

kushiro

Thorough Guidebook of Lively Experience in Kushiro



spring



summer



KUSHIRO

autumn



winter



A magnificent natural environment encompassing two national parks

NATURE

FOOD

A wealth of natural fresh food

A variety of activities for all seasons

ACTIVITY

TOWNSCAPE

Characteristic streets with an exotic atmosphere

Map of East Hokkaido



Simplified table of distances between major cities and towns
 Estimated travel times listed below are calculated based on the average speed.

| | 釧路 Kushiro | 厚岸 Akkeshi | 根室 Nemuro | 中標津 Nakashibetsu | 標茶 Shibecha | 弟子屈 Teshikaga | 鶴居 Tsurui | 阿寒湖 Akankō |
|------------------|--------------------|--------------------|--------------------|-------------------|--------------------|-------------------|-------------------|-------------------|
| 厚岸 Akkeshi | 49km 1hr | | | | | | | |
| 根室 Nemuro | 124km 2hr.30min | 79km 1hr.35min | | | | | | |
| 中標津 Nakashibetsu | 91km 1hr.50min | 76km 1hr.30min | 78km 1hr.35min | | | | | |
| 標茶 Shibecha | 50km 1hr | 38km 45min | 117km 2hr.20min | 46km 55min | | | | |
| 弟子屈 Teshikaga | 75km 1hr.30min | 63km 1hr.15min | 118km 2hr.20min | 45km 55min | 25km 30min | | | |
| 鶴居 Tsurui | 35km 40min | 72km 1hr.25min | 151km 3hr | 80km 1hr.35min | 34km 40min | 37km 45min | | |
| 阿寒湖 Akankō | 74km 1hr.30min | 103km 2hr | 158km 3hr.10min | 85km 1hr.40min | 65km 50min | 40km 50min | 77km 1hr.30min | |
| 羅臼 Rausu | 154km 3hr.5min | 140km 2hr.50min | 133km 2hr.45min | 67km 1hr.20min | 110km 2hr.10min | 105km 2hr.5min | 154km 3hr.5min | 125km 2h.30min |

Kushiro Shitsugen National Park

The Kushiro Marsh is a wetland registered under the Ramsar Convention and Japan’s largest wetland with an area of 28,000 ha. Blessed with diverse ecosystems, the park is particularly renowned as a habitat for the Japanese crane (Red-crowned Crane), a Special Natural Monument.

Kushiro City Marsh Observatory

This building, reminiscent of an old European castle, is full of information on the wetland and is surrounded by a boardwalk 2.5 km in circumference. The “satellite square,” located in the middle section of the boardwalk, offers the best overlooking view west of the Kushiro Marsh. (The boardwalk is partially closed in winter.)
Hours: 8:30-18:00 in summer (May – Oct.)
9:00-17:00 in winter (Nov. – Apr.)
Closed: Dec. 31 – Jan. 3
Admission fee: 470 yen (adult), 250 yen (high school), 120 yen (junior high and elementary school)
Access: Take Akan Bus, Tsurui & Hororo Route, from JR Kushiro Station Bus Terminal (approx. 40 min.) to Marsh Observatory Bus Stop; 680 yen (adult)
TEL/FAX: 0154-56-2424

Hosooka Viewpoint

This observatory is representative of the eastern portion of the wetland. It offers a spectacular view of the Kushiro River meandering through the wetland and the sun as it sets over the wetland with Mt. Oakan and Mt. Meakan in the distance.
Access: Take Senmo Line from JR Kushiro Station (approx. 15 min.) to Kushiro Shitsugen Station, and walk for 10 min.; 360 yen (adult)

Hosooka Visitor’s Lounge

Located near Hosooka Viewpoint, Hosooka Visitor’s Lounge is a rest facility where materials regarding the wetland are exhibited. The Lounge also has a coffee shop and a store.
Hours: 9:00-17:00 (Apr. – May)
9:00-18:00 (June – Sep.)
9:00-16:00 (Oct. – Nov.)
10:00-16:00 (Dec. – Mar.)
Closed: Dec. 31 – Jan. 5
Admission fee: free
TEL/FAX: 0154-40-4455

Hokuto Viewpoint

Hokuto Viewpoint commands a panoramic view of the wetland from the west. You can feel the sheer size of the Kushiro Marsh from here with nothing to obstruct your view.
Access: Approx. 500 m from the Kushiro City Marsh Observatory

Kottaro Marsh Viewpoints

From the Kottaro Marsh Viewpoints, you can witness the most primeval images of the wetland.
Access: Approx. 50 min. by car from Kushiro City

Fully Playing in the Wetland

Walking along the boardwalk

Taking a stroll on the boardwalk is the most suitable way to observe the wild birds and plants. Let’s roam along the boardwalk while enjoying fresh air.

Onnenai Boardwalk

A wooden walkway with courses ranging from 500 m to 3 km in length. Choose one that best suits your needs and enjoy observing the wild birds and vegetation. What’s more, the 2 km-course is wheelchair accessible. Since snow is not removed in winter, visitors can enjoy cross-country skiing here.
Onnenai Visitor Center
The Onnenai Visitor Center offers a lot of information on flora and fauna that can be observed along the boardwalk. Complementary skis and snowshoes are available in winter.
Hours: 9:00 – 17:00 (Apr. – Oct.) / 9:00 – 16:00 (Nov. – Mar.)
Closed: Tue. , and Dec. 29 – Jan. 3
Admission fee: free
Access: Take Akan Bus, Tsurui & Hororo Route, from JR Kushiro Station Bus Terminal (approx. 50 min.) to Onnenai Visitor Center Bus Stop; 720 yen (adult)
TEL/FAX: 0154-65-2323/0154-65-2185



Kushiro Shitsugen National Park



Kushiro City Marsh Observatory



Kushiro Marsh at dusk



Hosooka Viewpoint



Marsh Jacob's Ladder in full bloom



Hokuto Viewpoint



Kottaro Marsh Viewpoints



Walking along the boardwalk



Daylily

Canoeing & Rafting

Traveling down the Kushiro River, which meanders through the marsh, you can experience the marsh in the same way as flora and fauna in the marsh do.

Experience-based tourist agencies

- ・R (アール)
- ・Canoe Pro (カヌープロ)
- ・Lakeside Toro (レイクサイドとうろ)
- ・Toro Nature Center (塘路ネイチャーセンター)
- ・Canoe Shop Hiraiwa (カヌーショップヒライワ)
- ・Kushiro Marsh & River (釧路マーシュ&リバー)
- ・Lodge Shirarutoro (ロッジシラルトロ)
- ・ReRa (レラ)
- ・Mintara (ミンタラ)
- ・Kushiro Sightseeing Guide Association (釧路観光ガイドの会)
- ・Shien net Kushiro (支援NET釧路)
- ・Family Canoe Toro(ファミリーカヌーとうろ)
- ・Taito Nature Club(TAITO ネイチャー 倶楽部)
- ・NPO Yachinokai(NPO法人 やちの会)
- ・B&B Come Home(湿原の宿 B&B かむほーむ)
- ・Kusuri DEKOBOKO Guide Company(クスリ凸凹旅行舎)
- ・Kushiro River Canoe Touring Grace Field(釧路川カヌーツーリング Grace Field)
- ・Kushiro Activities Tours bay Lounge SEA CRANE
- ・Old place

TEL/FAX

0154-65-4100/0154-65-4100
0154-91-9838/0154-91-9837
015-487-2172/015-487-2220
015-487-3100/015-487-3101
0154-91-6185/0154-91-8829
0154-23-7116/0154-22-2864
015-487-2325/015-487-2388
0154-36-5431/0154-36-5431
0154-91-5763/0154-91-5763
090-4878-7663/0154-91-6292
0154-36-2842
015-487-2888/015-487-2888
0154-64-3111/0154-64-3333
090-5220-9779/0154-91-1644
015-487-3360/015-487-3360
0154-37-6513/0154-37-6513
090-8631-0946/0154-51-6400
0154-41-7511/0154-41-7511
080-3259-6557

Horseback riding

Let's trek through the surrounding area and deep in the wetland on horseback. With easy lessons, even beginners will feel comfortable with horseback riding.

Tsurui Dosanko Pasture

Access: 45 min. by car from Kushiro Airport.

TEL/FAX:0154-64-2931 / 0154-64-7468

Kushiro Fureai Horse Park

Access: 10 min. by car from Kushiro Airport.

Take Akan Bus, Yamahana Onsen Refre Route or Akan-cho Route, from JR Kushiro Station Bus Terminal to Yamahana Onsen Refre Bus Stop, and walk 5 min.; 870 yen (adult)

TEL/FAX: 0154-56-2566

★Both facilities require reservations.

“Kushiro Shitsugen Norokko-Train” and “SL Fuyu-no-Shitsugen-Train”

Kushiro Shitsugen Norokko-go, a train slowly running through the green wetland in summer, and the smoke emitting steam locomotive, traveling through white snowfields in winter, have become typical sights of the Kushiro Marsh.

Kushiro Shitsugen Norokko-go: one or two round trips per day between Kushiro Sta. and Toro Sta.

SL Fuyu-no-Shitsugen-go: one round trip per day between Kushiro Sta. and Shibechea Sta.

Hokkaido Railway Company Kushiro Branch Site: <http://www.jrkushiro.jp/>

Hokkaido Railway Company Global Site:<http://www2.jrhokkaido.co.jp/global/index.html>

Japanese Crane, the Symbolic Bird

Reduced to a population of over a dozen, the Japanese crane became endangered as a result of indiscriminate hunting. Thanks to the conservation efforts of neighboring residents, however, the population has increased and the Japanese crane was designated as a Special Natural Monument in 1952. Currently, approximately 1,000 Japanese cranes live in East Hokkaido throughout the year. The largest bird in Japan, Japanese cranes are regarded as birds of love since, once they have found a mate, they remain in pairs for the rest of their lives and cooperate in bringing up their offspring.

Japanese cranes can be seen throughout the year.

・Kushiro Japanese Crane Reserve

Currently (2016), 14 Japanese cranes live in this park.

Hours: 9:00-18:00 (Apr. 10 – 2nd Mon. of Oct.)

9:00-16:00 (2nd Tue. of Oct. – Apr. 9)

Closed: Dec. 31 – Jan. 3

Admission fee: 470 yen (adult), 110 yen (child)

Access: Take Akan Bus, Lake Akan Route, from JR Kushiro Station Bus Terminal (approx. 55 min.) to Tsuru Koen Bus Stop; 910 yen (adult)

TEL/FAX: 0154-56-2219 / 0154-56-2216

・Kushiro Zoo

The Kushiro Zoo has the Tancho Protection and Propagation Center. In addition, Blakiston's fish owls, Steller's sea eagles and white-tailed sea eagles, which are all natural monuments, can also be seen here.

Hours: 9:30-16:30 (Apr. 10 – 2nd Mon. of Oct.) / 10:00-15:30 (2nd Tue. of Oct. – Apr. 9)

Closed: Dec. 29 to Jan. 2, and every Wednesday Dec. through Feb.

Admission fee: 570 yen (adult), free (junior high & younger)

Access: Take Akan Bus, Refre Route or Akan-cho Route, from JR Kushiro Station Bus Terminal (approx. 1hr.) to Dobutsuen (Zoo) Bus Stop; 870 yen (adult)

TEL/FAX : 0154-56-2121 / 0154-56-2140

Wild Japanese cranes gather in several hundreds in the following feeding grounds from late October to late March:



Canoeing & Rafting



Horseback riding



Kushiro Shitsugen Norokko-go



SL Fuyu-no-Shitsugen-go



Japanese Crane, the Symbolic Bird

•Akan International Crane Center (Grus) /Tancho Observation Center

Japan's only facility engaging in Japanese crane research, education and protection. The facility contains exhibits with commentaries, and Japanese cranes can be viewed there all year round in a semi-natural outdoor environment.

During the November – March period of artificial rearing at the adjacent Tancho Observation Center, up to around 300 wild Japanese cranes can be seen.

Hours: 8:30-16:00(Nov. – Jan.) / 8:30-16:30(Feb. – Mar.)

Admission fee: 470 yen (adult), 240 yen (junior high & younger) (common ticket with Akan International Crane Center)

Access: Take Akan Bus, Lake Akan Route, from JR Kushiro Station Bus Terminal (approx. 1 hr.) to Tancho no Sato Bus Stop; 1,450 yen (adult)

Feeding time: early morning

TEL/FAX:0154-66-4011/0154-66-4022

- Tsurumidai Plain

Access: Take Akan Bus, bound for Tsurui, from JR Kushiro Station Bus Terminal (approx. 1 hr.) to Tsurumidai Bus Stop; 1,000 yen (adult)

Feeding time: morning and around 14:30

• Tsurui/Itoh Tanchō Sanctuary

Access: Take Akan Bus, bound for Tsurui, from JR Kushiro Station Bus Terminal (approx. 1 hr.) to Tsurui Mura Yakuba mae Bus Stop, and walk 15 min.; 1,250 yen (adult)

Feeding time: around 9:00

TEL/FAX:0154-64-2620/0154-64-2239

Shitsugen Marshland 55 Pass

Enjoy 5 local sightseeing spots for 5 days at one special low price
with the Shitsugen Marshland 55 Pass!



Pass Valid At:

- Kushiro Marsh Observatory
- Kushiro Zoo
- Kushiro City Museum
- Kushiro Japanese Crane Reserve
- Akan International Crane Center

Cost: 1,020 yen

Learn about wetlands at Kushiro City Museum, enjoy a stroll and marvel at the view from Kushiro Marsh Observatory, meet the inhabitants of the wetlands such as Blakiston's Fish Owl at the Kushiro Zoo, and experience the grace of the spirit of the wetlands, the Japanese Crane, at the Crane Park and Crane Center.

Map of Kushiro Marsh and Places Where Japanese Cranes Can be Seen



Strolling in Kushiro City

Nusamai Bridge

Nusamai Bridge is one of the top three bridges in Hokkaido, along with Toyohira Bridge in Sapporo and Asahi Bridge in Asahikawa. It is enveloped with white sea fogs in summer and colored red by the setting sun in autumn.

10-min. walk from JR Kushiro Station

Statues of the Four Seasons

Bronze statues symbolizing the four seasons of East Hokkaido, made by a sculptor representative of modern Japan, are standing on the rails of Nusamai Bridge.

Kushiro Fisherman's Wharf MOO

Representing the waterfront of Kushiro, Fisherman's Wharf MOO consists of restaurants and shops. The wharf accommodates numerous souvenir shops and eateries ranging from large-scale restaurants and food stalls at the port. (Minato no Yatai)

10-min. walk from JR Kushiro Station

EGG

Adjoining MOO, EGG is a dome-shaped greenhouse. Why don't you enjoy briefly basking in the woods when you become tired from shopping or walking along the wharf.

Kushiro City Museum

Located at the edge of Lake Harutori, the Kushiro City Museum building is featured by its shape as a Japanese crane spreading its wings. The museum offers information on the geography, history and climate of Kushiro.

Hours: 9:30~17:00 (admission until 16:30)

Admission fee: 470 yen (adult), 250 yen (high school), 110 yen (elementary and junior high school)

Closed: Mon., facility organization days, national holidays between November 4 and March 31, and New year period.

Access: Take Kushiro Bus, Route No. 2, 12, 17, 30 or 55, from JR Kushiro Station Bus Terminal (approx. 10 min.) to Nusamai Chugakko (Junior High School) mae Bus Stop, and walk 5 min.; 220 yen (adult)

TEL/FAX: 0154-41-5809/0154-42-6000

Kushiro City Lifelong Learning Center (Manabotto Nusamai)

The Center's appearance is based on the image of a lighthouse. From the restaurant and the observation room on the 9th and 10th floor, you can enjoy not only a panoramic view of Kushiro City, but also the mountains in Akan and Cape Erimo in the distance.

Hours: 9:00-22:00

Closed: Mon., and New year period.

Access: 20 minute-walk from JR Kushiro Station

TEL/FAX: 0154-41-8181/0154-41-8182

Yonemachi Park

The Yonemachi Park area, overlooking the Port of Kushiro, is the birthplace of Kushiro City. On the opposite side of the park is Yonemachi Heritage Museum, the oldest wooden house in Kushiro City.

Yonemachi Heritage Museum

Yonemachi Heritage Museum has an archive dedicated to Takuboku Ishikawa, a poet associated with Kushiro.

Closed: Mon., and Oct.1 – Apr. 30

Access: Take Kushiro Bus Route No. 1 from JR Kushiro Station Bus Terminal (10 min.) to Yonemachi Koen (Park) mae Bus Stop; 210 yen (adult)

Golf Courses in the Suburbs of Kushiro City

There are a number of first-class courses in Kushiro Subprefecture. It is exceptional to play golf in the midst of magnificent nature and in the refreshing air.

Kushiro Country Club 36 holes, 14,044 yards, par 144

Shimohororo, Tsurui Village, Akan-gun TEL/FAX: 0154-65-2331 / 0154-65-2078

Period open to the public: throughout mid Apr. – late Nov.

Akan Country Club 27 holes, 10,594 yards, par 108

14, Shitakara, Akan Town TEL/FAX: 0154-66-3833 / 0154-66-3835

Period open to the public: throughout mid Apr. – late Nov.

Kushiro Furin Country Club 27 holes

TEL/FAX: 0154-65-2121 / 0154-65-2445

Kushiro Airport Golf Club 27 holes

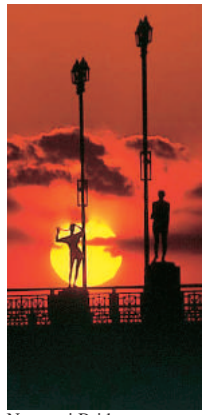
TEL/FAX: 01547-5-3131 / 01547-5-3133

Shin Kushiro Golf Club 18holes

TEL/FAX: 0153-56-2141 / 0153-56-2332



Nusamai Bridge enveloped in fog



Nusamai Bridge



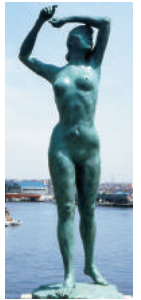
Statues of the Four Seasons
Spring



Summer



Autumn



Winter



Kushiro Fisherman's Wharf MOO•EGG



EGG



Kushiro City Museum



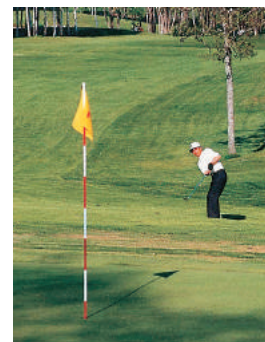
Kushiro City Lifelong Education Center (Manabotto Nusamai)



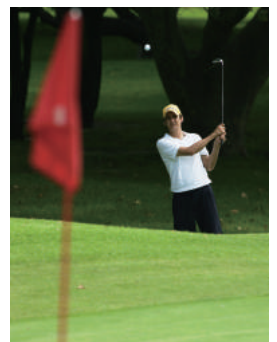
Yonemachi Park



Yonemachi Heritage Museum



Golf course in Kushiro suburbs



Enjoying Shopping in Kushiro

Showa District

There is a large-scale shopping mall, and surrounding it are drug stores, toy stores and electric appliance shops.
Access: Take Kushiro Bus Route No.28,66 or 77 from JR Kushiro Station Bus Terminal (approx. 30 min.) to AEON Kushiro Showa Shopping Center Bus Stop; 370 yen

Kushiro-cho District

Featuring a shopping center with stores that carry brand names popular among young women, men’s tailors and sporting goods retailers.
Access: Take Kushiro Bus Route No.10.26.32.35.55 or 101 from JR Kushiro Station Bus Terminal (approx. 30 min.) to AEON Kushiro Bus Stop; 270 yen

Harutori District

With a shopping complex dealing in stationery, CDs, videotapes and publications on a vast one floor as the core, there are also drug stores, fashion volume retailers and revolving sushi bars, and other restaurants. Adjoining the shopping complex is the Harutori Ice Arena, where you can enjoy ice skating.
Access: Take Kushiro Bus Route No. 17 or 30 from JR Kushiro Station Bus Terminal (approx. 20 min.) to Coach & Four Bus Stop; 260 yen (adult)

Harutori Ice Arena

Hours: 10:00 – 16:00
Closed: Dec. 31, Jan. 1, and June 1 – July 31
Fees: 490 yen (adult), 370 yen (high school), 250 yen (junior high school), 170 yen (elementary school & younger)
Skates for rent: 300 yen
TEL/FAX: 0154-46-5115

Downtown (from in front of JR Kushiro Station to Kita-Odori)

This is the center of Kushiro City, which also serves as the starting point for transportation systems. Seafood and souvenirs from Hokkaido can be found primarily at the Washo Market, one of the top three markets in Hokkaido located in front of JR Kushiro Station, and Kushiro Fisherman’s Wharf MOO at the foot of Nusamai Bridge.
Washo Market – Accommodating approximately 60 shops, Washo Market is considered to be the kitchen of the residents of Kushiro City. Crabs, salmon and other fresh seafood landed in Kushiro as well as processed seafood can be bought here. In recent years, “Katte-Don (Donburi Rice Bowl)” has been very popular among tourists.
Katte-Don – Top your boiled rice, available at a delicatessen, with your choice of sashimi (slices of raw fish) from a variety of stores.
Access: 2 min.-walk from JR Kushiro Station

Kushiro’s Flavors and Dishes

Hearthside barbecue Robata: Kushiro is believed to be the cradle land of hearthside barbecue. Fresh seafood grilled over charcoal is delicious beyond expression.

Sushi: Sushi that uses fresh ingredients from Kushiro’s port is exceptional. Sushi in Kushiro is touted as the best in Japan whether you eat it at an exclusive sushi restaurant or a casual revolving sushi bar.

Ramen: Kushiro ramen features thin noodles and light soup. It is one of the four major types of ramen noodles, along with Sapporo, Asahikawa and Hakodate ramen.

Soba or buckwheat noodles: Yabu soba (dark, sweet noodles made from the whole buckwheat grain) is the mainstay soba in Kushiro and is characterized by its unique strong taste and sweet dip. Dishes unique to Kushiro, such as egg-mixed buckwheat noodles and soba zushi (buckwheat noodle rolls), are also available.

Zangi: Deep-fried chicken is called “zangi” in Hokkaido. The people of Kushiro dip zangi into sauce, which is so simple in taste so that they can eat a lot.

Sweets: Kushiro has a wide variety of sweets, ranging from ice cream abundant in high-quality locally produced raw milk and other dairy products to Japanese bean and pea based confectionaries.

Local sake: Locally-brewed sake “Fukutsukasa” was born out of the tasty waters in Kushiro and rice produced in the famous paddies of Tohoku.



Showa District



Kushiro-cho District



Harutori District



Downtown (from in front of JR Kushiro Station to Kita-Odori)



Washo Market



Katte-Don



Sushi

List of Restaurants

| Japanese & Local Cuisine | | | Hearthside barbecue / Japanese-style Pub | | | Other | | |
|--|-----------------------------|-------|--|---|---------|---------------------------|--|---------|
| ① 駒形家 | Komagataya | 10P | ②④ 旨いんだもん | Umaindamon | 10P | ⑫ レストラン 泉屋 | Restaurant Izumiya (Western) | 10P~12P |
| ② ふく亭権梯楼 | Fukutei kaiteirou | 12P | ⑤ とり介 | Torinosuke | 11P | ⑬ たかつな | Takatsuna (Local Cuisine) | 10P |
| ③ 醍醐 | Daigo | 10P | ⑥ 山の猿 | Yamanosaru | 12P | ⑭ どれみふあ空 | Doremifa Sora (Cafe Restaurant) | 6P |
| ④ ちく半 | Chikuhan | 10P | ⑦ 旬菜酒房参久 | Shunsaishubo Sankyu | 10P | ⑮ イタリアンピッツアポロネ | Italian Pizza Porone | 10P |
| ⑤ とん尻 | Tonki | 10P | ⑧ 炭串焼き・石焼 串石 | Sumibikushiyaki ishiyaki Sengoku | 10P | ⑯ 味よし | Miyoshi | 10P |
| ⑥ 八千代本店 | Yachiyohonten | 10P | ⑨ 炭焼き「肉バル」NIKU18 | Sumiyakinikubarl Niku18 | 10P | ⑰ レストラン 憩っと | Restaurant Ikotto | 6P |
| ⑦ 六園荘 | Rokuenzo (Reservation-only) | 12P | ⑩ 炭火居酒屋 晴れる家 | Sumibiizakaya Hareruya | 11P | ⑱ イオマンテ | Iomante (Kushiro style French) | 10P |
| ⑧ 瓢 | Fukube | 10P | Ramen | | | ⑲ 釧ちゃん食堂 | Senchan Shokudo | 11P |
| ⑨ ふく亭 | Fukutei | 6~10P | ① 河むら | Kawamura | 10P | ⑳ ステーキ宮 | Steak Miya | 12P |
| ⑩ かつ善 | Katsuzen | 11P | ② かど屋 | Kadoya | 10P | ㉑ アールベルアンジェ貴賓館 | Art bell Ange (Group Reservation only) | 11P |
| ⑪ 釧里 | Senri (Reservation-only) | 12P | ③ 魚ーらーめん工房 | Uocchi Ramen Koubou | 10P | ㉒ Jama mart coffee | | 12P |
| Hearthside barbecue / Japanese-style Pub | | | ④ ラーメン純水 | Ramen Junsui | 10P~12P | ㉓ カフェ ジョナサン | Cafe Jonathan | 10P |
| ① いろはにほへと | Irohanihoheto | 10P | ⑤ 麺や北町 | Menyakitamachi | 11P | ㉔ Sengoku Terrace itari | | 10P |
| ② あぶり家 | Aburiya | 10P | Sushi | | | Other | | |
| ③ 案山子 | Kakashi | 10P | ① なごやか亭 | Nagoyakatei | 11P12P | ① ケンタッキーフライドチキン | Kentucky Fried Chicken | 11P12P |
| ④ ちゃりんこ | Charinko | 10P | ② くしろ都寿司 本店 | Kushiro Miyakozushihonten | 10P | ② ミスタードーナツ | Mister Donut | 11P12P |
| ⑤ 鳥政 | Torimasa | 10P | ③ やちよ寿司 本店 | Yachiyo zushihonten | 10P | ③ ピザハット | Pizza Hut | 11P12P |
| ⑥ 魚政 | Uomasa | 10P | ④ 鮎茶寮 四季彩 | Sushisaryo Shikisai (Reservation-only) | 10P | ④ マクドナルド | McDonald's | 11P12P |
| ⑦ 番小屋 | Bangoya | 11P | Buckwheat Soba Noodles | | | Bars / Clubs / Snack bars | | |
| ⑧ 居酒屋 あけぼの | Izakaya Akebono | 10P | ① 竹老園 東家総本店 | Chikuroen Azumaya | 12P | ① スナック アンナ | Snack Anna | 10P |
| ⑨ 炙ばた しらかば | Robata Shirakaba | 10P | ② そば処 日本橋 | Sobadokoro Nihonbashi | 11P12P | ② パブスナック あけぼの | Snack Akebono | 10P |
| ⑩ 炙ばた 煉瓦 | Robata Renga | 10P | ③ 寿庵 | Juan | 11P | ③ ナイトイン稀々 | Night in Mama | 10P |
| ⑪ 酒楽 | Shuraku | 10P | ④ 北大通東家 | Kitaodori Azumaya | 10P | ④ スグレイス | Sgrays | 10P |
| ⑫ 鮭番屋 | Sakebanya | 11P | Other | | | ⑤ スナック あい | Snack Ai | 10P |
| ⑬ ろばた 鱗 | Robata Uroko | 10P | ① 鳥善 | Toriyoshi (Zangi-Fried Chicken Kushiro Style) | 10P | ⑥ ニューカメラード | New Camerade | 10P |
| ⑭ 炙ばた 釧路しづげん | Robata Kushiro shitsugen | 10P | ② 北斗 | Hokuto | 6P | ⑦ BAR YOKOHAMA | | 10P |
| ⑮ 岸壁炙ばた | Ganpekirobata | 10P | ③ 焼肉菜包ぼくぜん | Yakinikusaihou Bokuzen (Korean Barbecue) | 11P12P | ⑧ Bar 麗光 | Bar Reiko | 10P |
| ⑯ ちくぜん | Chikuzen | 10P | ④ レストラン 北ふく楼 | Restaurant Kitafukuro | 10P | ⑨ カクテル・スナック 笑の館 | Cocktail・Snack Warai no Yakata | 10P |
| ⑰ はたご家 | Hatagoya | 10P | ⑤ 釧路霧のビール園 | Kirinobiuruen (Mongolian Barbecue and Beer) | 10P | ⑩ HANANOYA | | 10P |
| ⑱ 和創会席ゆらり | Wasoukaiseiki Yurari | 10P | ⑥ 長村牧場阿寒モルト牛 焼肉店 | Osamurabokujyo AKAN MALT BEEF Yakinikuten | 6P | ⑪ プロスパー two side 天照 | Prosper two side Amaterasu | 10P |
| ⑲ 海へ | Umie | 10P | ⑦ Yakiniku Dining 弦 | Gen (Korean Barbeque) | 12P | ⑫ ラウンジ プラチナ | Lounge Platinum | 10P |
| ⑳ 炙ばたかじか | Robata kajika | 10P | ⑧ オルディネール | Ordinaire (French) | 10P | ⑬ リード | LEAD | 10P |
| ㉑ 旬鮮炙ばた もりや | Shunsen Robata Moriya | 10P | ⑨ 七人の小人 | Shichinninokobito (Western) | 10P | ⑭ 世界のビールが飲める店ビリケン | World beer bar billiken | 10P |
| ㉒ 虎や | Toraya | 10P | ⑩ 花ばんや | Hanabanya (Local and Western) | 10P | | | |
| ㉓ 焼き鳥バル 鳥ブル | Yakitoribaru Toripuru | 10P | ⑪ メリーさんのひつじ | Meriisan no hitsuji (Western) | 6P | | | |

List of Accommodation Facilities

The charges, telephone numbers, fax numbers, etc. listed in this leaflet are as of April 2017. The charges listed in this leaflet include taxes and are for accommodations without meal services unless otherwise stated. Area code (0154)

| Name | | Tel | Fax | Prices per person (incl. tax) | Map (page) |
|--------------------|------------------------------|---------|---------|-------------------------------|------------|
| ホテル Hotel | | | | | |
| ① 駅前ホテルパルデー釧路 | Ekimae Hotel Palude Kushiro | 22-3111 | 22-3116 | 3,900~ | 10P |
| ② 釧路センチュリーキャッスルホテル | Kushiro Century Castle Hotel | 43-2111 | 42-0318 | 6,500~ | 10P |
| ③ ANAクラウンプラザホテル釧路 | ANA CROWNE PLAZA KUSHIRO | 31-4111 | 24-8640 | 6,500~ | 10P |
| ④ 釧路ロイヤルイン | Kushiro Royal Inn | 31-2121 | 31-2122 | 5,600~ | 10P |
| ⑤ ホテルクラウンヒルズ釧路 | Hotel Crown Hills Kushiro | 22-0109 | 24-5498 | 5,000~ | 10P |
| ⑥ ラビスタ釧路川 | La Vista Kushirogawa | 31-5489 | 31-5335 | 7,800~ | 10P |
| ⑦ 釧路プリンスホテル | Kushiro Prince Hotel | 31-1111 | 31-1202 | 4,600~ | 10P |
| ⑧ ホテルラッソ釧路 by WBF | Hotel Rasso Kushiro | 23-3311 | 23-6433 | 4,500~ | 10P |
| ⑨ スーパーホテル釧路駅前 | Super Hotel Kushiro Ekimae | 25-9000 | 25-9001 | 4,600~ | 10P |
| ⑩ スーパーホテル釧路 | Super Hotel Kushiro | 24-9000 | 24-9100 | 4,600~ | 10P |
| ⑪ ホテルフロンティア | Hotel Frontier | 24-3557 | 24-3563 | 4,500~ | 12P |
| ⑫ ホテルエリアワン釧路 | Hotel Area One Kushiro | 31-0946 | 31-1946 | 4,100~ | 10P |
| ⑬ ホテルパコ釧路 | Hotel Paco Kushiro | 23-8585 | 31-0085 | 8,000~ | 10P |
| ⑭ 東横イン釧路十字街 | Toyoko Inn Kushiro Juji-gai | 23-1045 | 23-1046 | 4,644~ | 10P |
| ⑮ ラステイングホテル | Lasting Hotel | 21-9111 | 21-9133 | 5,700~ | 10P |
| ⑯ コンフォートホテル釧路 | Comfort Hotel Kushiro | 21-5711 | 21-5712 | 8,900~ | 10P |
| ⑰ ホテルマーシュランド | Hotel Marshland | 51-5557 | 52-4087 | 5,700~ | 11P |
| ⑱ ホテルアクシアイン釧路 | Hotel AXIA in Kushiro | 24-5000 | 24-5200 | 7,000~ | 10P |
| ⑲ ラビスタ阿寒川 | La Vista Akangawa | 67-5566 | 67-2266 | 11,000~ | 1P |
| ⑳ ホテル千友館 | Hotel Senyukan | 51-5867 | 51-6252 | 4,400~ | 11P |

| Name | | Tel | Fax | Prices per person (incl. tax) | Map (page) |
|-----------------------|-------------------------------------|---------|---------|-------------------------------|------------|
| ホテル Hotel | | | | | |
| ㉑ ビジネスホテル中園第一 | Business Hotel Nakazono Daiichi | 23-1764 | 23-1900 | 3,600~ | 12P |
| ㉒ 鎮座ノースザンビレッジホテルTAITO | Tsurui Northern Village Hotel Taito | 64-3111 | 64-3333 | 7,710~ | 6P |
| ㉓ 丹頂の里温泉 美肌の湯 赤いペー | Akai Bere | 66-2330 | 66-2331 | 4,910~ | 6P |
| ㉔ 山花温泉リフレ | Yamahana Onsen Refre | 56-2233 | 56-2277 | 8,850~ | 6P |
| ㉕ ホテルルートイン釧路駅前 | Hotel Route Inn Kushiro Ekimae | 32-1112 | 32-0090 | 6,000~ | 10P |
| ㉖ ホテルマーシュランド別館 | Hotel Marshland Bekkan | 51-5557 | 52-4087 | 3,180~ | 11P |

| 旅館・民宿 Japanese-style hotel (Ryokan・Minshuku) | | Tel | Fax | Prices per person (incl. tax) | Map (page) |
|--|-------------------|---------|---------|-------------------------------|------------|
| ㉗ 旅館大喜館 | Ryokan Taikikan | 25-1934 | 25-2709 | 4,200~ | 10P |
| ㉘ 民宿 銀鱗荘 | Minshuku Ginrinso | 23-8512 | 25-6133 | 2,200~ | 11P |
| ㉙ 栄屋旅館 | Sakaeya Ryokan | 23-0241 | 23-0242 | 3,240~ | 10P |
| ㉚ すみれ旅館 | Sumire Ryokan | 23-1285 | 23-1286 | 4,320~ | 10P |

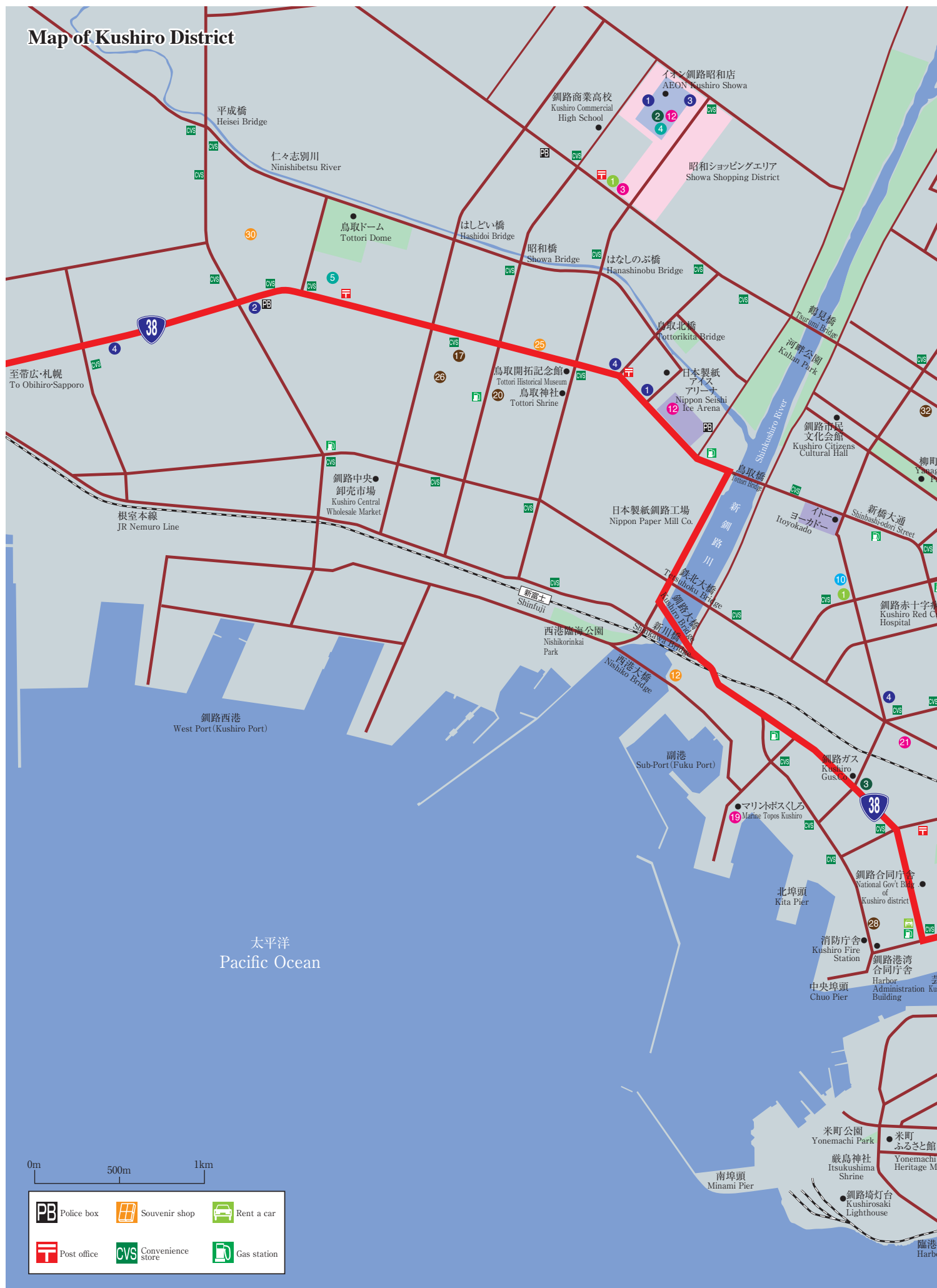
| ペンション・その他 Pension・The others | | Tel | Fax | Prices per person (incl. tax) | Map (page) |
|------------------------------|--------------------------------------|--------------|--------------|-------------------------------|------------|
| ㉛ ペンショングリーンパーク | Pension Green Park | 41-2685 | 44-3565 | 3,240~ | 12P |
| ㉜ 民宿ファミリーハウス | Minshuku Family House | 22-0208 | 22-0209 | 3,240~ | 11P |
| ㉝ ロッジシラルトロク(カヌー専用) | Lodge Shiratoroku(For canoeist only) | 015-487-2325 | 015-487-2388 | 12,500~ (including canoe fee) | 6P |
| ㉞ アスリートイン | Athlete Inn | 65-5216 | 65-5699 | 3,700~ | 6P |

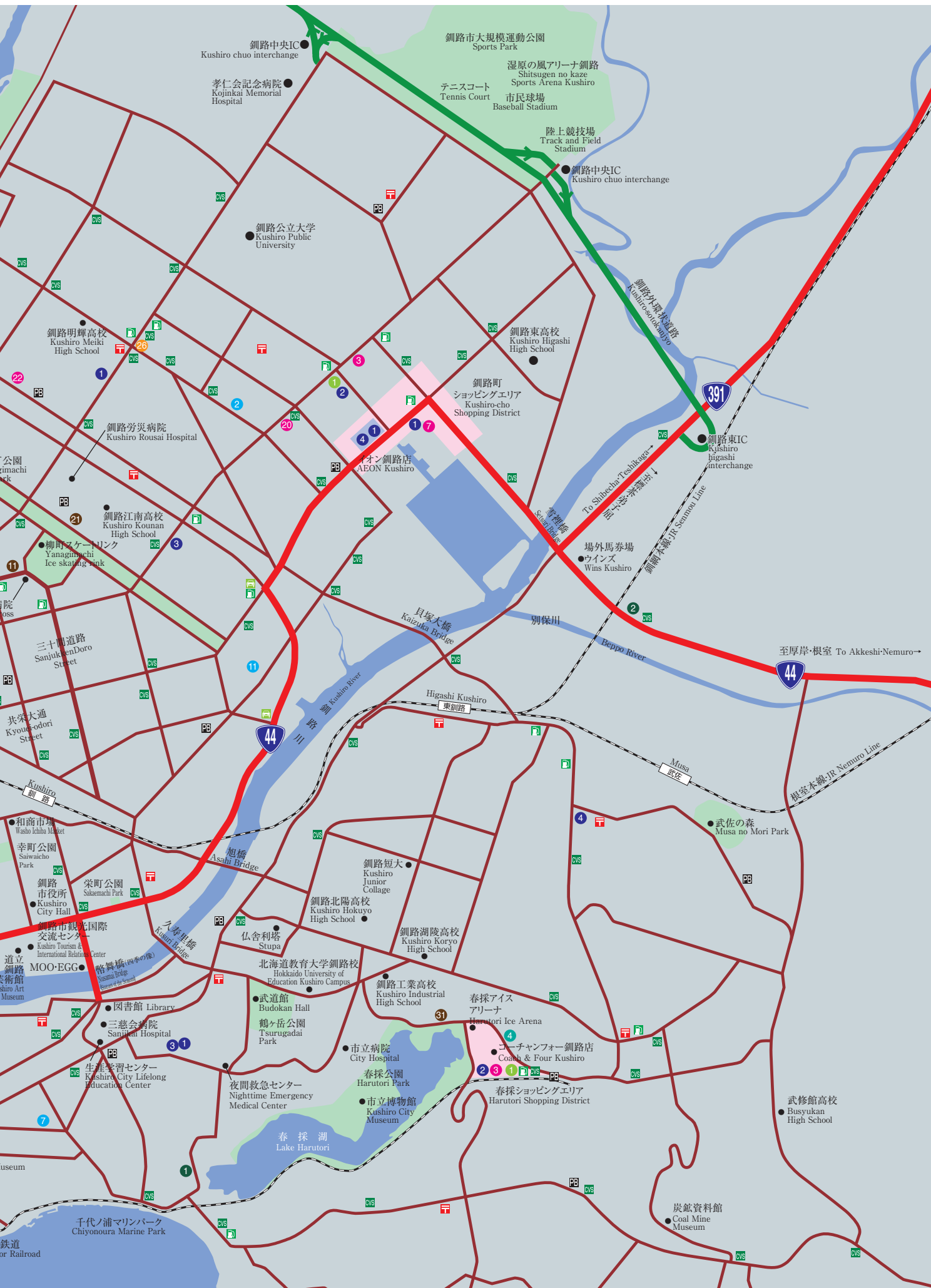
Enlarged View of Kushiro City (downtown)

| | | | | | | | |
|--|-------------|--|-------------|--|-------------------|--|-------------|
| | Information | | Police box | | Souvenir shop | | Rent a car |
| | Bank | | Post office | | Convenience store | | Gas station |



Map of Kushiro District





Akan Mashu National Park

Akan Mashu National Park features a rich natural landscape of primeval forests surrounding crater lakes that were formed by volcanic activities. This park is also renowned as a hot spring resort.

Lake Akan

Lake Akan is well known for its Marimo(algae balls), a Special Natural Monument. The lake is enjoyable throughout the year, with ice breaking in spring, mountains covered with verdure and mysterious blue lake surfaces in summer, beautiful crimson foliage in autumn and numerous events on the thick frozen ice in winter.

Ainu Kotan

In the Ainu language, Ainu and Kotan mean a human being and a village, respectively. There are approximately 30 souvenir shops, standing side by side, where you can come in contact with the Ainu culture here.

Approx. 2 hrs. from JR Kushiro Station Bus Terminal to Lake Akan by Akan Bus (Lake Akan Route); 2,700 yen (adult)

Lake Akan Ainu Theater IKor

Where traditional Ainu dance, Lake Akan Ainu puppet theater performances, and the Iomante Fire Festival, can be enjoyed at the Akanko Ainu Kotan.

TEL/FAX: 0154-67-2727 / 0154-67-2657

Bokke

Bokke derives from the Ainu word Pufuke meaning boil or simmer. Underground gas spurts out to create bubbles as if the water is boiling.

Akankohan Eco-Museum Center

An Akan National Park facility exhibiting materials on the natural environment of the Akan area and *marimo* (moss balls) from Lake Akan. The Center serves as a visitor showcase for the local region.

Hours: 9:00-17:00

Closed: Every Tuesday (following day if Tues. is a public holiday), year-end & New Year period

Admission fee:free

TEL/FAX: 0154-67-4100 / 0154-67-2568

For inquiries about tourism in Akan, please contact:

NPO Akan Tourist Association

TEL/FAX: 0154-67-3200 / 0154-67-3024

<http://www.kushiro-lakeakan.com/>

Other Must-See Sights in Akan Mashu National Park

Onneto

Onneto is a lake that looks like it is from a different world. Autumnal leaves there are breathtakingly beautiful.

Access: Approx. 30 min. by car from Lake Akan

Lake Mashu

Lake Mashu is mysterious and one of the world's most transparent lakes.

Access: Take Senmo Line from JR Kushiro Station to Mashu Station (approx. 1 hr. & 30 min.); 1,640 yen (adult); Take Akan Bus bound for Lake Mashu Observatory No.1 (in seasonal operation) from JR Mashu Station(approx. 25 min.); 560 yen (adult)

Mt. Io

Mt. Io is a live volcano and emits a great deal of smoke.

Access: Approx. 20 min. by car from JR Mashu Station

Lake Kussharo

Lake Kussharo is the second largest lake in Hokkaido, where 400 to 500 whooper swans come in winter.

Access: Approx. 20 min. by car from JR Mashu Station



Marimo (It is said that it takes approximately 150 to 200 years for an algae ball to grow into 6 cm diameter.)



Snowmobile (Enjoying the frozen Lake Akan in winter)



Bokke



Lake Akan Ainu Theater IKor



Akan National Park
Akankohan Eco Museum Center



Lake Akan Pleasure Boat (The Lake Akan Pleasure Boat is used to transport tourists to the Marimo Exhibition and Observation Center. You will feel that mysterious forests in Akan are at hand.)



Onneto



Lake Mashu



Mt. Io



Lake Kussharo

HOTELS

| | Name | | QUOTA | ROOMS | RATE (yen) | TEL | fax |
|---|----------------|--|-------|-------|---------------|---------|---------|
| ① | ニュー阿寒ホテル | New Akan Hotel | 1531 | 370 | 10,650-15,900 | 67-2121 | 67-3339 |
| ② | あかん遊久の里鶴雅 | Akan Yuku no Sato Tsuruga | 1108 | 233 | 14,850-52,650 | 67-4000 | 67-2754 |
| ③ | あかん湖鶴雅ウイングス | Lake Akan Tsuruga Wings | 530 | 127 | 13,110~ | 67-4000 | 67-2754 |
| ④ | ホテル阿寒湖荘 | Hotel Akankoso | 407 | 90 | 10,650-21,150 | 67-2231 | 67-2593 |
| ⑤ | 阿寒の森鶴雅リゾート花ゆう香 | Forest of Akan Tsuruga Resort HANAYUKA | 412 | 95 | 12,750-15,900 | 67-2311 | 67-2330 |
| ⑥ | ホテル御前水 | Hotel Gozensui | 487 | 109 | 8,550-12,750 | 67-2031 | 67-2053 |
| ⑦ | あかん鶴雅別荘鄙の座 | Akan Tsuruga Bessou HINANOZA | 94 | 25 | 36,750-89,250 | 67-3050 | 67-3050 |
| ⑯ | ラビスタ阿寒川 | La Vista Akangawa | 150 | 64 | 11,000-28,000 | 67-5600 | 67-2266 |

RYOKAN(JAPANESE STYLE HOTEL)

| | Name | | QUOTA | ROOMS | PRICE (yen) | TEL | fax |
|---|----------------|----------------------------|-------|-------|-------------|---------|---------|
| ⑧ | 東邦館 | Tohokan | 60 | 22 | 6,450-8,550 | 67-2050 | 67-2945 |
| ⑨ | 山水荘 | Sansuiso | 70 | 18 | 7,500-8,550 | 67-2101 | 67-2307 |
| ⑩ | 阿寒湖バスセンターホテル | Lake Akan Bus Center Hotel | 100 | 30 | 6,500 | 67-2655 | 67-2281 |
| ⑪ | 鶴雅レイク阿寒ロジットウラノ | Tsuruga Lake Akan Lodge | 29 | 12 | 5,250~ | 67-2111 | |
| ⑫ | 八谷旅館 | Hachiya Ryokan | 30 | 10 | 7,000 | 67-2747 | 67-2246 |
| ⑬ | ビジネスホテルまつおか | Business Hotel Matsuoka | 40 | 18 | 6,975 | 67-2746 | 67-2734 |
| ⑭ | 芳友荘 | Hoyuso | 40 | 15 | 7,350 | 67-2728 | |

MINSHUKU(TOURIST HOME)

| | Name | | QUOTA | ROOMS | PRICE (yen) | TEL | fax |
|---|---------|--------------------|-------|-------|-----------------------|---------|---------|
| ⑮ | 民宿 両国 | Minsyuku Ryogoku | 30 | 14 | 5,925 | 67-2773 | 67-2773 |
| ⑯ | 民宿 山口 | Minsyuku Yamaguchi | 35 | 12 | 5,925 | 67-2555 | 67-2506 |
| ⑰ | 民宿 桐 | Minsyuku Kiri | 26 | 9 | 3,000 with meal 7,500 | 67-2755 | 67-2755 |
| ⑱ | 民宿 ぎんれい | Minsyuku Ginrei | 30 | 9 | 5,925 | 67-2597 | 67-2597 |

- ※These rates are per person (not per room).
- ※Price will be changed by season, date, room condition, etc.
- ※These rates includes 2 meals (dinner, breakfast) except Minsyuku Kiri and Turano.



| Restaurant | |
|--------------|--------------------|
| ① 両国総本店 | Ryougoku souhonten |
| ② 食事処 味心 | Restraunt Ajishin |
| ③ 温泉工房 あかん | Onsenkoubou Akan |
| ④ pan de pan | Pan de Pan |
| ⑤ 食事の店 あずさ | Restraunt Azusa |
| ⑥ 百味庵 | Hyakumian |
| ⑦ 仙客 | Senkaku |
| ⑧ コル・アカン | Cor Akan |
| ⑨ 奈辺久 | Nabekyu |
| ⑩ 喫茶エルム | Coffe Shop Elm |
| ⑪ 喫茶ポロンノ | Coffe Shop Poronno |
| ⑫ 海兵 | Umihei |
| ⑬ 焼肉 あっけ | Yakiniku Akke |
| ⑭ ケラアン | Keraan |
| ⑮ ぎんれい食堂 | Restraunt Ginrei |
| ⑯ 北国の味 ばんや | Kitaguninoaji Bany |
| ⑰ 味のゆりかご | Ajino Yurikago |

Sightseeing Buses

Various sightseeing buses are in operation according to seasons.

Summer: "Pirika-go" – One-day course covering the Kushiro Marsh, Lake Mashu, Lake Kussharo and Lake Akan

Winter: "White Pirika-go" – Course aiming to enjoy East Hokkaido in winter by making a tour to Lake Akan, Lake Mashu, etc.
 "The Tancho Tour Bus featuring the Shitsugen 55 Pass"
 The Tancho (Japanese crane) tour bus, takes riders on a wintertime voyage to enjoy the sights of Japanese crane and the Kushiro wetland areas.

◆Akan Bus: TEL/FAX: 0154-37-2221 / 0154-37-9083
<http://www.akanbus.co.jp/>



Lake Kussharo



Lake Mashu



Access information

Climate of Kushiro

The average temperature in summer is below 20°C in Kushiro, and a lot of sea fog is generated in coastal areas. In winter, fine weather continues and the weather is unexpectedly bearable with little snow.

| | | | | | | | |
|-----------------|--|-----------------|---|-----------------------|---|----------------------|---|
| Aug. Mean temp. | Kushiro 17.9°C Sapporo 22.0°C Tokyo 27.1°C | Jan. Mean temp. | Kushiro -5.6°C Sapporo -4.1°C Tokyo 5.8°C | Annual sunshine hours | Kushiro 1941.4 hrs. Sapporo 1774.8 hrs. Tokyo 1847.2 hrs. | Annual precipitation | Kushiro 1045.2 mm Sapporo 1127.6 mm Tokyo 1466.7 mm |
|-----------------|--|-----------------|---|-----------------------|---|----------------------|---|



For inquiries, please contact : Kushiro Tourism & Convention Association
 TEL: 0154-31-1993
 FAX: 0154-31-1994
 E-mail: mail@kushiro-kankou.or.jp
 URL: <http://www.kushiro-lakeakan.com/>

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* The charges/fares, times and routes of transportation systems included in this leaflet are as of March 2017.



水のカマイ観光協議会