Hot Spring

Each hot spring has its own unique view, atmosphere, and water quality. They all deserve to be visited and experienced.

Hachimantai is home to a number of hot springs because of the volcanic landscape. Hot springs of various types are scattered throughout the area. In Hachimantai, you can choose from a wild outdoor bath or a large scenic bath depending on your taste. There are so many reasons to visit, including interacting with hot spring overseas and yakusen baths and enjoying seasonal mountain delicacies.

Hachimantai Royal Hotel
Hot spring heads in the Hachimantai Hot Springs Village area provide simple sulfur spring water known for its smoothness.

Nature Retreat, Nakayama-so
A rare hot spring, also known as Nakayama Water, famed for the steam qualifying up from 24 meters underground that is used for the hot spring.

Shin Aggi Onsen, Seiriyukaku
This strong salt spring is red in color and makes your skin smooth while it heats your body from within.

Matsukawa Onsen
The Matsukawa Onsen complex has four guesthouses for top (long-term hot spring treatment) with 125 years of history and its inauguration. It features a simple sulfur spring. Seasonally changing views and the refreshing breeze from the mountain stream add to the comfort provided by the hot spring.

Outdoor & Trekking

Stroll in the 1,600m wide garden
Trekking in Hachimantai does not require serious gear or previous experience. Anyone can experience the spectacular natural presence of this mountain that is known as one of the 100 most celebrated mountains in all of Japan. Starting at Hachimantai, you can continue along various other trails including Chausudake or traverse across Uta-haide. It is one of the best mountain ranges in Haide.

Iwate Hachimantai Trekking Guide
Trekking guide to some of the 100 most celebrated mountains in Japan including Chausudake, Mt. Iwate, and Mt. Hachimantake as well as other great mountains in the Tohoku region.

Shikoku
Kiyamoto
Matsukawa

Appi Onsen Patio
This full-heated hot spring is open to visitors not spending the night and features both a spacious bath and the largest sauna in Japan.

Appi Icecave
This unique, ice-covered ice cave is a popular tourist attraction.

Shirakawa
Kiyamato
Matsukawa

Shin Aggi Onsen, Seiriyukaku
This strong salt spring is red in color and makes your skin smooth while it heats your body from within.

Shikoku
Kiyamoto
Matsukawa

Outdoor & Trekking

Fall in the 1,600m wide garden
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Hachimantai wild grape products
These products are made from wild grapes in Hachimantai. With no additive or added sugar, you can enjoy the healthy taste of nature’s fruits. Be sure to try the wild grape juice and cookies as well.

Appi Icecave
This unique, ice-covered ice cave is a popular tourist attraction.

Shikoku
Kiyamoto
Matsukawa

Autumn color viewing

Take it slow and soak in the view
You know that fall is coming to Hachimantai when the grass at the summit changes color above the lush green below. This color slowly spreads down to the plains below, reaching its climax below Maru no Choshi bridge and revealing a stunning tapestry of fall colors in the Matsuoka Gorge. A secondary forest of beech trees on the Appi Plateau turns such a bright yellow that it is as if a lemon shower were descending. Visitors are advised to bring an extra layer of clothing when visiting during this season.

Hachimantai Summit Bus stop lies at the crossroad of northern and southeastern routes.

A scenic drive through the corridor of fall colors
Go for a drive to enjoy beautiful mountain views. Three popular routes are the Hachimantai Aspen Line from Goshin to the Hachimantai peak, the Hachimantai Jubei Line that connects Hachimantai and Matsuoka Iwate hot spring, and the IW. Iwate Panorama Line that travels along the foothills of Mt. Iwate.

Hachimantai City

AccesS

Four seasons of Hachimantai

With a clear blue sky and mountain views, Haide is a great destination for couples or families. With many different activities to choose from, Haide is the perfect place for outdoor enthusiasts.

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