inexperienced), there is the thrill of accessing the deeply forested backcountry, from snowshoe and light ski hiking to guided day tours to local peaks.

And after enjoying it all, soak in an onsen from one of the two sources high on Mt. Myoko, then have a delightful dinner in the hotel, or in local restaurants serving a wide range of cuisines. You will be welcomed; you will get to meet and enjoy the company of the local people. That's the Myoko style.





RECOMMENDED

### *Myoko Snowsports*

Ski school and ski rental
Phone 0255-87-3580
reservations@myokosnowsports.com
www.myokosnowsports.com

### *Akakura Yodel Ski School*

Ski school
Phone 0255-87-2232
info@yodelsnow.com
www.yodelsnow.com

### *Dancing Snow*

Backcountry ski and snowshoe tours, gear rentals and sales
Phone 0255-77-4931
info@dancingsnow.com
www.dancingsnow.com





Alcoholic drinks page, Chiant Gundersen

### *Get Local*

When you're in Myoko, you'll have lots of chances to enjoy things in the local style. Whether it's sampling the brew from one of the three sakagura, or saké breweries, in town (opposite page), taking in a local festival or enjoying a meal in an intimate local restaurant, there are lots of opportunities to really experience the local culture.

Because the town has been welcoming guests for centuries, the local people know how to treat guests—and it's a warm, friendly, natural welcome (just ask the many repeaters who choose to visit year after year). Then add on the great local food and drink specials (see the following pages). In Myoko, there's lots more than just the snow!

# IT'S NOT JUST THE SKIING; THE GREAT TASTES OF SHIN'ETSU

*Enjoy the distinctive cuisine of Nagano and Niigata, made possible by the fresh air and pure water of this beautiful, mountainous region.*




© Grant Faulkner

## The flavors of snow country

Long before the ski resorts were established in Shin'etsu (a combination of Shinshu and Echigo, the old names of Nagano and Niigata), the mountains, streams, plains and ocean found here made possible a variety of delicious foods. The region remains a major producer of agricultural products, including some of the finest foods to be found in Japan.

Soba, or buckwheat, is grown throughout the region, and is the source for the healthy and very popular soba noodles. There are several local varieties: Sugakawa soba in Yamanouchi Town; Tomikura soba from Nozawa Onsen, and *kiri no shita* (literally, "under the fog") soba in the areas around Myoko and Togakushi.



Sugakawa Soba ©Hachinoko



Hakuba Galette

Soba is also used in the more contemporary galette. Based on a French dish, the galette is a buckwheat crêpe which is topped with local eggs, salmon, pork, and vegetables. Look for this particularly in the Hakuba and Togakushi areas. Be sure to try *oyaki*, a steamed or baked bun filled with vegetables, fruit or sweet beans. Found only in northern Nagano, this regional favorite is a simple, delicious treat. Nagano is also well known for its apple, grape and apricot orchards, with the apple juice a natural, delicious favorite throughout Shin'etsu.



❊Shin'etsu's famous soba (buckwheat) is the base for tasty soba noodles and some oyaki doughs, as well as the new regional favorite, galette. Sasazushi features rice and local delicacies spread on a bamboo grass leaf.

*Sasazushi*, also known as *sasami* sushi, is a unique kind of sushi found in the area from Myoko to Nozawa Onsen. There are many colorful local stories about its origin—that it was an improvised offering to a visiting lord, or that samurai used to carry it for mid-battle meals—but there's no doubt that it is both distinctive and delicious. Vinegared rice is placed on a *sasa* (grass bamboo) leaf, then topped with fish, mountain vegetables and other ingredients. The sasa leaves have a natural antibacterial effect, which preserves the sasazushi (and add a flavor of their own, too!).



Oyaki



Sasazushi

## Pure local ingredients

The clear air and water of this mountainous region, the rich farmlands below the peaks and the nearby Sea of Japan all combine to make possible a wide range of delicious and healthy ingredients—and those delicious dishes of the region.

The mountains traditionally made it difficult for good seafood to make it inland past Myoko, but today the finest fresh fish from the sea can be enjoyed throughout Shin'etsu. Salmon are caught on rivers along the ocean, while inland in Nagano a crossbreeding of rainbow and brown trout has created the Shinshu Salmon. Raised in carefully-controlled conditions, the Shinshu Salmon has a beautiful, clean, salmon-like flesh perfect for sashimi or smoking (and finds its way onto those galettes in Togakushi and Hakuba!). Much of the pork in the region is designated as Special Pathogen Free (SPF), because of the very careful control of the pigs' living conditions. This pork is free of antibiotics and is used in many local dishes. Shinshu beef is a kind of wagyu, with apples added to the feed. This outstanding beef, like all top wagyu, may not be cheap, but it makes for a memorable meal!

❊Special care and an outstanding environment make possible superior meat and fish for local dishes.



Shinshu SPF Pork



Shinshu Salmon



Shinshu Beef ©Sukitei



© Kenji Shibata




Shichimi ©Yawataya Isogoro

# Only in Shin'etsu

*In this part of Nagano and Niigata prefectures, you'll find not only great food made with passion from outstanding materials, but some special seasonings and flavors only available here.*



Shojin Cuisine ©Fuchinobo

Within Zenkoji Temple in Nagano City are Shukubo, inns where you can not only stay within the temple, but also enjoy *shojin ryori*, a style of cooking tied to Buddhism that uses no meat or fish. It's beautiful, elegant, a symbol of the value of life, and a special experience.

But to really get the unique taste of this land of cold and snow, you must try the distinctive spicy flavors found only in Shin'etsu.

Most anywhere you travel in the area, you'll find an attractive red, yellow and blue can containing *shichimi*. Literally meaning "seven flavors," shichimi contains red togarashi peppers mixed with orange peel, sesame seeds, hemp seeds, ginger, nori and other ingredients. It can be sprinkled in soups or used to flavor skewers of *yakitori* grilled chicken or other grilled meats and fish. The little cans can be found everywhere around the famous Zenkoji Temple in Nagano City, or at shops throughout the region. The producer, Yawataya Isogoro, has a shop within Nagano Station where it sells two varieties of shichimi along with six other kinds of similar seasonings—and you can even mix your own blend.



Homemade Jam ©St.Anton

In Myoko, the makers of Kanzuri have been growing togarashi peppers for decades, slowly developing a strain that is much larger than the normal thumb-sized variety. They take these jumbo peppers, soak them in a brine bath, then throw them out onto the snow. They'll stay there for four days, often covered in the continuously-falling snow. The process removes bitterness and some of the harsh heat of the peppers; they come out still spicy but more fruity and rich flavored. They are ground and mixed with salt, *yuzu* (a citrus flavor) and *koji*, fungal spores used in fermenting saké. This is left to rest for three or six years; the resulting paste-like seasoning is used for flavoring *nabe* (hotpot) dishes, *yakitori*, *tonjiru* (a popular soup of pork and miso) and many other dishes.




And, while they're not unique to the region, the vast quantity of fruit grown means some of the best jams and jellies to be found anywhere—perhaps as a sweet treat after your spicy main course!

❋Shichimi (top) and Kanzuri (bottom left) are two of the spicy seasonings unique to the region. The wide range of fruits grown also means delicious jams and jellies.





Kanzuri



# Wines for your dining



©Grant Gunderson

酒

You can't mention Japanese cuisine without talking about saké, the indigenous beverage often called a rice wine but actually quite different—and delicious.




Sake Engi

The Shin'etsu region is home to many top sakagura, or saké breweries, once again thanks to the snow and the pure water it creates, as well as the rice from the plains below the mountains. Saké is traditionally brewed only during the winter months, and some do provide tours during the heart of ski season. Check out names such as Mizuo in Nozawa Onsen, Engi in Shiga Kogen, and Kimi no I or Ayu Masamune in Myoko.



Kusunoki Winery: Mr. Shigeyuki, Kusunoki Director

## Wine

Wine, on the other hand, might seem as more an import item, but in fact there is a long tradition of winemaking in the region, and the local vintages keep on getting better. For many years, Japanese tastes and production ran to sweet wines, but this is no longer the case. Nagano is the first prefecture in the nation to create an appellation control system for its wines. Some local vintners, such as Kusunoki Winery, have studied aboard and brought back new skills which are resulting in some very good new vintages. Also try the wines of St. Cousair, which also produces an apple cider from Nagano's most famous fruit.

Craft beer brewing has also taken off in the region, with some exciting new brews coming both from new entrepreneurs as well as saké brewers extending their skills into a new beverage style. Some top craft beer names include Shiga Kogen Beer, Hakuba Brewing, Myoko Kogen Beer, and Libushi in Nozawa.



Nagano Appellation Control

❋Saké is the traditional local beverage, and there are many top *kura* in Shin'etsu. Nagano is also becoming increasingly well-known for its wines, while craft brewers are also offering a growing number of local beers.



Sake Kimi no I:
Mr. Hiroshi Hayatsu, Sake Master




Sake Mizuo



St.Cousair Winery

# THE ADVENTURE NEVER ENDS

Located in the center of Japan, the area of northern Nagano and southern Niigata is called The Roof of Japan because of the tall mountains found here. It has become a destination where people from all over the world experience some of the world's best powder snow. But once the snow melts in spring and the vast mountains are uncovered, mountain bike trails and parks appear. This area is a popular domestic tourist destination, too, as it is cooler and drier in summer than many of Japan's major metropolitan areas. Ski resorts in Hakuba, Shiga Kogen, Nozawa Onsen and Myoko provide not only mountain bike trails, but also delicious local dishes, historic rural landscapes and onsen (hot springs) where visitors can ease the fatigue of a long journey.




Just across the Niigata border, Myoko's ski areas cover the base of the famous, 2,454-meter-tall Mt. Myoko. Suginohara Ski Resort at the south side of the mountain has gondola-serviced downhill courses. The bike course mainly follows the ski course, meandering down the hill. Flat corners provide a classic, dynamic mountain biking experience, especially when it's dry. This is a great downhill bike park where, in the fall, riders will be on courses cut through Japanese silver grass standing more than two meters tall.




The ski resorts in Hakuba village are surrounded by the Japan Alps, with peaks as high as 3000 meters. They offers 3 bike parks - Iwatake, Hakuba 47 and Snow Harp - and a trail network in Minekata. Both Iwatake and Hakuba 47 are great for freeride and downhill riding. While their courses are mainly for intermediate and expert riders, guided tours are available for beginners and families. They also offer pumptracks at the foot of the hills. Snow Harp is a great place for cross country riding. While they have true XC courses, the hill is mellow enough for riders who are discovering the sport. There are 3 enduro style trails around Minekata.

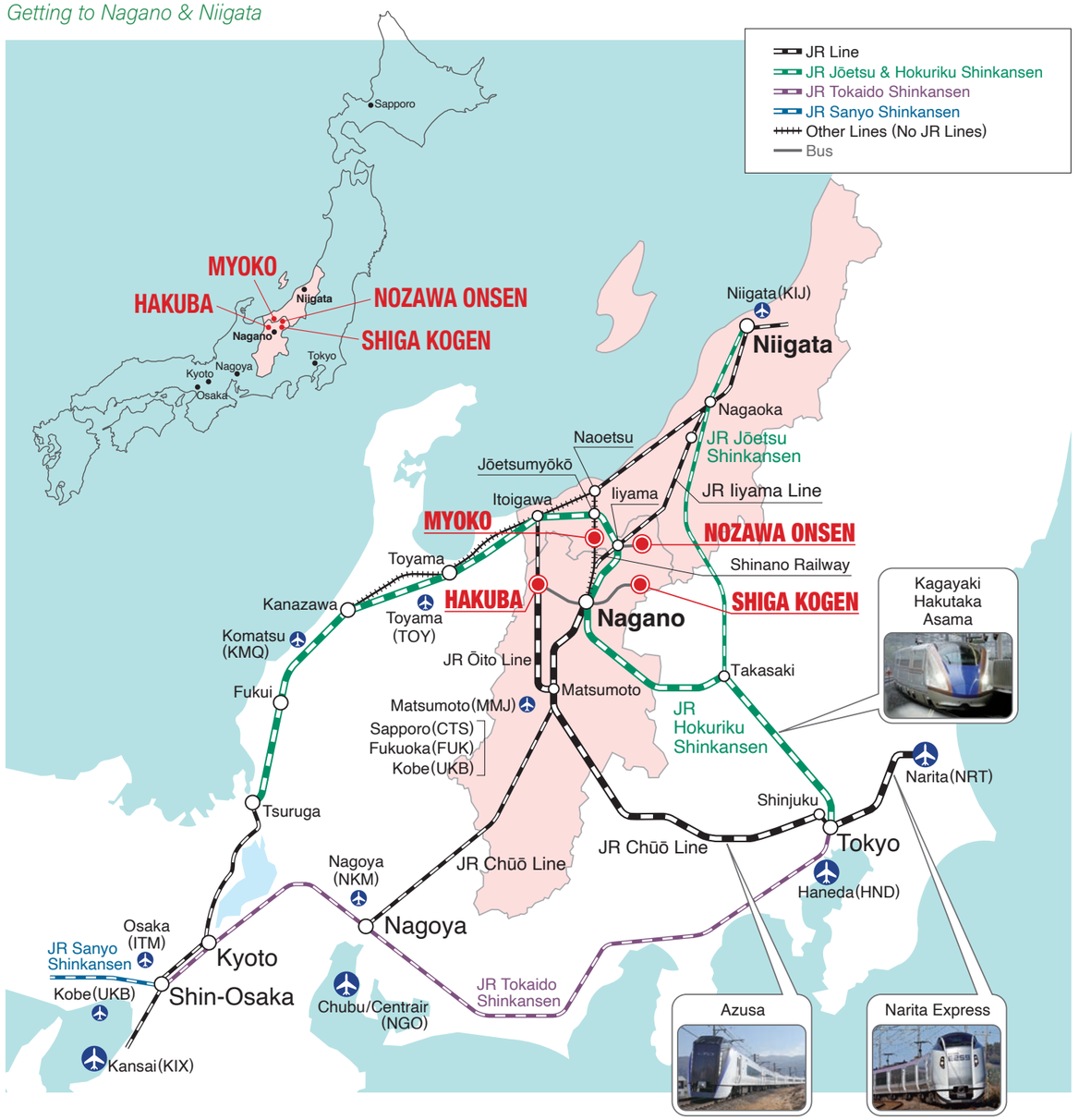



Nozawa Onsen is a fascinating area where traditional Japanese hot spring town meets ski resort. There is a gondola-accessible bikepark, which is famous for its downhill mountain biking. The course is a technical single track near the top of the hill with a gentle slope. As you come down the hill, it goes down a ski run which is rough, fast and steep. Once you get to the bottom, you can go explore the historic town of Nozawa Onsen. You'll find a store that sells a local food called Oyaki (Japanese dumplings) to feed yourself. Also make sure to go soak in one of the public baths to relieve your fatigue from riding.

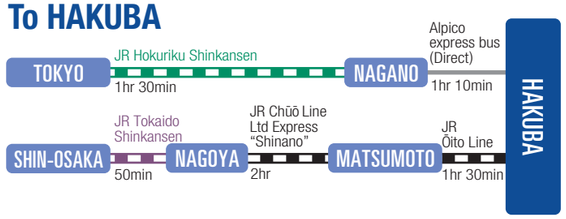



Shiga Kogen is Japan's largest ski area. At its base is Yudanaka & Shibu Onsen Resort, with 1,300 years of history and plentiful hot springs (including nine free public baths open to hotel guests). Above are orchards on the hillsides and a maze of narrow paths providing some fun riding. Further up the road is Jigokudani Yaen-Koen, home to the now world-famous Monkey Park where wild monkeys bathe in their own onsen. Shiga Kogen is a great place to explore Japan's culture and history.

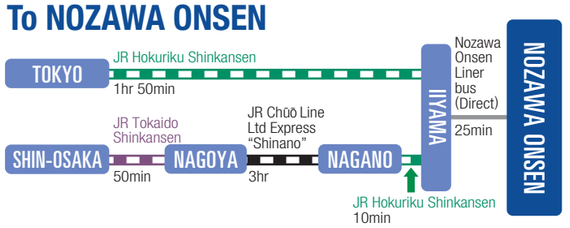
## *Getting to Nagano & Niigata*



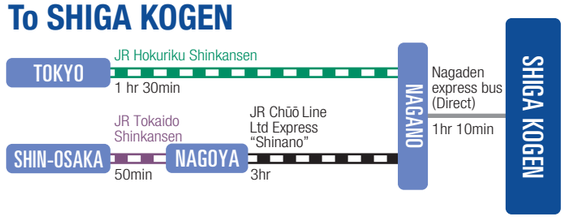

## To HAKUBA



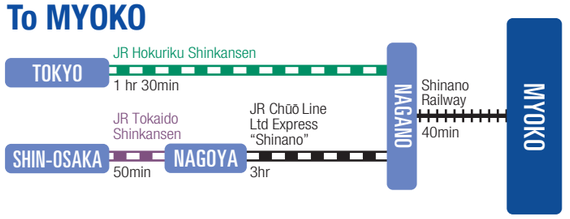

## To NOZAWA ONSEN




## To SHIGA KOGEN




## To MYOKO




★Please be aware that travel times may differ depending on the train.

# Travel Information from Narita Airport to Nagano

## Train and Bus Boarding Information

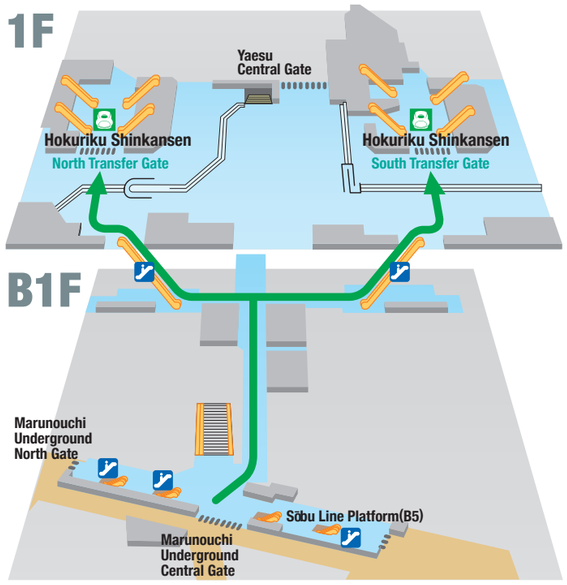
### Changing trains at Tokyo Station

**Transferring at Tokyo Station for the Hokuriku Shinkansen**

Passengers arriving at Narita Airport board the Narita Express to Tokyo. Frequent departures from the airport rail terminal. Upon arrival at Tokyo Station (B5), take escalators up and follow green signs for the Hokuriku Shinkansen. Proceed through the Hokuriku Shinkansen ticket gates. The platform number for the Hokuriku Shinkansen departure is usually 20~23. Make sure you take the Hokuriku Shinkansen.




**Tokyo Station Map**







**Transferring at Tokyo Station for the Narita Express**

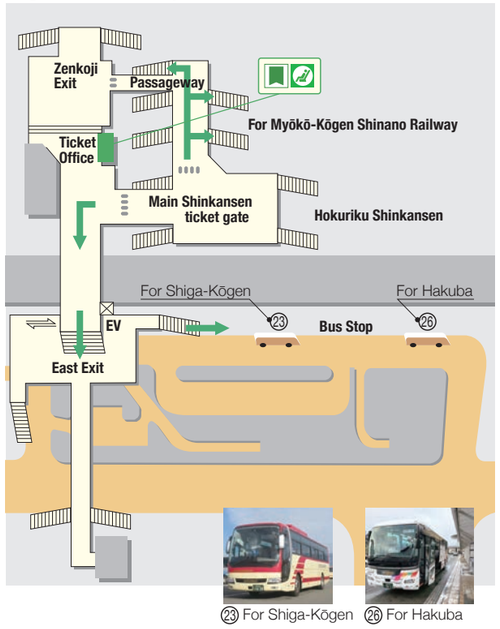
Upon arrival at Tokyo Station exit the Hokuriku Shinkansen tickets gates and follow the signs to Narita Express that departs from platform 1~4 on the Sōbu Line (underground). To get to platform 1~4 on the Sōbu Line (udergground) take the escalators down.

### Arrival at Nagano Station

Upon arrival at Nagano Station, take the escalator up. Passengers travelling to Hakuba or Shiga-Kōgen should turn left on exiting the main Shinkansen ticket gate and use the Nagano Station East Exit. Turn left again at the East Exit and take the escalator or lifts down to the bus stops for Hakuba and Shiga-Kōgen located below.

For Myokokogen, upon arrival at Nagano Station take the escalator up, and go through the ticket gates for the Shinano Railway. Take a train to Myōkō-Kōgen Station.

**Nagano Station Map**

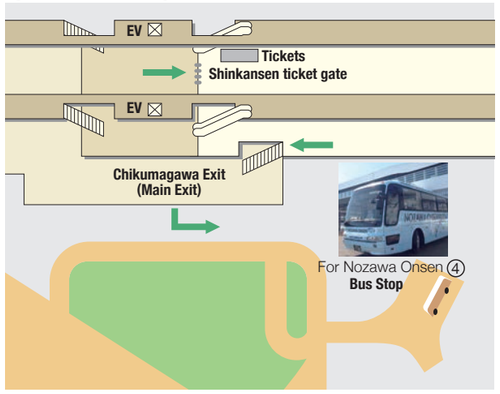



㉓ For Shiga-Kōgen ㉖ For Hakuba

### Arrival at Iiyama Station

For Nozawa Onsen, upon arrival at Iiyama Station take the escalator down, go through the ticket gates and use the Iiyama Station Chikumagawa Exit. The bus stop for Nozawa Onsen is No.4.

**Iiyama Station Map**







# JR Information

## 1. JR East Pass Information

**www.jreast.co.jp/multi/en/pass**

JR East offers a variety of excellent value passes to allow travel throughout Japan and for designated areas of travel in Japan.

# JR EAST PASS

Unlimited rides on all Shinkansen and other JR trains in the “unlimited-ride area”! Enjoy a memorable trip with the top value JR EAST PASS!

**www.jreast.co.jp/en/multi/pass/eastpass.html**

| | Validity period | Adult (age 12 and over) | Child (age 6 to 11) |
|---|---|---|---|
| Prices | 5 consecutive days | 35,000yen | 17,500yen |
| | 10 consecutive days | 50,000yen | 25,000yen |

**Eligibility** Foreign nationals with a non-Japanese passport

**Validity period** 5 consecutive days / 10 consecutive days

*An original, valid passport belonging to the person who is using the rail pass must be presented at the time of purchase/exchange. Copies of passports and other substitute documents are not accepted. *Rail pass type cannot be changed following purchase. *You may purchase multiple rail passes if their periods of validity do not overlap.

## How to Purchase a JR EAST PASS?

### On the website

**www.eki-net.com/en/jreast-train-reservation/Top/Index**

You can purchase passes via the JR-EAST Train Reservation website.

**Passes purchased via JR-EAST Train Reservation can be conveniently picked up at Reserved Seat Ticket Vending Machines!**

### In Japan www.jreast.co.jp/multi/en/customer_support/

**Available for purchase at Reserved Seat Ticket Vending Machines with passport readers and at ticket sales locations in Japan.**

*Limited to Reserved Seat Ticket Vending Machines placed at the JR East stations that have the passport reader installed.
*Tickets can still be purchased and staff consulted at ticket counters. *Only compatible with passports with IC chips.

**At an overseas travel agency** You can purchase an Exchange Order before coming to Japan. After arrival in Japan, please exchange it for the pass.

## 2. Welcome Suica Mobile www.jreast.co.jp/multi/en/welcomesuicamobile/

The Welcome Suica Mobile app for iOS allows users to issue and top-up Suica. Suica is a prepaid form of electronic money that can be used for trains, buses, shopping and more!

## 3. JR EAST Travel Service Centers www.jreast.co.jp/multi/en/customer_support/

JR EAST Travel Service Centers are located in Tokyo Station, Shinjuku Station, Shibuya Station, Ikebukuro Station, Ueno Station, Haneda Airport and both Narita Airport Terminals 1 & 2·3. The service center handles sales and exchange of the JR EAST PASS and JAPAN RAIL PASS. Other services include sales of tickets and sightseeing information.

- We accept most major credit cards. (Traveler's checks are not accepted)
- Please brouse our website for location and business hours.

## 4. JR-EAST Train Reservation www.eki-net.com/en/jreast-train-reservation/Top/Index

“JR-EAST Train Reservation” is a convenient service that allows you to easily reserve seats on JR EAST Shinkansen and major conventional lines' Limited Express trains in advance using the internet before you leave your home country. With this service, you no longer have to worry about not being able to board a train after arriving in Japan.

## ■ Applicable trains

- JR EAST Shinkansen trains: Reserved Seats on the Tōhoku Shinkansen, Akita Shinkansen, Yamagata Shinkansen, Jōetsu Shinkansen, Hokuriku Shinkansen. ※Section between Jōetsumyōkō and Kanazawa lies within the area of JR West.
- JR EAST major conventional lines' Limited Express trains: Reserved Seats on the Narita Express, Tōkaidō Line Limited Express trains, Chūō Line Limited Express trains, Jōban Line Limited Express trains, etc.

As of May, 2026

Your Travel Agent

**Tourism Commission of Hakuba Village**
www.vill.hakuba.nagano.jp

**Shiga Kogen Tourism Association**
www.shigakogen.gr.jp/english/index.html

**Nozawaonsen Mountain Resort Tourism Bureau**
www.nozawakanko.jp

**Myoko Tourism Management**
www.myokotourism.jp

CLASSIC RESORTS JAPAN
HAKUBA · SHIGA KOGEN · NOZAWA ONSEN · MYOKO

**NAGANO-NIIGATA Snow Resort Alliance**
**www.classic-resorts.jp**

East Japan Railway Company, Nagano and Niigata branches
Tourism Commission of Hakuba Village
Shiga Kogen Tourism Association
Nozawaonsen Mountain Resort Tourism Bureau
Myoko Tourism Management
Tourism Promotion Division,Niigata Prefectural Government
Nagano Tourism Organization

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