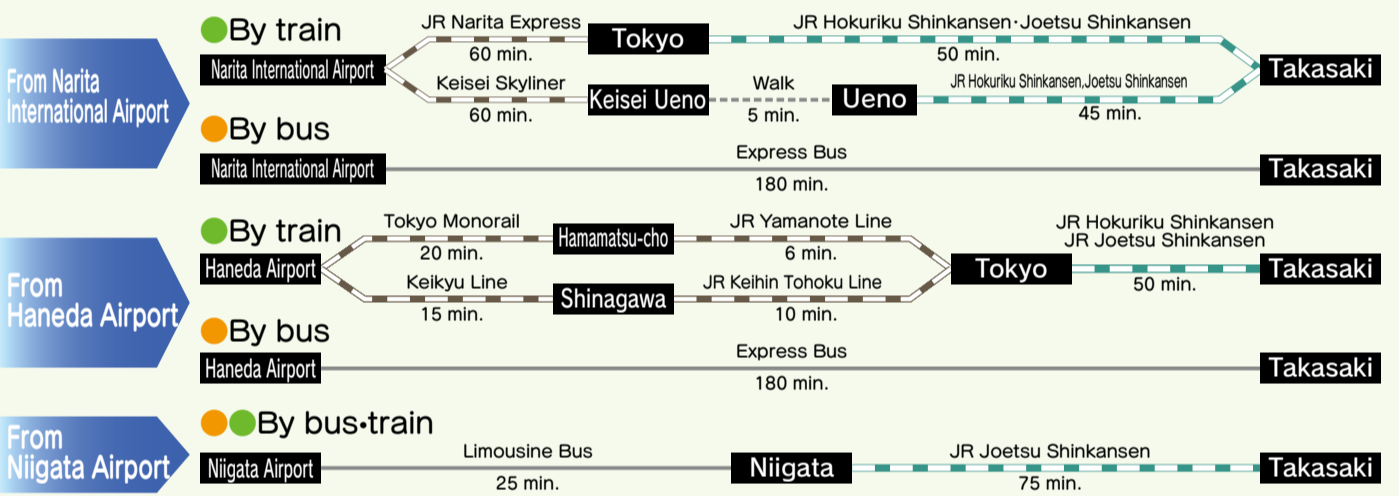


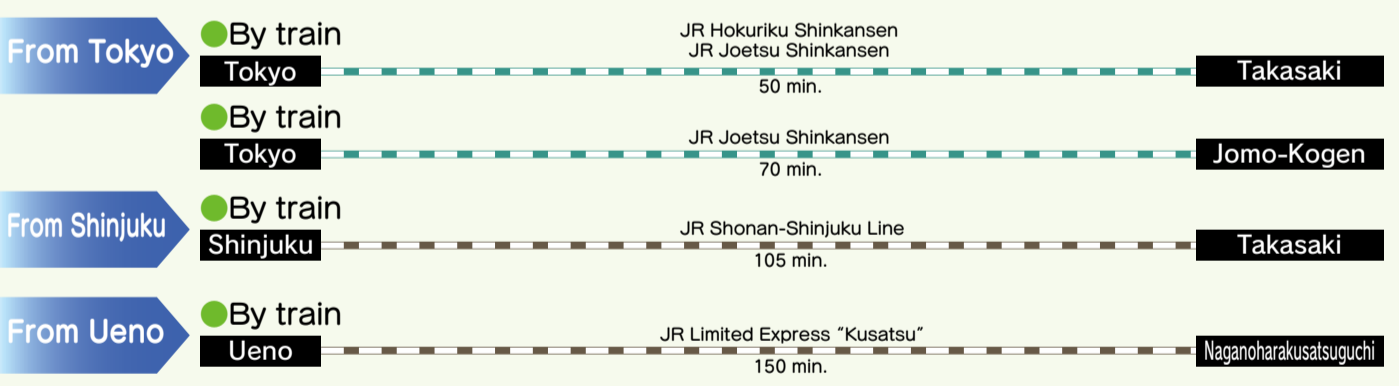
ACCESS to 群馬県 GUNMA PREFECTURE



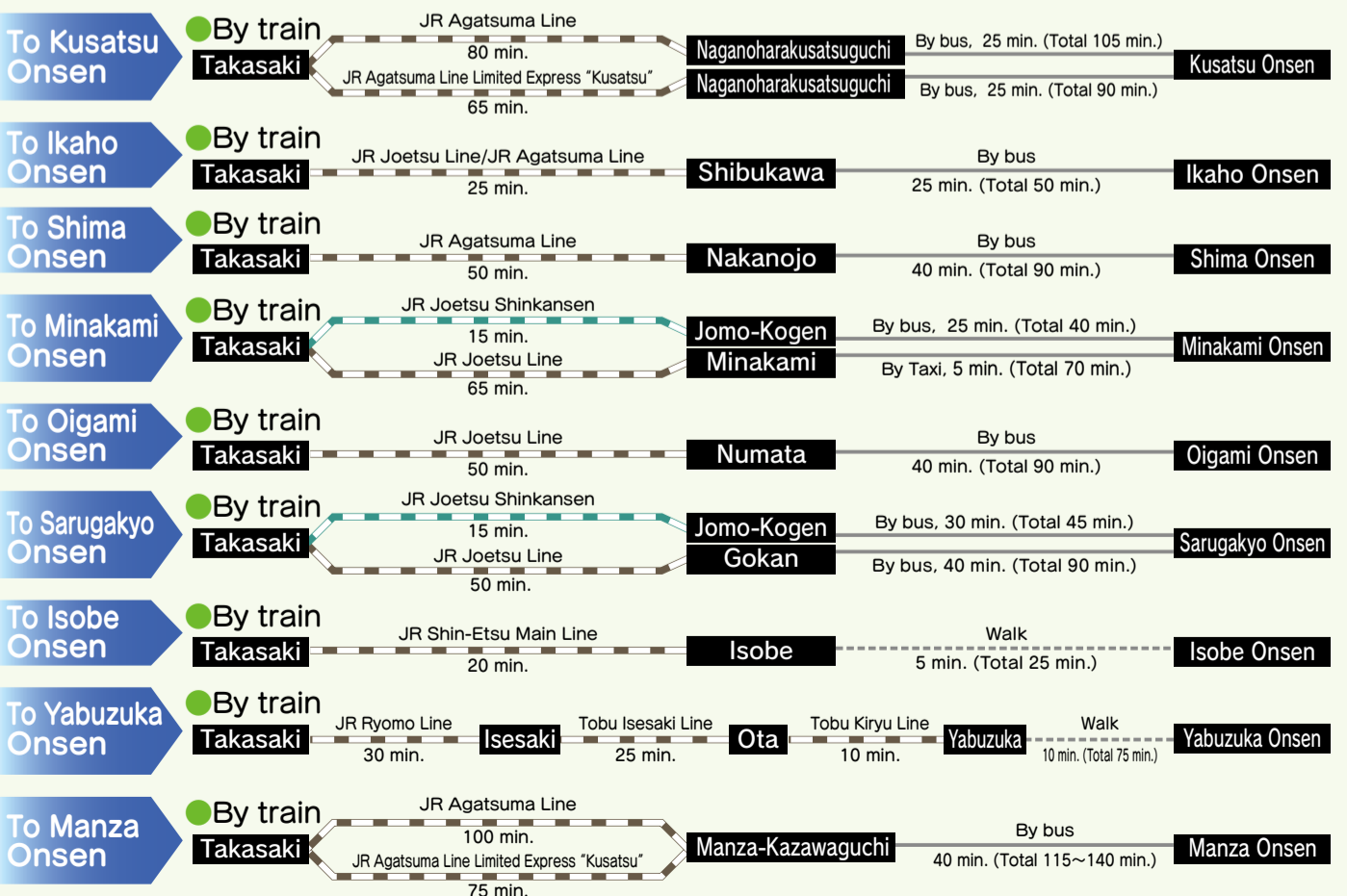
From the airport to Gunma



From Tokyo to Gunma



From Takasaki Station to the onsen area



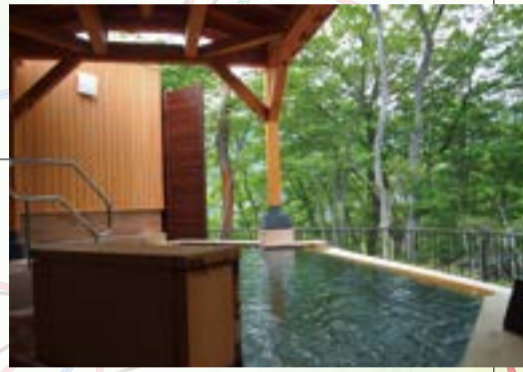
Approximate time required is shown, excluding transfer times.

Kusatsu Onsen (Kusatsu Town) [C-2]



32,300 liters of spring water gush out every minute and it is said that this onsen cures all diseases except for a broken heart.

Kawarayu Onsen (Naganohara Town) [D-3]



Kawarayu Onsen is located near Agatsuma Gorge, one of scenic spots for autumnal leaves in Gunma. It has the legend that the hot spring was discovered by Minamoto no Yoritomo, a Japan's famous general in early 12th century.

Legend

- Prefectural Borderline
- Municipal Borderline
- National Highway
- Road
- Tunnel
- Expressway
- Shinkansen
- JR Railway
- Private railway
- ▲ Mountain = Mt.
- ♨ Onsen (Hot Springs)
- ⚡ Ski Grounds
- ⌂ Golf Courses
- Tourist Resorts
- Tourist Facilities

Shima Onsen (Nakanoyo Town) [C-3]



This onsen is known for its effect that is said to cure 40,000 diseases. It was designated as the first Nationally Certified Onsen.

Sarugakyo Onsen (Minakami Town) [C-3]



Sarugakyo Onsen is situated beside Lake Akayako and holds a number of onsen ryokans and hotels. With its rich amount of the spring, many open-air bathes can be enjoyed.

Minakami Onsen (Minakami Town) [C-4]



Minakami Onsen is located along the upper stream of Tone River, with the steep mountains behind. The clear and colorless spring water is effective for recovering fatigue and nerve pain.

Kamimoku Onsen (Minakami Town) [C-4]



Sodium sulfate spring is effective for curing high-blood pressure and nerve pain. It is said that drinking the spring water has an effect of curing diabetes and gout. Apples harvested in local are floated in onsen every autumn, and sweet fragrance of apples makes you more relaxing.

Katashina Onsen (Katashina Village) [B-5]



This hot spring is located near Oze, the largest marshland in Japan and offers a quiet environment. The spring is popular for its water which has an effect to soften the skin.

Oigami Onsen (Numata City) [C-5]



Oigami Onsen is situated in the natural surroundings of Katashina Gorge, along the road leading to Oze. The famous morning market, said to be the largest in the Kanto region, is held from April to mid-November.

Manza Onsen (Tsumagoi Village) [C-2]



Manza Onsen is located at 1,800m above sea level and is one of the highest onsen resorts in Japan. The milky-colored spring water has traditionally been used for the effect of curing gastrointestinal diseases and nerve pains.

Ikaho Onsen (Shibukawa City) [D-4]



One of the features of this onsen resort is the stone steps at the center of the onsen resort. Here you can enjoy two types of onsen. : "Kogane no Yu (Golden water)", in which the iron contained turns the spring in brownish-red color, and "Shirogane no Yu (Silver water)", whose gushing was discovered in recent years.

Isobe Onsen (Annaka City) [E-3]



This onsen resort was formed when Mt. Asama-yama erupted about 220 years ago. It is known for the effects for gastrointestinal diseases.

Yabuzuka Onsen (Ota City) [E-5]



This onsen has long been used for treatment of diseases. There are many noted places of historic interest around here.



INFORMATION

Tourism and Local Products Division, Bureau of Tourism
 Gunma Prefectural Government
 1-1-1, Ote-machi, Maebashi-shi, Gunma 371-8570
 TEL.027-223-1111
<http://www.visitgunma.jp/en/>
<https://www.facebook.com/visitgunma.En>

Gunma of Tourism, Local Products&International Exchange Association
 Gunma Kaikan 3rd Floor
 2-1-1, Ote-machi, Maebashi-shi, Gunma 371-0026
 TEL.027-243-7273

Gunma General Information Center
 5-13-19 Ginza, Chuo-ku, Tokyo 104-0061
 TEL.03-3546-8511

Takasaki Tourist Information Center
 222 Yashima-cho Takasaki-shi, Gunma 370-0849
 JR Takasaki Station
 TEL.027-327-2192

Published by / Gunma Prefectural Government