

SHIGA KOGEN YUDANAKA & SHIBU ONSEN RESORT KITA-SHIGA KOGEN



SNOW MONKEY



SKI & SNOWBOARD



ONSEN RESORT



MOUNTAIN RESORT

SNOW MONKEY TOWN
YAMANOUCHI

YAMANOUCHI

SNOW / GREEN & ONSEN RESORT

Yamanouchi Town is a popular tourist destination in Japan. Located in the northeast of Nagano Prefecture, it offers some of the most famous snow resorts in Japan including Shiga Kogen and Kita-Shiga Kogen. Also, the town has a well-known hot spring called Yudanaka & Shibu Onsen Resort, which is the only place in the world where visitors can see 'Snow Monkeys' bathing in a hot spring. Many tourists visit Yamanouchi Town year round as Yudanaka Station is well connected to Tokyo by the Shinkansen (bullet train) and a local limited express train. This destination is conveniently located about two and a half hours from Tokyo.

FROM TOKYO, 2.5 HOUR
FROM OSAKA, 5 HOUR



Located mainly around Joshin'etsu-kogen National Park, Shiga Kogen is the largest and most extensive ski area in Japan. At an altitude of 1,300 to 2,300 meters Shiga Kogen is the perfect place to enjoy skiing and snowboarding because of its fine powder snow. The area is surrounded by nature and cool in summer, making it a popular summer getaway as well.



KITA-
SHIGA
KOGEN



Kita-Shiga Kogen offers snow sports in the winter and hiking amongst 150 varieties of alpine plants in the summer.



ACCESS FROM YUDANAKA STATION

The map illustrates the Shiga Kogen Area with various bus routes and walking paths. Key locations and travel times are as follows:

- YUDANAKA Sta.** to **SHIBU ONSEN**: 5min (bus)
- SHIBU ONSEN** to **SNOW MONKEY PARK**: 5min (bus)
- SNOW MONKEY PARK** to **KITA-SHIGA KOGEN**: 20min (bus)
- KITA-SHIGA KOGEN** to **SORA TERRACE**: 30min (bus or car)
- SORA TERRACE** to **HASUIKE**: 8min (cable car)
- HASUIKE** to **YOKOTEYAMA**: 20min (bus)
- YOKOTEYAMA** to **OKUSHIGA KOGEN**: 30min (bus)
- OKUSHIGA KOGEN** to **SHIGA KOGEN AREA**: 35min (walking)
- SHIGA KOGEN AREA** to **JIGOKUDANI YAEN-KOEN**: 35min (walking)

YUDANAKA
& SHIBU
ONSEN
RESORT

Yamanouchi Town's Yudanaka & Shibu Onsen Resort, which is dotted with nine hot springs, has been a popular bathing destination for over 1,300 years. Each of the springs flowing in and around this town offer different qualities and characteristics, meaning that visitors will find themselves able to enjoy a variety of bathing experiences.



SNOW
MONKEY



Jigokudani Yaen-koen is a well-known tourist spot in Japan since it is the only place in the world where wild monkeys bathe in natural hot springs. Here, you'll be able to get right up close for a look at wild monkeys that have inhabited the area since long ago.

SHIGA KOGEN (View from Yokoteyama ski area)

SHIGA KOGEN

Shiga Kogen is registered as a UNESCO Biosphere Reserve and is located within a national park. It offers magnificent red and yellow foliage in autumn and deep green foliage during summer. With mountains ranging from 1,300 to 2,300 meters in elevation, trekking and cycling are common activities during the green season (spanning from June through to October) which allow visitors to experience the precious natural landscapes up close. There are around 90 hotels in the Shiga Kogen area, catering to all budgets, travel styles and preferences.

There are around 90 hotels in the area.



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Shiga Kogen is also famous for having the largest snow resort in Japan. Visitors from around the world enjoy skiing and snowboarding here during the winter season from December to May. Taking a ski tour here while enjoying the variety of scenic views in this vast ski area is truly a special experience.

400ha / total course length 80km / more than 50 lifts and gondolas



AUTUMN



SUMMER

Onuma-ike Pond

“JAPAN POWDER”

Shiga Kogen has some of the lightest and deepest powder snow in all of Japan. Visitors are encouraged to experience the fine powder snow for themselves.



SNOW MONKEY

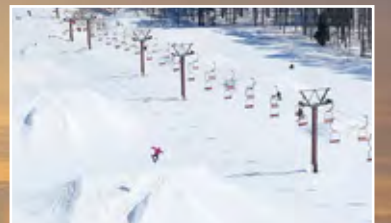
Wild Japanese monkeys living in the mountains visit Jigokudani Yaen-koen year round. During the winter, visitors can watch them bathe in hot springs, while baby monkeys can be seen between May and July. This particular attraction brings many people from around the world to the area.



KITA-SHIGA KOGEN

Kita-Shiga Kogen is a great place not only for experienced skiers and snowboarders, but also beginners, too, as it offers a number of different activities that include terrain parks and kids parks. The local specialty dish called Sugakawa Soba (buckwheat noodles) offers a rich and savory taste. Eating these local noodles in a mountain village surrounded by nature is truly a unique experience!

There are around 70 hotels in the area.



“UNKAI” SORA TERRACE

The word Unkai (sea of clouds) describes the magical natural phenomenon when you are above the clouds and mountain peaks appear like islands in a vast sea. SORA terrace is the place to experience this phenomenon firsthand, which makes you feel like you are floating on a sea of clouds.





YUDANAKA & SHIBU ONSEN RESORT

There is plenty to enjoy at Yudanaka & Shibu Onsen Resort. You can relax in hot spring baths at a Japanese-style inn or visit Sotoyu (public bath houses) around the town. The traditional atmosphere of Yudanaka & Shibu Onsen provides visitors with the opportunity to experience a unique part of Japan.

There are around 80 hotels in the area.



SHIBU ONSEN



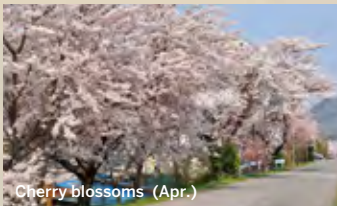
IMAGE

“YUKATA”

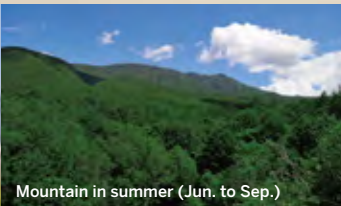
The yukata is a traditional Japanese garment worn after bathing. Japanese-style inns provide a wide range of beautifully designed yukatas for their guests. A variety of restaurants and Izakaya (Japanese gastropubs) are also found at Yudanaka & Shibu Onsen Resort. So once you've had your bath, enjoy the Japanese custom of putting on a yukata and taking a stroll through the village.

THE FOUR SEASONS OF YAMANOUCHI TOWN

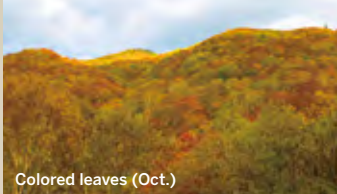
The four seasons offer a variety of distinct colors in Yamanouchi Town. This includes deep green leaves during summer, fall foliage during autumn, and white snow in winter. The weather is also quite distinct as temperatures vary seasonally and there is a large contrast between the mountainous and lowland areas of the town. Be sure to dress appropriately.



Cherry blossoms (Apr.)



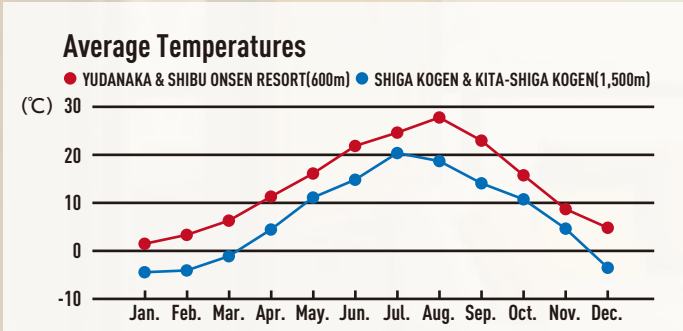
Mountain in summer (Jun. to Sep.)



Colored leaves (Oct.)



Snow (Dec. to Mar.)



ENJOY FRUIT PICKING!



Fruit picking from spring through autumn is another fun activity found in Yamanouchi Town. Cherries, blueberries, Kyoho grapes, and apples are all local specialties. Picking fresh fruit all by yourself makes them taste even better.

	JUN.	JUL.	AUG.	SEP.	OCT.	NOV.
CHERRY						
BULEBERRY						
KYOHU GRAPE						
APPLE						

TASTE LOCAL DISHES!



ONSEN MANJU

Yamanouchi Town offers a variety of delicious local dishes, including hot spring specialty Onsen manju (steamed buns stuffed with red bean paste), Oyaki (dumplings stuffed with vegetables), and premium Shinshu beef (cattle fed with apples for marbled beef with a soft texture). These foods are sure to leave you with fond and delicious memories.



OYAKI



SHINSHU BEEF



“Make your own buckwheat noodles!”

Knead, stretch, and cut the dough. This hands-on lesson will make you feel like a Soba noodle master and provide you with an opportunity to experience Japanese food culture.

“What is an Izakaya??”



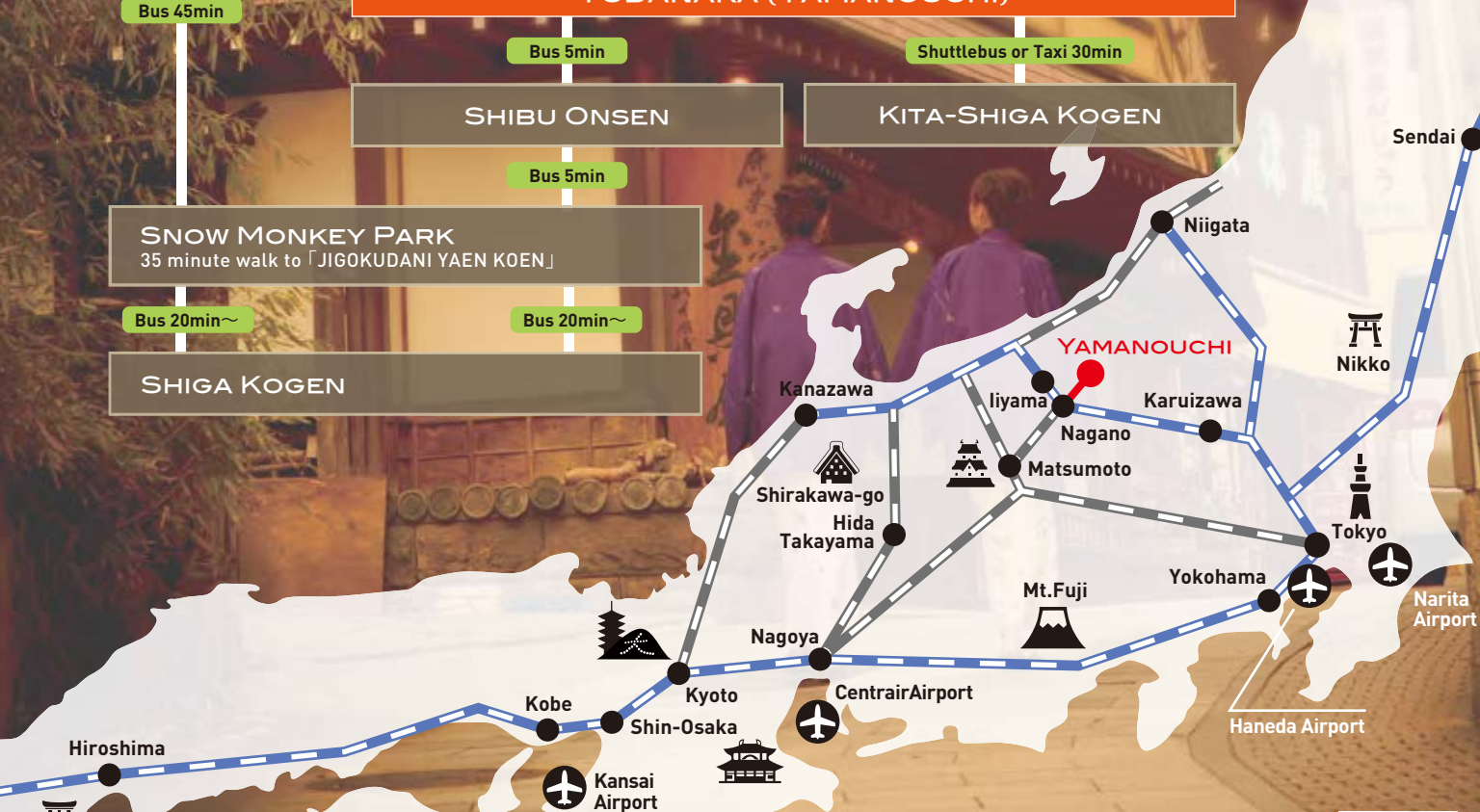
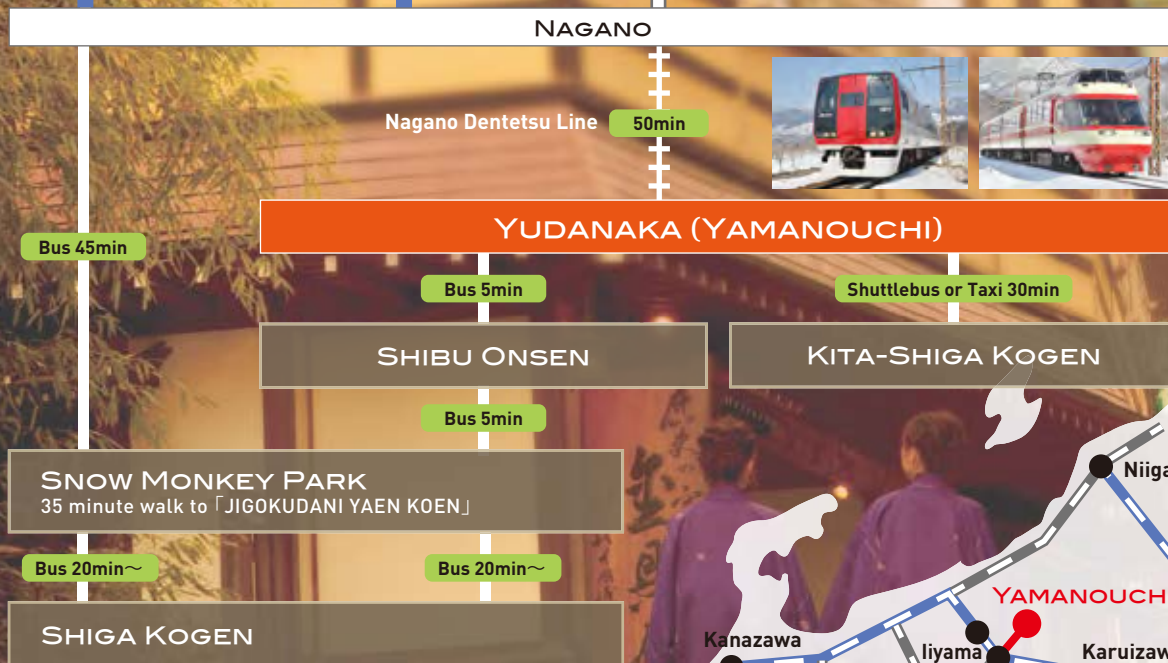
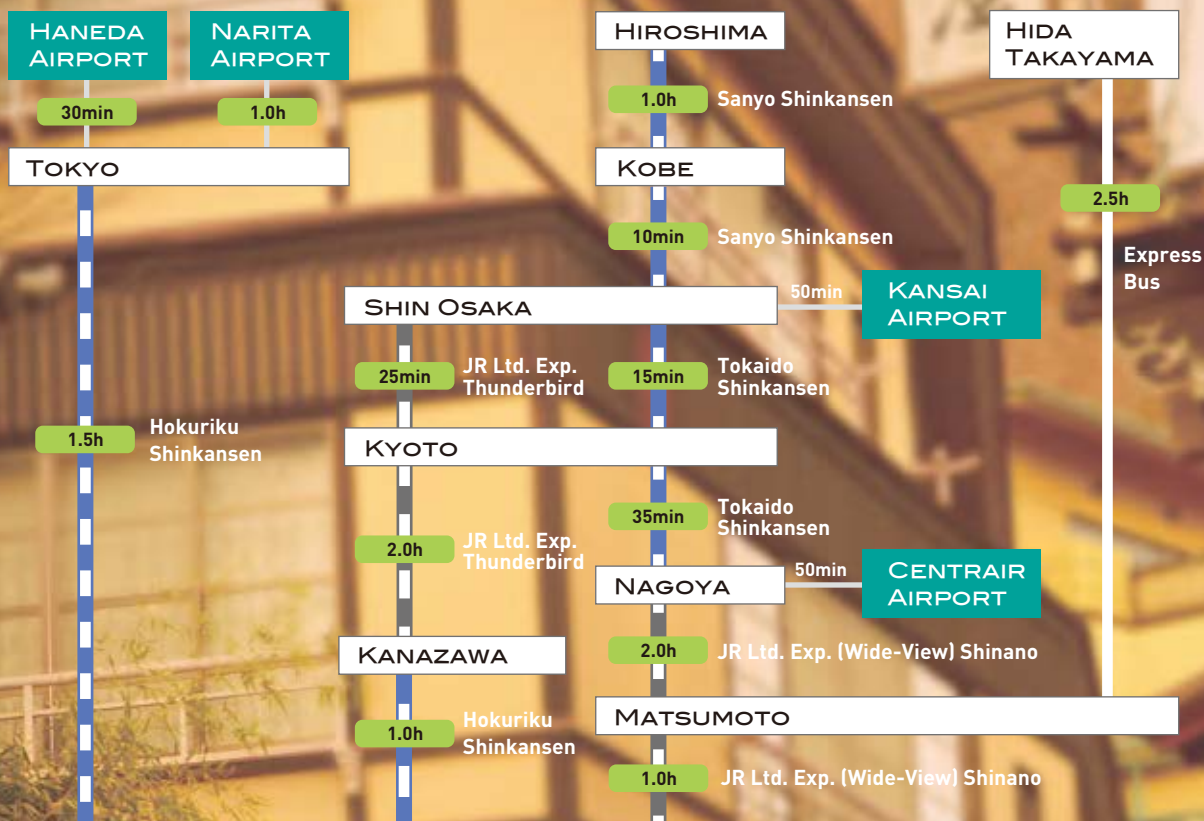
An Izakaya is a Japanese style gastropub where you will find both drinks and food on the menu. Yamanouchi Town has a number of Izakaya where you can enjoy Japanese and unique local cuisine. Izakaya are a fixture of Japanese food culture. Be sure to eat at one on your next trip.



“WASHOKU”

UNESCO defines Washoku (which is also registered as an ICH; an Intangible Cultural Heritage of the world) as a "social practice based on a set of skills, knowledge, practice, and traditions related to the production, processing, preparation and consumption of food." Washoku values the use of seasonal ingredients and bringing the best out of these ingredients. The beautiful presentation of Washoku is meant to please the eye as much as the palate.

ACCESS



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