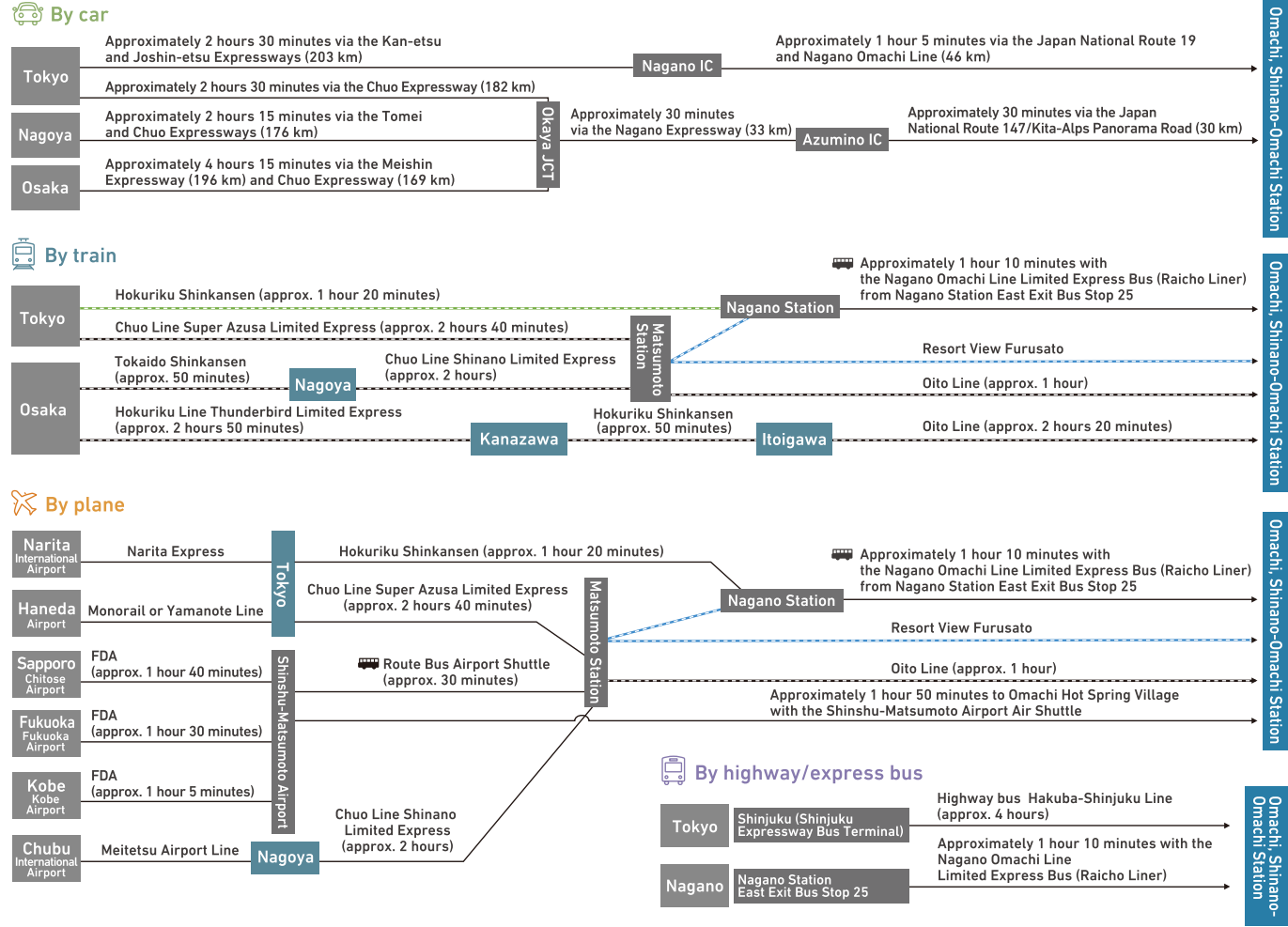
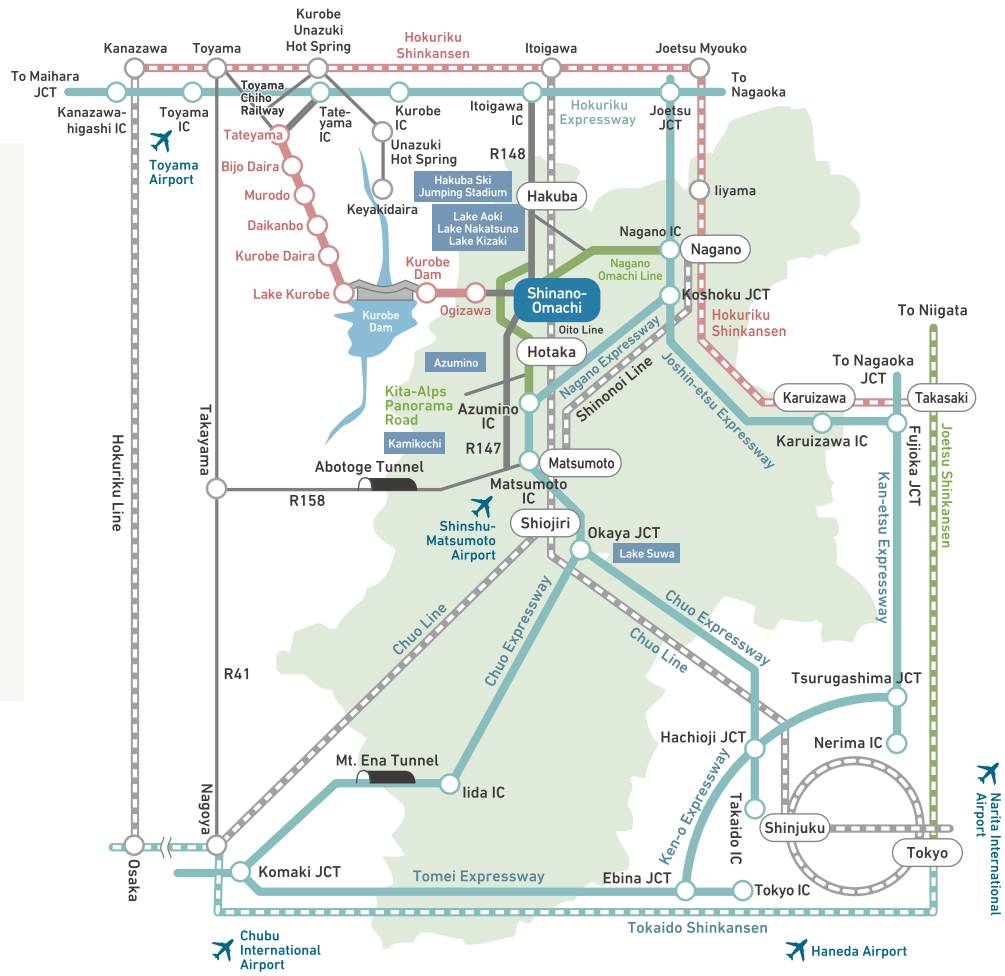


Access

Getting to nearby tourist spots from Shinano-Omachi

- Kurobe Dam 50 minutes
- Hakuba 30 minutes
- Jigokudani Yaen Koen (Jigokudani Monkey Park) 1 hour 50 minutes
- Matsumoto 1 hour
- Kamikochi 2 hour
- Takayama 2 hour 30 minutes



Japan Nagano SHINANO OMACHI





Lake Nakatsuna



Nakayama Highlands

Spring



Nogu river



Nigorizawa Waterfall



Takase Valley

Autumn



Kurobe Dam

The four seasons of Shinano Omachi

In Shinano Omachi Meet the four seasons

Summer

Mt.Kashimayurigatake
seen from Mt.Jiigatake



Lake Kizaki

Lake Aoki



Winter



Kashimayari Ski Resort

TATEYAMA KUROBE ALPINE ROUTE

Click here for information

Tateyama Kurobe Alpine Route



Kurobe Dam



*Kurobe Dam Mascot "Kuronyon"

Trip starting from Omachi touring vistas and Kurobe Dam, Japan's highest dam

The Tateyama Kurobe Alpine Route stretches from Toyama to Omachi with the main highlight being the Kurobe Dam, Japan's highest dam at 186 m. Switching to cable car and ropeway from Kurobe Dam you can travel to Toyama prefecture while enjoying the fantastic vistas of Murodo Daira (2,450 m), Midagahara and more.

Tateyama Kurobe Alpine Route open between middle of April to November 30

"Ogizawa Station," the Nagano prefecture entrance to the Tateyama Kurobe Alpine Route

"The station houses a ticket counter on the 1st floor and a restaurant on the 2nd floor where you can enjoy delicacies such as the Kurobe Dam Curry. *Parking is available (Ogizawa Station)"

Come say hello if you see me!



Kurobe Dam, only 16 minutes by electric bus from Omachi "Ogizawa Station!"

1 Kurobe Dam

An arch-style dome overflow wing dam completed after 7 years of difficult construction. Every year water draining for tourists is performed. The 10 tonnes of water drained each second is very impactful!

Sightseeing Period:
From middle of April to November 30

Draining Period:
From June 26 to October 15

Breathtaking vistas and excitement from Kurobe Dam to Murodo and Tateyama

2 Tateyama Ropeway (Kurobe Daira)

The ropeway between Daikanbo and Kurobe Daira is a "moving observation platform," offering a 7 minute 360 degree panoramic view of the surrounding landscape.

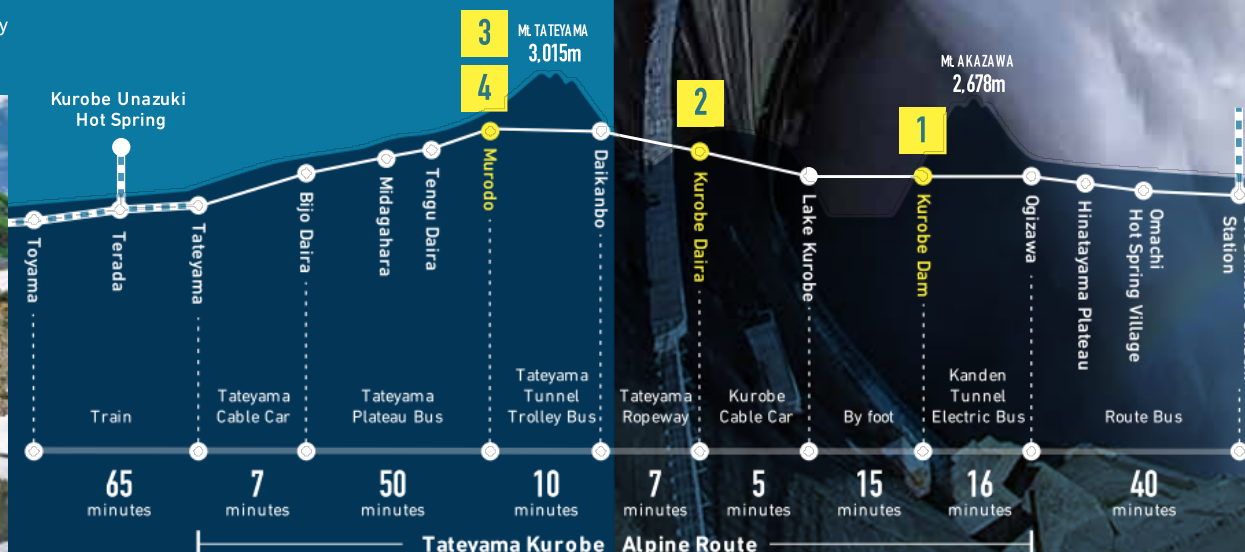


3 Snow Wall

The snow walls made by the snow ploughs can reach as high as 20 m and stretch for 500 m. The "Snow Wall" can be enjoyed from the middle of April to the middle of June.

4 Mikuriga-ike

Located 10 minutes by foot from the Murodo bus terminal Mikuriga-ike lies at a height of 2,405 m with a 630 m circumference and a depth of 15 m. Enjoy various seasonal landscapes including a snowy gorge in early summer and mesmerizing crimson foliage in autumn.



● Kurobe Tateyama Alpine Route For more information and inquiries, contact the Kuroyon Booking Center at TEL: 0261-22-0804

ENJOY THE MOUNTAINS!

Shinano-Omachi

Shinano-Omachi is one of Japan's most prominent mountain ranges and offers a climbing environment with courses that can be enjoyed by everyone from beginners, families, and hikers to advanced climbers. The range takes different forms depending on the time of day, allowing you to take plenty of photos, taste melted snow water, and observe alpine plants. If you're lucky you might come across Rock ptarmigan or Dicentra herbs.

Mt. Jiigatake

[Altitude: approx. 2669 m]

Mt. Jiigatake is made up of three peaks. The name comes from the snow between the mountain ridges during the snow season resembling a sowing old man.

01 Trekking

Along Mt. Takagariyama and Reishoji temple trekking courses you can enjoy a view of the Northern-Alps from the Takagariyama observation platform or the autumn leaves of Reishoji temple.



02 Mt. Kashimayarigatake

[Altitude: approx. 2889 m]

Mt. Kashiyamagatake is a beautiful mountain with two peaks to the South and North which are connected by a Tsurione, a ridgeline between two peaks like a suspension bridge. Viewing from the foot of the mountain you can see Mt. Jiigatake on your left and Mt. Goryudake on your right. It is truly the pride of Azumino.



03 Mt. Harinokidake

[Altitude: approx. 2821 m]



Located in the south of the Ushiroateyama mountain range, Mt. Harinokidake offers a view of the entire Northern-Alps. The name "Harinoki" is said to be a corruption of "Han'noki (Alnus japonica)" which grows in the area.

04 Mt. Eboshidake

[Altitude: approx. 2628 m]



Mt. Eboshidake is situated in the middle of the Northern-Alps. The top houses vertically long, column-shaped rocks with the ridge leading to them being one of the three Northern-Alps steeps.

05 Mt. Gakidake

[Altitude: approx. 2647 m]



The name is speculated to come from the corruption of "Gakedake," with legends tracing the name to "Gaki," a Hindu and Buddhist term meaning "hungry ghost." The top offers a splendid scenery with fields of Dicentra herbs.



ENJOY THE FOOD!

Shinano-Omachi

Cafés

Relax while enjoying beautiful seasonal scenery at Omachi's cafés. Recently, cafés specializing in dishes using Shinshu ingredients are gaining popularity.

Shinano-Omachi contains many delicacies. The Chikuni-kaido road (Salt Road) that carried salt and seafood from Itoigawa at the Japan Sea runs through the range and has provided the area with the blessings of the mountains and sea since ancient times. High-quality sake and soba are made from the clean melted snow water that comes down the range. Recently, shops offering Kurobe Dam Curry as well as cafés and sweets are popular. Enjoy to your heart's content the many delicacies of Shinano-Omachi.

01 made from clear, pure water Soba

Shinano-Omachi soba is born from abundant, pure water and high altitude cold weather. During summer white flowers bloom in the soba paddies. Enjoy the soba together with the blessings of Shinshu such as mountain vegetable tempura and mushrooms.



02 Try the intense and impactful Kurobe Dam Curry

A dam curry with the rice as dam weir and the curry sauce as dam reservoir. Toppings and presentation vary between restaurants, compare them to find your favorite!



03 that soothes the heart and soul Sweets



Shinano-Omachi harbors many long-cherished sweet shops which also make great souvenirs. Enjoy a Shinano-Omachi sweets smorgasbord with both Japanese and Western flavors!

04 made from pure spring water 3 breweries' Sake and Wine



Shinano-Omachi sake is made from the pure water springing out from the Northern-Alps. Omachi houses three unique sake breweries. Omachi wine is characterized by gentle flavor and smooth acidity.

05 Richly condensed Vegetables, Fruits, and Crops



Shinano-Omachi vegetables, fruits, and rice are cultivated by abundant clear streams and delicious air. With high day and night temperature differences flavor and nutrition is greatly concentrated within the produce. Winter vegetables with greater sweetness from the winter cold are unique to Shinano-Omachi.

Shinano-Omachi harbors three lakes collectively called the Nishinasanko, each with their own distinctive features. Lake Aoki with its water springing from the lake bottom has excellent transparency. Lake Kizaki offers activities such as SUP and a lakeside camp, and Lake Nakatsuna boasts beautiful cherry blossom in spring with fishing available all year round. Shinano-Omachi with its unspoiled nature is the perfect opportunity to enjoy nature's splendor!

ENJOY THE
LAKES!
Shinano-Omachi

Lots of activities at
Lake Kizaki

Lake Kizaki is the southernmost lake of the three Nishinasanko lakes. Comparatively warm and shallow it is perfect for water activities in summer as well as plenty of above-water activities such as SUP and canoeing. In early summer water lilies adorn the lake.



Contemplation at
Lake Aoki

Lake Aoki, the northernmost of the three Nishinasanko lakes, has the most untouched nature in all of Shinano-Omachi as well as high-quality lake water. In Early summer fireflies can be seen dancing around the lake.



Relaxing at
Lake Nakatsuna

Lake Nakatsuna is the smallest of the three Nishinasanko lakes and is a perfect spot for some quiet fishing. In spring the lake is covered with North Japanese hill cherry (Prunus sargentii) and is a popular spot with photographers and tourists alike.

01 Make precious family memories at the
Lakeside Camp

The lakeside camps at Lake Aoki and Lake Kizaki are open all year round. The scenery viewable under the cool lakeside trees during summer leaves a deep impression. Make sure to enjoy all aspects the lakes has to offer!



02 in refreshing weather
Cycling

Cycling is a great way to experience the splendors of Shinano-Omachi by yourself. Casually embark on a cycling trip with one of our rental bicycles. The area around Shinano-Omachi station offers a town-scape rooted in history and shops with a cavalcade of delicacies. Cycling along the lakeside is cool and refreshing even in summer.



Click here for cycling information.

03 the year-round activity!
Fishing



The Nishinasanko lakes offer excellent fishing all year round with Lake Aoki harboring Japanese pond smelt, chub, and red salmon, Lake Kizaki having Japanese pond smelt, trout, and black bass, and Lake Nakatsuna with heracutian carp and crucian carp.

04 for everyone! Adults, children
and pets alike!
SUP



SUP is an activity where you stand on a surfing-like board and paddle your way on the water. Being both stable and buoyant it can be enjoyed by beginners as well.

05 A fantastical summer scenery
with the
Firefly Viewing Cruise



The Firefly Viewing Cruise is a lake activity available only during early summer. The tour seats you in a canoe to watch the fireflies that only live in pure water up close. The fireflies soaring from the surface and the light reflected in the lake is mesmerizing.