



THE HEARTWARMING INNS

IYA VALLEY & Other Wonders



TOKUSHIMA, SHIKOKU



A thousand years, a hidden hamlet

Time is truly unique at Nishi-Awa
 Without worrying about time catching up
 Without worrying about time passing by
 Slowly following your thoughts
 Look into the depths of your heart
 Lend an ear to the words of people from the past
 Look towards the future of where you should naturally be
 Gasp with awe at the wonders of the world
 Then you will start to understand
 What you need to defy, and what you should pray with humility
 This is where you should spend that kind of priceless time
 In Nishi-Awa, we have a hot spring that you can slowly immerse yourself
 you can fulfill your heart with contentment



At Nishi-Awa all of the public and private sectors together are engaged in improving the environment of accepting foreign tourists. As one of the efforts, we have adopted "SAKURA QUALITY" which transmits our "Heartwarming Inn" service quality to the world.




About Sakura Quality

"Sakura Quality" is a system for certifying the quality of Japanese tourism services, with a focus on hotels, inns, and other accommodations. Evaluations of these services, such as lodging facilities, are conducted by third-party assessors to ensure safe and comfortable travel to visitors from around the world. By providing these assessments, high quality standards can be assured, allowing travelers to not only have a wide range of superior choices, but also allow service providers methods to maintain their excellence and continually improve their offerings.

Sakura Quality Standards and Structure

The rankings for Sakura Quality are divided into a total of 9 levels. Phase 1 has the levels of 1 Sakura, 1+ Sakura, 2 Sakura, 2+ Sakura, and 3 Sakura. Phase 2 has the levels of 3+ Sakura, 4 Sakura, 5 Sakura, and Japan Diamond.

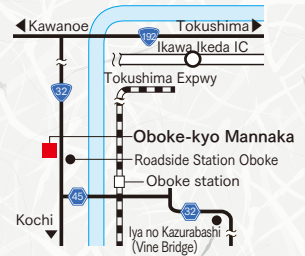
Description of the Icons

- | | |
|---|--|
|  Pickup Service |  Family |
|  Wi-Fi |  Couple |
|  Credit Card Payment |  Company Off Site Meeting |
|  Excellent Onsen Facility |  River Activities
Rafting, Canoeing, Sightseeing Boats etc. |
|  Public Onsen Bath |  Mountain Activities
Hill climbing, Vine Bridge, Monorail etc. |
|  Bookable Private Bath | |
|  Bathing for Non-hotel guests | |



Kyokoku no Yuyado Oboke-kyo Mannaka

Nishi 1644-1, Yamashiro Town, Miyoshi City, Tokushima
TEL. +81 883-84-1216
Check-in: 3:00 PM / Check-out: 10:00 AM
info@manna.co.jp
http://www.manna.co.jp



Oboke-kyo Mannaka is located in the Oboke Gorge that has been designated as a national natural treasure and national scenic spot. Various forms of rocks which have eroded over the years provide us with passion as they harmonize with the scenery of each season. Oboke-kyo Mannaka is located where it overlooks this scenery. Two types of water can be enjoyed to heal your weary body -- the terraced open-air bath is filled with mineralized hot water, the large bath is a simple sulfur spring. We are committed to using local produce for our cuisine and we use many natural ingredients from the mountains and rivers of Oboke, and ingredients from Nishi Awa. We do our utmost to cook the ingredients at the most seasonal and delicious timing. While listening to the babble of the Yoshino River, soak in hot water to relax, and enjoy the local cuisine. The Pleasure Cruise operated under the same management is located at a distance of a 2 minute walk, and you can view the dynamic strange and bizarre rocks close-up, riding on the pleasure boat. You can also see seasonal flowers and birds, and enjoy this relaxing voyage which lasts for about 30 minutes.



- ① The terraced open-air bath which overlooks the Oboke Gorge is where you can enjoy the river wind blowing against your skin.
② Enjoy conversations while sitting around the irori (fireplace).
③ Hotel located at Oboke Gorge, nestled in the center of Shikoku.

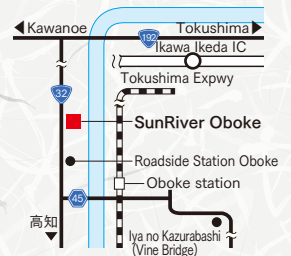


- ④ A number of hospitality cuisine using locally grown produce.
⑤ Staff who smile and offer hospitality.



Oboke Onsen SunRiver Oboke

Nishi 1259-1, Yamashiro Town, Miyoshi City, Tokushima
TEL. +81 883-84-2111
Check-in: 3:00 PM / Check-out: 10:00 AM
info@oobokeysen.jp
http://www.oobokeysen.jp



SunRiver Oboke is located at Oboke and Koboke in the Mt. Tsurugi National Park. Koboke Gorge is said to be the most torrent in western Japan. The large bath is located in a position overlooking the Koboke Gorge. The quality of the hot water is strong alkali spring which is effective for skin diseases and promotes beautiful skin. You can also look at the Koboke Gorge from the guest rooms. The hotel is also famous for being the photographic point of the train that runs through Koboke Gorge. Some of the Japanese guest rooms are called the "Train Room" and it is where you can view the iron bridge. In addition, the Japanese guest room with its own open-air bath is popular for viewing landscape and the relaxing decor. Room size varies from small rooms for smaller parties to large rooms for larger parties. We also have an electric car charger.



- ① You can see, through the large window of the large bath overlooking the Oboke and Koboke Gorge, the mountains looming on the other side of the gorge.
② The relaxing decor of the Japanese rooms are popular with foreign travelers.
③ The hotel is in the middle of nature where your heart will be healed.

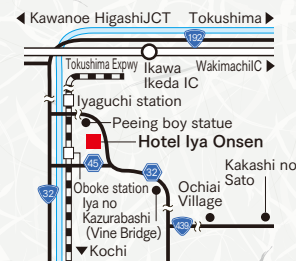


- ④ Cuisine using local produce is rich in color and beautiful.
⑤ The staff will serve you with a smile that comes from their heart.



Na no Yado Hotel Iya Onsen

Matsuo matsumoto 367-28, Ikeda Town,
Miyoshi City, Tokushima
TEL.+81 883-75-2311
Check-in:3:00 PM/Check-out:11:00 AM
info@iyaonsen.co.jp
http://www.iyaonsen.co.jp



Hotel Iya Onsen is located 15 minutes from Iya no Kazurabashi (Vine Bridge), and 30 minutes from JR Oboke station by car. There is a flowing source spring open-air bath located 170m down from the Hotel Iya Onsen by a cable car. The cable car will slowly travel about 5 minutes down the cliff at an angle of 42 degrees. The bath water will look like a white cloudy water with white flowers floating on the top. This white flower is referred to as "Yunohana"(hot-springs mineral deposits), and is proof that this water is a source of spring. The open-air bath is separated for men and women. Relax, listening to the sound of nature, immersed in the open-air bath which is built almost hanging over the Iya river. The observation restaurant overlooking the Iya Valley is where you can enjoy the cuisine this hotel boasts, and the beautiful view of the valley at the same time.



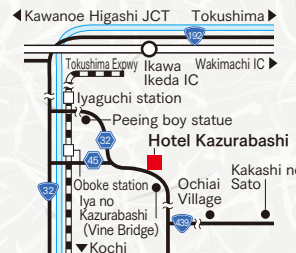
- ① The flowing source spring open-air bath located down the cable car.
- ② Take a break by the window side while looking at the scenery.
- ③ The external appearance of the hotel against the warm lighting.

- ④ "Omiki-nabe" (hot pot) Kaiseki. The special hot pot soup is made from Awa pork and local sake.
- ⑤ In the autumn the cable car almost looks like it is floating through the colorful autumn leaves.
- ⑥ Colorful Kaiseki-style (multi-course) cuisine arranging local produce in a colorful arrangement.



Yumoto Shin Iya Onsen Hotel Kazurabashi

Zentoku 33-1, Nishiya yamamura, Miyoshi City, Tokushima
TEL.+81 883-87-2171
Check-in:3:00 PM/Check-out:10:00 AM
info@kazurabashi.co.jp
http://www.kazurabashi.co.jp



The open-air bath at the Hotel Kazurabashi is located at the top of the cable car. The open-air bath which is built at a location where it almost looks like it is a part of the sky, is one of the attractive facilities that this hotel boasts. This open-air bath is separated by men and women, and there is also unisex section. There is also a "foot bath", foot only hot spring at the observatory area. The cuisine uses local ingredients from the nearby mountains and rivers. You can also enjoy your meal while sitting around a quaint irori (fireplace). This hotel has a bonnet bus (bus with front engine). We provide free transport service to and from Iya no Kazurabashi (Vine Bridge) for our guests. The "Iya no Kazurabashi (Vine Bridge)" is lit up every night from 7pm. The fantastic scenery which emerges out of the darkness with the lighting will be sure to impress you.



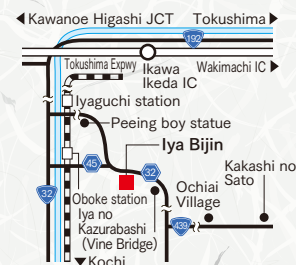
- ① The "Open-sky air bath" which is the pride of the hotel can be reached by using the dedicated cable car. You can experience all the surrounding nature in a single glance.
- ② Eating the cuisine around the quaint irori (fireplace) is an exceptional experience.
- ③ The special Japanese lighting "Kagaribi" (bonfire) from ancient times will greet the guests.

- ④ Local cuisine using ingredients from the local mountains and rivers
- ⑤ We, the staff will do our utmost to provide hospitality so that our guests will have a fun and memorable trip.



Iya no Kakureyado Iya Bijin

Zentoku 9-3, Nishiya yamamura, Miyoshi City, Tokushima
TEL. +81 883-87-2009
Check-in: 3:00 PM / Check-out: 10:00 AM
iyabijin2009@ctm.ne.jp
<http://iyabijin.jp>



Iya-Bijin also has a soba (buckwheat noodle) shop.

The handmade soba made by Iya-Bijin uses the spring water from "Biwa falls" near the Kazurabashi (Vine Bridge), and brings out the flavor and sweetness of the buckwheat. The cuisine that is enjoyed when sitting around a private irori (fireplace) in the guest room are local delicacies arranged to bring out the distinctive feature of the Iya.

There are a total of 9 guest rooms. All guest rooms have a flowing open-air bath. There are two types of open-air baths, one is made of ceramic ware (Shigarakiyaki) with far-infrared effects, and the other is made of Japanese cypress where you can enjoy the fragrance. You can admire the magnificent Iya Valley from all of the rooms. Heal your travel fatigue in the hot spring with the slight scent of sulfur.



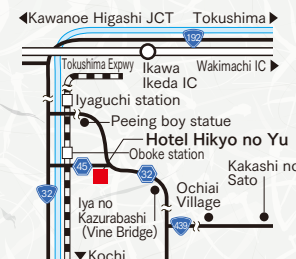
- ① When the sun goes down, the surrounding area sinks into silence with the stars shining in the sky.
- ② The relaxing Japanese rooms. All of the rooms are equipped with flowing open-air bath.
- ③ The V-shaped Iya Valley is deep enough to almost make you cower.

- ④ Dining around the irori (fireplace)
- ⑤ Special handmade buckwheat noodle where you can smell the fragrance and sweetness.
- ⑥ The staff will provide hospitality with a smile that comes from their heart.



Iyakei Onsen Hotel Hikyo no Yu

Oinouchi 401, Nishiya yamamura, Miyoshi City, Tokushima
TEL. +81 883-87-2300
Check-in: 3:00 PM / Check-out: 10:00 AM
info@hotel-hikyounoyu.co.jp
<http://www.hotel-hikyounoyu.co.jp>



Hotel Hikyo-no-Yu is about 5 minutes by car from "Iya no Kazurabashi (Vine Bridge)". There are different types of baths in the hotel. The open-air bath is built using "blue stones of Awa" and the large bath floor is covered with the "blue stones". From the full sized window on one side of the bath you can overlook the lush forest of the Iya Valley. In addition to this, "salt sauna" an improved Japanese version of the sauna, which increases metabolism of the skin, and the "medical bath" (yomogi mug wort herbal bath) are available. The cuisine uses local ingredients and local sake of Shikoku and the hotel also serves an original wine. We provide free transport service to and from JR Oboke station for our guests. For our guests who arrive before check-in time, we also provide luggage service.



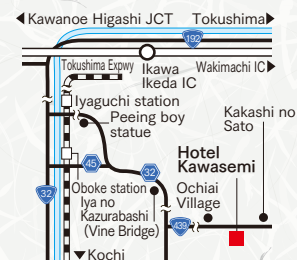
- ① Large bath with a large window on one side and the floor paved with the "blue stones" from Tokushima which is famous for the "blue stones of Awa".
- ② An open and relaxed restaurant.
- ③ Hotel Hikyo-no-Yu stands quietly against the backdrop of majestic mountains.

- ④ A number of local cuisine using local ingredients.
- ⑤ If you arrive early, you can enjoy tea and snacks.



Iyashi no Onsenkyo Hotel Kawasemi

28 Sugeoi, Higashiiya, Miyoshi City, Tokushima
TEL.+81 883-88-2975
Check-in:3:00 PM/Check-out:10:00 AM
iyashi882975@ctm.ne.jp
<http://iyashino-onsenkyo.com>



There is another Kazurabashi (Vine Bridge) in east Iya called Niju Kazurabashi (Double Vine Bridges). Hotel Kawasemi is located close to these tourist spots like "Niju Kazurabashi (Double Vine Bridges)", "Ochiai Village" and "Kakashi no Sato Village". Hotel Kawasemi has a large bath and a Jacuzzi you can lay down in. In addition, you can enjoy soaking in the water in an open-air bath out in the open, listening to the sounds of nature. In the restaurant there are large windows through which you can see the scenery of Deep Iya while enjoying your meal. In the hotel grounds, there is an annex that is an imitation of old houses of Iya, and a cottage with a sunny terrace.

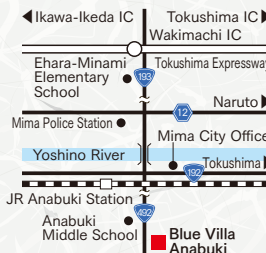


- ① The open-air bath where you can enjoy four seasons of nature.
- ② Western-style rooms with high ceilings.
- ③ This facility has received the best Tokushima Wooden Architecture Award.
- ④ Local cuisine utilizing local ingredients.
- ⑤ Fresh slices of river fishes
- ⑥ The path to the open-air bath is also a space for healing.



Seiryu-no Sato Blue Villa Anabuki

Aza-Maruyama 1, Kuchiyama, Anabuki-cho, Mima City,
Tokushima Prefecture
TEL.+81 883-55-3777
Check-in:3:00 PM/Check-out:10:00 AM
bv-ana@mail.netwave.or.jp
<https://bv-anabuki.jp/>



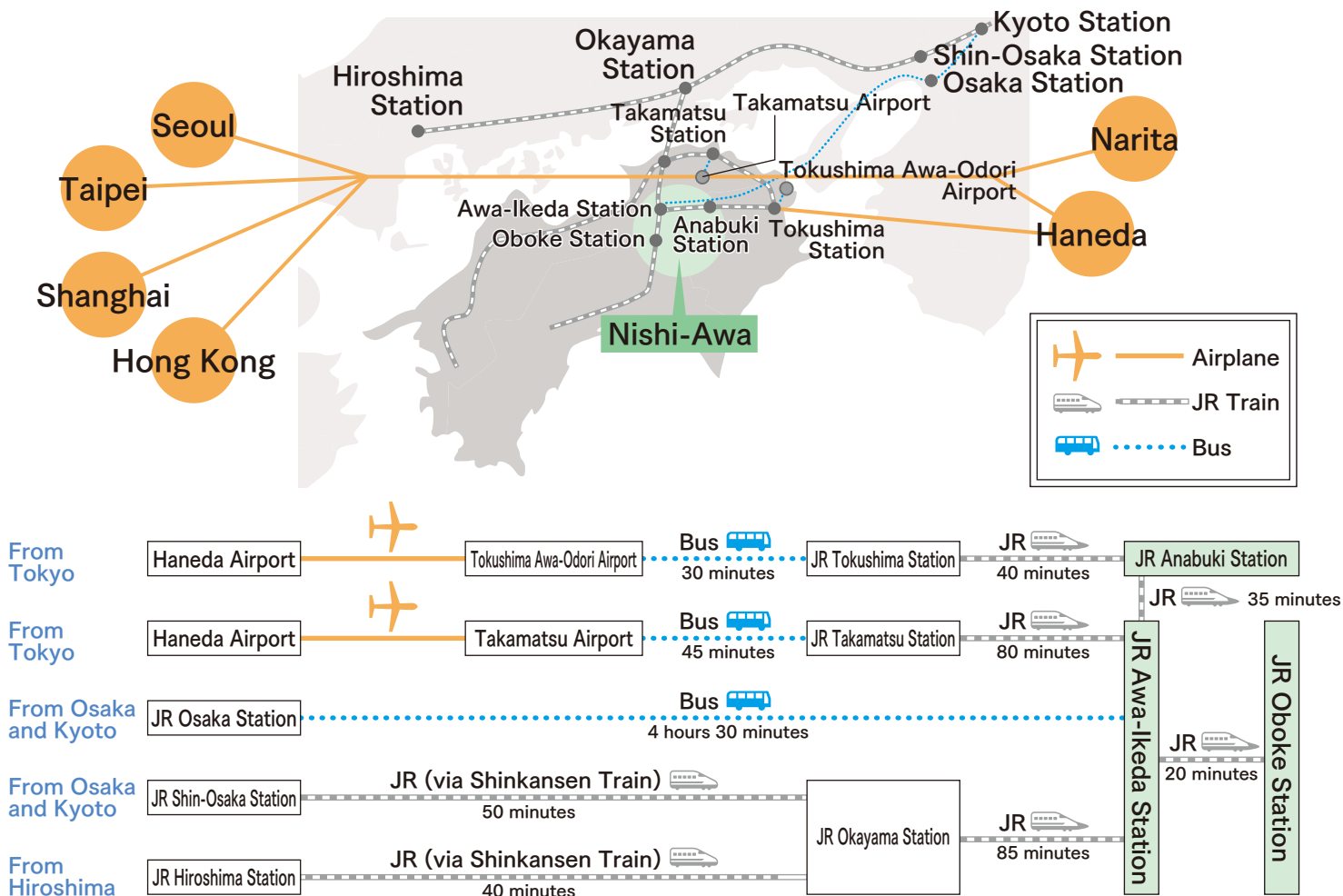
Blue Villa Anabuki is located on the banks of the tranquil Anabuki River, which is said to have the clearest waters in Japan. Surrounded by rich nature, this recreational facility offers lodging, banquet and meeting rooms, a restaurant, and barbecue spaces, as well as relaxing hot springs that have views into the lovely valley. The outdoor environment is easy to enjoy here, where the broad, wooded landscape and the crystalline Anabuki River are swept with pure, gentle breezes. Japanese-style rooms and special rooms with beds are available, as well as the relaxing villas of "Cottage Seiryu-no Sato". The high-quality open-air hot spring baths are rich in sodium bicarbonate and other minerals, and ladies love how this "Skin Beautifying Water" provides rejuvenating and nourishing effects.



- ① The large bathing space includes a vibra-bath, herbal bath, and sauna.
- ② The rooms of "Cottage Seiryu-no Sato".
- ③ Recreational lodging surrounded by rich nature.
- ④ Gourmet meals that are both ample and delicious.
- ⑤ The "Kawami Open-Air Bath" overlooking the crystal clear Anabuki River.

Access

How to reach Nishi-Awa from major cities in Japan



Lya Valley/The Statue of a Tinkle Boy

Lya Valley consists of steep mountains and gorges surrounding the Lya River. It is colored in fresh green colors in the springtime, and bright red in autumn. At the 200-meter high steep cliff overlooking the Lya Valley stands the Statue of a Tinkle Boy. From here, one can enjoy the scenery of Lya Highway which is acknowledged by the Michelin Green Guide, to the "Hinoji shaped valley", a magnificently beautiful valley.



Vine Bridge in Lya

One of Japan's three odd bridges, it is designated in the list of Important Tangible Folk Cultural Properties of Japan. There is a Heike legend that the bridge was built using a Kazura plant so that they could cut the bridge in order to escape from pursuers anytime. It is 45m in length, 2m in width, 14m above the water surface, and is reworked once every 3 years.



Anabuki River

The Anabuki River is a tributary of the Yoshino River, which flows through Mima City in Tokushima Prefecture. Known as for having Japan's clearest water, people enjoy playing in the river and camping on its banks.



Oboke, Koboke

Oboke and Koboke is a valley stretching 8km along the Yoshino River. The cliffs are so steep that it is said the cliffs were given their name because "it doesn't matter if you take large steps or small steps - it's dangerous". These sculptured beautiful rocks were created 100 million to 200 million years ago deep down in the seabed when it suddenly appeared aboveground. Oboke is designated as a national nature treasure and beauty spot, and the beautiful seasonal valley and strange rocks can be viewed up close.



Local tourist spots



Tsurugisan Mountain/ Mt. Tsurugi

One of 100 famous mountains in Japan and is located in the Mt. Tsurugi National Park. It is said that the origin of the name was the sword said to belonging to Emperor Antoku. The second highest mountain in west Japan (altitude of 1,955m) and is enjoyed as an easy mountain to hike using the climbing lift (operates until the end of November).



The Udatu Townscape

The Udatu Townscape of Mima City in Tokushima Prefecture is located in the town of Wakimachi and is nationally designated as an Important Preservation District of Traditional Buildings. The term "Udatu" refers to small fire-walls that were installed on the second floors between neighboring buildings, and this unique construction method required a considerable extra expense. It is said that old-world merchants, who flourished from the indigo trade, built such features as a way to display their wealth.



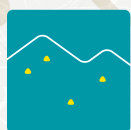
Rafting

Rafting down the rapids in the 8-seater rubber boat. This is where Japan's first rafting tour started. Yoshino River is said to be the best rafting spot in Japan. Accompanied by a veteran river guide, even beginners can safely enjoy the experience.



Double Vine Bridges in Deep Lya

These bridges are said to have been built by the Heike clan to let them go to and from their riding grounds. There are two bridges, which are sometimes called the "male Bridge" and the "female Bridge," respectively. Female Bridge is a ropeway called the "Yaen," which lets you cross the river by pulling a rope, offering a unique experience.



Tourist Attractions in the
Western Part of Tokushima, Shikoku

<https://nishi-awa.jp>

Inquiry

● Soranosato

995-1, Shima Ikeda town, Miyoshi City, Tokushima, 778-0005

Tel:0883-76-0713 Fax:0883-72-0753

E-mail:sora@cn05.awaikeda.net

