# The Seikan area, packed with local attractions For new multi-destination travel

With the opening of the Hokkaido Shinkansen bullet train line, four cities along the line in the Seikan area-Aomori, Hachinohe, Hakodate and Hirosaki-have been working together to press forward in developing attractive tourist destinations by highlighting their respective local characteristics. The Shinkansen line has brought the four cities lying across the Tsugaru Strait closer to each other than ever, creating the Seikan area-a new tourist area consisting of Aomori Prefecture and the southern Hokkaido area. With rich and distinctive histories and cultures, these four cities have a host of attractive tourist resources that can be found only there. The Shinkansen line has also enabled multi-destination travel in the four cities, making trips to the Seikan area even more appealing. We have published this brochure featuring trips to the four cities, titled Seikan Area Multi-destination Travel Guide: Aomori, Hachinohe, Hakodate and Hirosaki, out of hope that we will make the most of the opportunity created by the Shinkansen line's opening to have more people appreciate the appeal of the Seikan area. We hope many people will visit the Seikan area as we continue to engage communities here to enable visitors to enjoy our sightseeing resources to the fullest. We sincerely look forward to your visit.

## Inquiries

Aomori Website: https://www.atca.info/atca\_language/index\_en.html

Contact: Aomori Tourism and Convention Association Aomori Chamber of Commerce and Industry Hall 4F, Shinmachi 1-2-18, Aomori Phone: +81-17-723-7211 (No English-speaking staff available) E-mail: info@atca.info

# Hachinohe

Website: https://visithachinohe.com/en/

Contact: **VISIT HACHINOHE** (general incorporated foundation) Phone: +81-178-70-1110 E-mail: info@visithachinohe.or.jp

# Hirosaki Website:

https://www.hirosaki-kanko.or.jp/en/

Contact: Hirosaki Municipal Tourist Center Phone: +81-172-37-5501 E-mail: htcb07@jomon.ne.jp

# Hakodate

Website: https://www.hakodate.travel/en/ Contact: Contact Center for Foreign Tourists, City of Hakodate Phone: +81-138-23-5440 Inquiry Form https://www.hakodate.travel/en/contact-en.html

# Seikan Area Multi-destination Travel Guide:

# Aomori, Hachinohe, Hakodate and Hirosaki



Seikan Area Tourist City Conference

# Access

# **Multi-destination** travel to the ever-closer Seikan area

Hayabusa and Hayate offer 13 round trips daily on the Hokkaido Shinkansen Line.



# **JR** East-South Hokkaido

#### This is a free pass sold only to travelers from overseas visiting Japan. This pass lets you ride on the Shinkansen and limited express trains in the southern Hokkaido area (including Sapporo, Hakodate and New Chitose Airport) and the eastern Japan area (including the Tohoku region) as a joint product from JR EAST and JR HOKKAIDO.

### www.jreasthokkaido.com/e/

#### Period of Validity and Sales Price

This pass is valid for any six days in the 14-day period from the day it is issued (Flexible six days) \*The day the pass is issued is the day it is exchanged (when purchased outside of Japan) or sold (when purchased in Japan)

Sales outside Japan	Adult <b>¥26,900</b>	Child ¥13,450
Sales within Japan	Adult ¥27,930	Child ¥13,960

#### Range of Use

This pass can be used for unlimited travel using reserved or non-reserved seats of ordinary cars on local, express and limited express (including the Shinkansen) trains on the JR HOKKAIDO lines in the free area, JR EAST lines (including BRT), Izu Kyuko Line, Tokyo Monorail, Aoimori Railway, Iwate Galaxy Railway (IGR) and Sendai Airport Transit. This pass can also be used to travel on ordinary cars of limited expresses on Tobu lines (if either the departure or destination station is on a JR line), for example, "Nikko," SPACIA Nikko, "Kinugawa" and "SPACIA Kinugawa" as well as local trains between Shimo-Imaichi and Tobu-Nikko/Kinugawa-Onsen on the Tobu Railway lines. \*It is not possible to use this pass to board the South Hokkaido Railway or Hakodate city tram

#### Purchase and Exchange Locations

#### JR-HOKKAIDO Area

●JR Information Desks : Sapporo Station and New Chitose Airport Station ●Stations: Shin-Hakodate-Hokuto Station and Noboribetsu Station

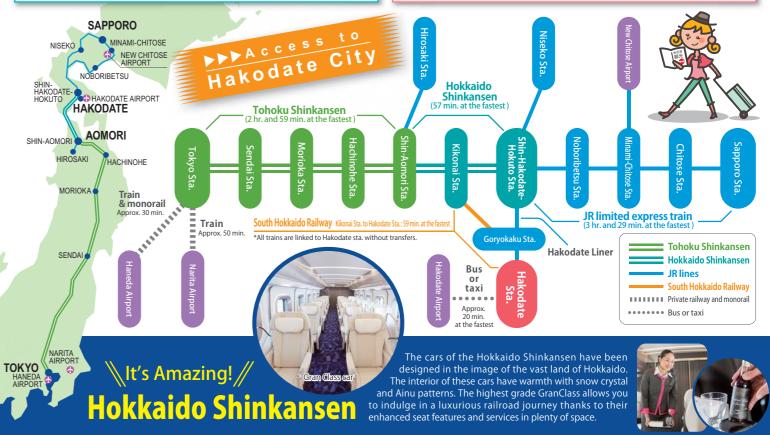
Travel Service Centers (Twinkle Plaza): Sapporo Station and Hakodate Station

#### **IR-FAST** Area

•JR EAST Travel Service Centers: Narita Airport Station, Airport Terminal 2 Station, Tokyo Monorail Haneda Airport International Terminal Station, Tokyo Station and Shinjuku Station •Stations: Narita Airport and Airport Terminal 2

 Travel Service Centers (View Plaza): Yokohama Station, Mito Station, Fukushima Station. Sendai Station, Yamagata Station, Morioka Station, Hachinohe Station, Aomori Station, Akita Station, Shinagawa Station\*, Shibuya Station\*, Ikebukuro Station (West Exit)\* and Ueno Station\* \*Stations marked with an asterisk handle sales only

Information Centers (The following locations handle exchanges only): Shinagawa Station General Information Counter, Shibuya Station Information Center, Shinjuku Station (East Exit) Information Center, Ikebukuro Station Information Center, Ueno Station (Central Exit) General Information Counter and Sendai Airport Transit Sendai Airport Station "JR EAST PASS Exchange office"



# apan Rail Pass

The JAPAN RAIL PASS is a pass provided jointly by the six companies comprising the Japan Railways Group (JR Group). This is a great value way to travel all over Japan by train.

## www.japanrailpass.net/en/

#### **Period of Validity and Sales Price**

This pass is valid for 7, 14 or 21 consecutive days beginning on the date it is first used. \*You can choose any day as the starting date within a one month period from day on which you turn in your Exchange Order for the pass.

Туре	Green Car		Ordinary Car	
Duration	Adult	Child	Adult	Child
7 days	¥39,600	¥19,800	¥29,650	¥14,820
14 days	¥64,120	¥32,060	¥47,250	¥23,620
21 days	¥83,390	¥41,690	¥60,450	¥30,220

#### Range of Us

•All JR Group lines in the Shinkansen (except any reserved or non-reserved seat on "NOZOMI" and "MIZUHO" trains), limited express trains, express trains, rapid trains, local trains and the BRT (with some exceptions) Tokyo Monorail Aoimori Railway services between Aomori and Hachinohe IR Ishikawa Railway Line between Kanazawa and Tsubata \*It is possible to use the pass only on limited occasions for Aoimori Railway, IR Ishikawa

way and Ainokaze Toyama Railway. Please check the website for details.

●Local routes of JR Bus companies. (This excludes some local routes. The routes that can be taken are subject to change.) \*It is not possible to ride the highway bus routes of JR Bus companies. OJR WEST Miyajima Ferry (between Miyajima and Miyajimaguchi) \*The hydrofoil ferry service operated by JR KYUSHU between Hakata and Pusan (Korea) is not covered) \*It is not possible to use this pass to board the South Hokkaido Railway or Hakodate city tram

#### Purchase and Exchange Locations

The JAPAN RAIL PASS is sold by travel companies and agencies overseas which sell products for travelers from overseas visiting Japan (e.g. the JAPAN RAIL PASS). Please turn in your Exchange Order for a pass after arriving in Japan. You can turn in your Exchange Order at JAPAN RAIL PASS exchange locations in the main JR stations. \*You cannot purchase the JAPAN RAIL PASS in Japan.

IAPAN RAIL PASS PRECAUTIONS OThere may be some excluded trains and additional charges within the range of use on JR lines. OIf you use a private railway company line, you will have to pay the fare and fee for each section you use. OPlease check our website or contact the JR companies directly for other detailed information.



The soft rime of

the Hakkoda Mountains



Namioka Castle

cherry blossoms.

a national historic site

It is believed that Namioka Castle was built around 1460 by descendants of Kitabatake Chikafusa and

Akiie, who served Emperor Go-Daigo during the

period of the Northern and Southern Courts. It is

the first castle site designated as a national historic

site in Aomori Prefecture, and is also famous for its

#### Autumn leaves on the Hakkoda Mountains

On the Hakkoda Mountains, leaves of various tree varieties, including beech and maple, change colors in October. The approximately 10-minute ropeway ride is a great way to enjoy the whole face of the land covered with a bright carpet of orange. The Hakkoda Gourd Line footpath, which extends from the ropeway's Summit Park Station, weaves through alpine plant communities and marshes. The walking trail has two courses, an accessible 30-minute course and a 60-minute one, making it perfect for people of all ages and ability levels. (Period of autumn foliage: late September - October)



Access: Approx. 80 min. by JR Bus bound for Towadako (Lake Towada) from JR Aomori Station to the Ropeway Eki-mae stop Inquiries: Hakkoda Ropeway hone: +81-17-738-0343 (No English-speaking staff available)

Address: Aza Kansuizawa 1-12. Oaza Arakawa. Aomori



(Reconstruction) National Park

The Tanesashi Coast serves as a northern gateway to Sanriku Fukko (Reconstruction) National Park, which includes a

beautiful Pacific coastline that extends 250 kilometers from Aomori to Miyagi prefectures. The Tanesashi Coast features

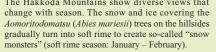
undulating natural grass terrain that stretches out as far as the water's edge, and a footpath extending to its north is listed as one of the top 100 trails in Japan. A narrow path in pine

woods there provides stunning views of oddly shaped

rocks, and a campground is opened from April through to

October for people to revel in the natural beauty of the coast. The Tanesashi Coast also has many scenic viewpoints, including the Ashigezaki Viewpoint, that feature panoramic views of the Pacific Ocean and Tanesashi Coast.





ddress: Aza Gosho 14-1, Oaza Namioka, Namioka, Aomo Access: 15 min. on foot from Hamaoka Station nguires: Namioka Castle Site Information Cente one: +81-172-62-0363 (No English-speaking staff available)

# Recommended Sights Hachir Tanesashi Coast in Sanriku Fukko



Michinoku Coastal Trail

Michinoku Coastal Trail is a nature trail covering a total

length of approximately 1,000 km that connects

Kabushima Island, Hachinohe City and Soma City,

Fukushima Prefecture. You can walk as you like at your



#### Tinted autumn leaves at Lake Aoba in the Nango area

Lake Aoba was created by the construction of the Yomasari Dam. It was named after the Aoba flute that a historical figure named Taira no Shigemori (1138-1179) is said to have brought with him when he fled into a village that was later submerged when the dam was built. Scenic viewpoints on the lake's shores afford seasonal panoramas, and roofed pleasure boats operating in autumn provide an opportunity to unwind and enjoy the lake with colorful autumn foliage

(Period of autumn foliage: late October - early November)





Address: Nango Shimamori, Hachinohe Access: Approx. 40 min. by car from downtown Hachinohe Inquiries: Nango Tourist Association Phone: +81-80-1800-8918 (No English-speaking staff available)



#### **Tinted autumn leaves** on Mount Iwaki

In late September, Mount Iwaki shows a beautiful gradation of autumn leaves that go from green to red from its foot upwards. By the time green leaves at the foot turn red, the mountaintop is covered with the first snow of the season. The fiery foliage, white summit and green conifers make a stunning contrast that changes every day as autumn deepens. (Period of autumn foliage: late September mid-October)





Location: Near the foot of Mount Iwak Ink Access: Approx 1 hr. 30 min. by Konan Bus from JR Hirosaki Station nquiries: Iwakisan Tourist Association Phone: +81-172-83-3000 (No English-speaking staff available)

You'll never truly understand how magnificent a location is until you visit it yourself. The Seikan area has stunning nature throughout the four seasons. Come and enjoy moments of excitement.



### Tour of slopes in Motomachi

As autumn deepens, trees on slopes in Hakodate take on autumn hues, including rowan trees at Daisan-zaka Slope, ivy on church walls and tall maple trees standing on the Old British Consulate premises. The leaves change color every day against the backdrop of retro-style streetscapes, and the contrast they make with the oceanic views from the top of the slopes captivates many visitors. Motomachi is a great place to walk around with a camera in the search for beautiful scenery. (Period of autumn foliage: mid-October - early November)





tion: Motomachi, Hakodat Access: On foot from the Juildai or Suehiro-cho tram stop rquiries: Tourism Promotion Section, Tourism Department, City of Hakodate Phone: +81-138-21-3323 (No English-speaking staff available)



Address: Tanakubo 14-167, Oaza Same-machi, Hachinoh Access: Approx. 3 min. on foot from Tanesashikaiga Station on the JR Hachinohe Line

nglish-speaking staff available

Inquiry: Tanesashi Coast Inform one: +81-178-51-8500

#### Hirosaki Castle and cherry blossoms at Hirosaki Park

Built in 1611, Hirosaki Castle was the seat of the feudal Tsugaru clan, which unified the Tsugaru region. The current castle keep, constructed in 1811, has been temporarily relocated since the summer of 2015 for the repair of the castle's stone walls. The surrounding Hirosaki Park is one of Japan's largest cherry blossom viewing spots and features approximately 2,600 cherry trees in 52 varieties, including Yoshino cherry, weeping cherry and double-petaled cherry. When petals whirl in the wind, it's a spectacular experience to walk through a pink tunnel of cherry blossoms in the west moat area and enjoy the view of cherry blossoms reflected on the water of the moat surrounding the castle. The view of cherry blossoms illuminated at night is also a must-see.

# Hirosaki

Hirosaki Cherry Blossom Festival/Regular open season: April 23 – May 5)



Address: Hirosaki Park, Shimoshirogane-cho 1, Hirosak Access: Approx. 17 min. by 100-yen Loop Bus from JR Hirosaki Station to the Shiyakusho-mae stop Inquiries: Hirosaki Municipal Tourist Cente Phone: +81-172-37-5501 (English-speaking staff available)



Tsugaru Iwaki Skyline is a toll road of less than 10 kilometers with 69 hairpin curves. The breathtaking views that come into sight between the beautiful beech forests as you drive along the road are not to be missed.

#### Cherry blossoms at Goryokaku Park

The Goryokaku Fort, a Special Historic Site of Japan and the site of the Battle of Hakodate in the last stage of the Boshin War, is known as a popular cherry blossom viewing spot. It features approximately 1,600 cherry trees. At the height of the loom, the cherry blossoms paint the star-shaped fort pink. (Blooming season: late April – early May) At the heart of Goryokaku Park sits the restored Hakodate

Magistrate's Office, an administrative institution established by the shogunate to take charge of the development of Ezochi, s Hokkaido was then known, and to serve as a window to foreign countries after the opening of Hakodate Port. The imposing building surrounded by pine trease evokes the atmosphere of the closing days of the Edo period (1603-1868), breathing life into history. The Goryokaku Tower's observatory affords incredible panoramic views of the Goryokaku Fort.





Address: Goryokaku- co 44, Hakodate Access: Tram bound for Yunokawa from JR Hakodate Station to the Goryokaku Koen-mae stop, and then approx. 15 min. on foot, Or Hakodate Bus from the JR Hakodate Eki stop to the Consolence Keen kinetic action of the second of the seco the Goryokaku Koen Iriguchi stop, and then approx. 10 min. on foot Inquiries: Flower and Green Division, Hakodate Housing and City Facilities Public

ation : +81-138-40-3605 (No English-speaking staff available)



Lamps on squid-fishing boats faintly lighten up the dark sky and sea, creating a truly striking sight for which Hakodate, the city of squids, is noted.





Sannai Maruyama Jomon

The Sannai-Maruyama Site contains the remains of a large-scale village dating back to the Jomon period of approximately 5,900 to 4,200 years ago. Reconstructed

buildings and numerous exhibits show what a village

Culture Center

in the Jomon period looked like.

#### Aomori Nebuta Festival

Aomori Nebuta Festival, designated as a national important ntangible folk cultural property in 1980, is one of the major fire festivals in Japan. Annually held for six days from August 2, it is the city's most exciting event of the year drawing visitors from across Japan. On the last day of the festival, massive Nebuta floats parade through the streets during the day and are ferried around on boats at night as fireworks light up the night sky. The Nebuta Museum Wa Rasse in the city offers visitors an opportunity to experience the sights and sounds of the Aomori Nebuta Festival all year round. Visitors can see four large Nebuta floats and try dancing to the festival music.

#### Period: August 2 – 7 /enue: Downtown Aomori City

Access: Approx. 8 min. on foot from JR Aomori Station nquiries: Aomori Tourism and Convention Associat Phone: +81-17-723-7211 (No English-speaking staff available)

#### Seikan Ferry Memorial Ship "Hakkoda-Maru"



This ferryboat was in service for about 23 years, connecting Japan's main island of Honshu and Hokkaido. The vessel stopped playing its role in 1988, and was moored at its present location in 1990. It has since been open to the public



Address: Aza Maruyama 305, Sannai, Aomo Access: Approx. 30 min by municipal bus from Aomori Station to Sannai Maruyama Site or approx. 20 min by Nebutan-go Aomori Shuttle Route Bus from Shin-Aomori Station nguiries: Sannai Maruvama Jomon Culture Center -81-17-766-8282 (No English-speaking staff available)



#### Tsugaru-han Neputa Village

Life-size Neputa floats are exhibited at this tourist spot, where visitors can play drums and listen to live music of the Tsugaru shamisen. It is also possible to see how a small goldfish Neputa is created and to experience traditional folk crafts in the Tsugaru region. Various gifts and souvenirs are also available





Address: Kamenoko-machi 61, Hirosak Access: Approx. 15 min. by bus from JR Hirosaki Station to the Kamenoko Machikado stop Inquiries: Tsugaru-han Neputa Village Phone: +81-172-39-1511 (No English-speaking staff available)

# A variety of events add excitement to the short summer and long winter in northern Japan. The cities in the Seikan area have their own unique landscapes. Experience the wholly different cultures and histories of those geographically close cities.

# Recommended **Cultures and Histories**



Kushihiki

Hachimangu Shrine

This shrine, the major guardian shrine of the Nanbu

clan in feudal years, keeps two national treasures:

Akaito-Odoshi Yoroi (armor laced with red threads)

and Shiroito-Odoshi Tsumadori Yoroi (armor with

white triangular-patterned thread lacing).



## Hachinohe Enburi Festival

Hachinohe Enburi is a local dance performance that ushers in spring in the region and has been designated a national important intangible folk cultural property. Dancers, called Tayu, wearing headdresses in the shape of a horse's head express their prayers for a good harvest in the year by wildly swinging their heads close to the ground. Between those performances, a children's Shukufuku-gei performance and various other programs delight spectators. Every year, approximately 250,000 people watch the event, when more than 30 groups of dancers from within and outside the city perform in various parts of the city.



pr-Hachinohe Period: February 17 – 20

Venues: Downtown Hachinohe, Shimin Hiroba in front of Hachinohe City Hall, Kojokaku, etc. Access: Approx. 10 min. on foot from JR Hon-Hachinohe Station on the Hachinohe Line nquiries: VISIT HACHINOHE (general incorporated foundation) Phone: +81-178-70-1110 (English-speaking staff available)

#### Hachinohe Sansha Taisai Festival

This festival boasts a history and tradition dating back 300 years and is included in the UNESCO Intangible Cultural Heritage list. Annually celebrated from July 31 to August 4, the festival features parades of 27 gorgeously decorated floats that add excitement to the summer in Hachinohe. The term Sansha means "three shrines" and refers to Ogami, Chojasanshinra and Shinmei shrines in the city. he procession of portable shrines from these three shrines is followed by that of decorated floats, and shrine maidens and performers of Shinto music and dance (kagura), tiger dance and lion dance also parade through the streets to the delight of onlockers along the streets. In the festival eve event (July 31) and closing event (August 4), those floats are lined up in the city center for illumination. The processions on August 1 and 3 are joint parades of ortable shrines from the three shrines and decorated floats, and on August 2 the floats parade in the evening.

Period: July 31 – August 4 Venue: Downtown Hachinohe City kocess: Approx. 10 min. on foot from JR Hon-Hachinohe Station on the łachinohe Line; Or approx. 20 min. by car or bus from JR Hachinohe

Inquiries: VISIT HACHINOHE (general incorporated foundation) Phone: +81-178-70-1110 (English-speaking staff available)



#### Streetscapes of the Western area

The Western area of Hakodate, one of the first five ports in Japan to open its doors to foreign trade, features unique streetscapes that have incorporated foreign cultures. The Old Public Hall of Hakodate Ward, Kanemori Red Brick Warehouses, Hakodate Orthodox Church and other churches in the area are major tourist attractions and are surrounded by hosts of buildings that blend both Japanese and





ocations: Motomachi and other areas in Hakodate quiries: Tourism Promotion Section, Tourism Department, City of Hakodate none: +81-138-21-3323 (No English-speaking staff available)

Hakodate Christmas Fantasy Launched in 1998, Hakodate Christmas Fantasy is the city's signature winter event. Its highlight is the Happy Fir Tree, an approximately 20-meter-high Christmas tree that floats on a barge in front of a row of waterfront warehouses (the Kanemori Red Brick Warehouses). The tree, sent every year from Canada's Halifax, a sister city of Hakodate, is adorned with approximately 150,000 lights, glittering fantastically The daily tree-lighting ceremony and fireworks launched into the sky above the giant tree create a romantic atmosphere. Soup-bar stalls lining the venue's main street serve hot soup cooked with locally sourced ingredients, helping visitors stay warm in the cold

Western styles of architecture.





#### Tsugaru shamisen

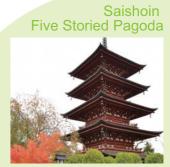
One plays Tsugaru shamisen as if it were a percussion nstrument, powerfully hitting the strings with a plectrum. The Tsugaru-han Neputa Village tourist spot provides an opportunity for visitors to enjoy live performances of Tsugaru shamisen and to try their hand at playing the instrument themselves-a valuable hands-on experience. At Japanese-style Tsugaru shamisen pubs in the city, you can enjoy local dishes while listening to dynamic live performances. The powerful sound of Tsugaru shamisen fascinates listeners as it stirs in the depths of their hearts.

## Tsugaru-han Neputa Village Address: Kamenoko-machi 61, Hirosak

- Inquiries: Tsugaru-han Neputa Village Phone: +81-172-39-1511 (No English-speaking staff available) -han Neputa Village Website: www.neputamura.com (Japa

## Hirosaki

Japanese-style Tsugaru shamisen pubs Locations: In Hirosak nguiries: Hirosaki Municipal Tourist Cente Phone: +81-172-37-5501 (English-speaking staff available



This pagoda, built during the Edo period (1603-1868) without using any nails, is known as the most beautiful pagoda in Japan's northeastern Tohoku region. It has been esignated as a national important cultural property





Period: December 1 – 25 Venue: Kanemori Red Brick Warehouse area in Suehiro-cho, Hakodate Access: Approx. 10 min. on foot from JR Hakodate Station; Or approx. 5 min. on foot from the Jujigai tram stop Inquiries: Hakodate Christmas Fantasy Executive Committee (inside the Hakodate International Tourism and Convention Asso Phone: +81-138-27-3535 (No English-speaking staff available)



Japan's oldest concrete electric pole

Concrete electric poles are a common sight today, but this pole is Japan's oldest, constructed in 1923. Hakodate, one of the first ports in Japan to open its doors to foreign trade, has many "oldests and firsts" in Japan.





#### Niboshi Ramen and Yakiboshi Ramen

Aomori ramen is known for its soy sauce-based soup made with stock from niboshi (boiled and dried small sardines) or *vakihoshi* (broiled and dried small sardines) and thin noodles. Since yakiboshi was readily available in markets immediately after World War II, when Japan faced a food shortage, many affordable restaurants and food stalls offered ramen cooked with stock from yakiboshi. This has made the dish widely popular with locals and it is still loved by people of all ages. Over the years, Niboshi Ramen and Yakiboshi Ramen have slowly but surely evolved and numerous variations have been created - tastes you can enjoy only in Aomori.

Aomori Ramen Associatior Website: http://aomori-ramen.com/shop/list (Japanese) sugaru Ramen Niboshi Kai Vebsite: http://niboshikai.com (Japanese)

#### Nokke-don

Nokke-don is a DIY dish. First, you buy a set of meal tickets and swap a ticket for a bowl of rice, and then go around the market to choose your favorite toppings from the range of fresh seafood offered by about 30 shops there.

Inquiries: Aomori Fresh Fish and Vegetable Center hone: +81-17-763-0085 (No English-speaking staff available) Furukawa Market Website: https://nokkedon.ip (English-, simplified Chinese- and Korean-speaking staff available)





#### Hirosaki Igamenchi

Igamenchi is deep-fired or fried dish made of chopped squid tentacles, seasonal vegetables and flour. It is a home-cooked dish embracing the wisdom and love of Tsugaru Hirosaki's people to use all ingredients without wasting anything.



Delicacies that cannot be enjoyed elsewhere Dishes that can be relished only in the Hirosaki area Savor local dishes, suited to the local climate, that are treasured by locals.

# Recommended Dishes Hakodat



Kai-vaki Miso

the great taste of shellfish

A miso-flavored dish highlighting



#### Hachinohe Senbei-jiru

Hachinohe Senbei-jiru (Hachinohe cracker soup) is a representative local dish that has been enjoyed since the latter half of the Edo period (1603-1868). It features cracked Nanbu Senbei crackers made exclusively for soup dishes (called Otsuyu Senbei) that are stewed in broth made from various ingredients, such as meat, fish and vegetables. The crackers that have soaked up the flavorful soup have a unique, chewy texture. The soup is made basically from chicken broth and soy sauce, but there are a number of variations of ingredient combinations, such as fish broth and salt, and horse meat and miso.

nquiries: VISIT HACHINOHE (general incorporated foundation) Phone: +81-178-70-1110 (English-speaking staff available) Hachinohe Senbeijiru Laboratory Website: http://senbei-iiru.com (Japanese)



Iso Ramen features lightly seasoned soup, thin wavy noodles and generous amounts of seafood, such as sea urchin, shellfish and prawns.

### Hachinohe-Maeoki Saba (Mackerel)

Hachinohe-Maeoki Saba refers to the mackerel that are caught in the waters just off or north of the Sanriku Coast and landed at Hachinohe port during a period determined by the Hachinohe-Maeoki Saba Brand Promotion Council in consideration of the fat content and weight of the fish. The waters off the Hachinohe Coast are the northernmost mackerel fishing area in Honshu, where a rapid drop in seawater temperature in autumn and abundant feed provide a perfect environment for mackerel to store high-quality fat. The mackerel caught in the waters off the Hachinohe coast during the period are said to be the fattiest mackerel in Japan.

Period: September – December Inquiries: Hachinohe-Maeoki Saba Brand Promotion Council (inside the Hachinohe Chamber of Commerce and Industry) Phone: +81-178-43-5111 (No English-speaking staff available) Saha-No-Eki Website: www.hachinohe-saha





Hakodate salt ramen

Hakodate salt ramen, characterized by a clear soup and simple taste, truly pleases your taste buds. It is known as one of the top three ramen in Hokkaido along with Sapporo's miso ramen and Asahikawa's soy sauce ramen. Currently, Hakodate has approximately 150 ramen restaurants, every one of which serves its own salt ramen. What is common to all of them is a clear soup based on a painstakingly made stock that produces a rich flavor that diners will never get tired.

Hakodate Official Travel Guide "Travel Hakodate" Website tps://www.hakodate.travel/er



#### Shirakami fish

The Sea of Japan in Aomori Prefecture (Tsugaru West Coast), which is nourished by the mineral-rich river water flowing down from the beech forests in Shirakami-Sanchi, a UNESCO World Heritage Site, is a good fishing ground with a wide variety of seafood. The fish and shellfish caught in this rich sea are sent directly to Hirosaki, and 18 restaurants serving sushi and other Japanese. French, ethnic and other kinds of cuisine in the city and its suburbs rely on this fresh fish to create their special dishes. In 2019, mahi-mahi, stonefish, black scraper, flying fish and other rare fish as well as gold ayu, that were raised in the limpid stream from Shirakami-Sanchi as well as Japanese huchen and other expensive fish were served.

# Hirosaki

Inquiries: Shirakami Fish Promotion Committee (inside the Tekuteku Editorial Department Phone: +81-172-31-2136 (No English-speaking staff available) Shirakami-no-Sakana Website: http://shirakaminosakana.com (Japanese)



Apple pies are sold at about 40 shops in Hirosaki, which boasts the largest apple production in Aomori Prefecture, famous for apples.

#### Kaisen-don dishes

The Kaisen-don, a bowl of rice topped with various fresh seafood, is a staple culinary delight in Hakodate. Its deliciousness comes from the fact that various fishes are landed year-round in Hakodate, a city surrounded by rich fishing grounds where the warm currents in the Sea of Japan and the cold currents in the Pacific Ocean converge. Abundant bounties of the sea that are unique to Hakodate include the translucent, firm-textured Japanese flying squid caught after the start of the open season in June; bluefin tuna from Toi, touted as the best in Japan thanks to an exsanguination process; and fatty Atka mackerel (Nebokke). which do not migrate in the open sea but rather stay on reefs. Shops in the Hakodate Morning Market, including those of the Donburi Yokocho Market, serve a variety of Kaisen-don dishes.

Inquiries: Hakodate Morning Market Cooperative Association Phone: +81-120-858-313 (No English-speaking staff available łakodate Morning Market Website: www.hakodate-asaichi.com (Japanese)



Hakodate Baked Piroshki was developed in 2017 as a new local specialty that highlights the city's close relations with Russia. This bread is sold at 10 local bakeries.

Hakodate

Hakodate

# Seikan Area Multi-destination Model Courses

## Aomori

Hirosaki

Hachinohe

# Hachinohe

JR Hachinohe Station Approx. 30 min. by conventional-line train

Umineko-go Sightseeing Bus, which makes a tour of scenic viewpoints along the Tanesashi Coast, is recommended!

#### JR Tanesashi-kaigan Station

#### On foot

#### Tanesashi Coast Information Center

Enjoy the scenic viewpoints along the coast from the bus window as you travel to the Tanesashi Coast Information Center. The spectacular view of the Tanesashi Natural Lawn that spreads out before your eyes is a must-see.

Address: Tanakubo 14-167, Oaza Same-machi, Hachinohe Hours: 9:00 – 17:00 \*Closed from December 29 to January 1 Inquiries (phone): +81-178-51-8500 (No English-speaking staff available

#### Iso Ramen

At the Tanesashi Coast, Iso Ramen featuring the Sanriku seafood flavor is highly recommended. The dish features lightly seasoned, salt-based soup and thin wavy noodles topped with locally sourced seafood, such as sea urchin, sea vegetables, shellfish and prawns. The moment you take a bite, you will find a tangy ocean flavor fill vour mouth.

#### On foot

JR Tanesashi-kaigan Station

Approx. 20 min. by conventional-line train

JR Hon-Hachinohe Station

Approx. 10 min. on foot

#### Hachinohe Portal Museum "Hacchi"

Hachinohe Portal Museum "Hacchi" offers a year-round opportunity to enjoy various attractions Hachinohe has to offer. It has galleries and exhibition booths featuring local food, nature and festivals, as well as morning markets and alleyways (*yokocho*) among other local resources. The shop there sells food and craft items.

Address: Mikka-machi 11-1, Hachinohe Hours: 900–21:00 (December 30 and January 2 – 3: 10:00 – 18:00) \*Closed: Second Tuesday of each month (or Wednesday if Tuesday is a national holiday). December 31 and January 1 Inquires (phone): +81-178-22-8228 (No English-speaking staff available)

Approx. 2 min. on foot

#### Gourmet tour to Miroku Yokocho (alleyway)

Eight traditional Japanese alleyways, known a vokocho, extend in the heart of Hachinohe, a citv with a thriving yokocho culture. Each yokocho has its own distinctive atmosphere, but one of the charms common to them is the opportunity to communicate with people. Enjoy various dishes and conversations with people around you at Miroku Yokocho, which boasts 26 eateries and pubs. Inquiries: VISIT HACHINOHE (general i

Phone: +81-178-70-1110 eaking staff available

# Stay in Hachinohe

# Aomori

#### JR Shin-Aomori Station

Approx. 6 min. by conventional-line train

#### JR Aomori Station

Approx. 3 min. on foot

#### Seikan Ferry Memorial Ship Hakkoda-Maru

This is Japan's first railway ferry museum. Hakkoda-Maru, a ship that used to connect Hokkaido and Japan's main island of Honshu, is moored at the quay, and is open to the public. Inside the ship, the bridge, engine room and wagon deck remain preserved, and visitors can feel the atmosphere of days gone by.

Address: Near Yanagawa 1-112-15, Aomori Hours: 9:00 – 19:00 (until 17:00 from November to March) Phone: +81-17-735-8150 (No English-speaking staff available)

Approx, 1 min, on foot

#### A – Factory

This is a commercial complex with a cider factory where cider is made exclusively of apples from Aomori. The factory is packed with gifts and souvenirs from various parts of the prefecture. Dining while seeing the bay area beyond the window is highly recommended.

Address: Yanagawa 1-4-2, Aomor Hours: 9:00 - 20:00 \*Hours differ depending on the shop Phone: +81-17-752-1890 (No English-speaking staff available)

Approx. 30 min. by city bus to the Sannai-Maruyama Iseki-mae stop

#### Sannai Maruyama Jomon Culture Center

The Sannai-Maruyama Site contains the remains of a large-scale village dating back to the Jomon period. It has been designated a national special historic site. In addition to volunteer-guided tours of highlights, visitors can enjoy the exhibits of artifacts unearthed at the ite and various hands-on experience programs, including those to nake small clay figures and curved bead (Magatama) accessories. ddress: Sannai Maruyama 305, Aomori ours: 9:00 – 17:00 (until 18:00 between June and Sep

of each month (or the fi ber 30 – January 1 licear indicary becamer 30 – January 1 Imission: Adults: 410 yen; high school/university students: 200 yen; junior hool students and younger: free \*Additional fees are necessary for specia

#### Sushi in Aomori

Surrounded by the sea on three sides. namely the Sea of Japan. Mutsu Bay and the Pacific Ocean, Aomori abounds in fresh seafood. Savor delicious sushi topped with fresh seasonal fish and shellfish, using fixed-price sushi coupons that can be used at sushi restaurants in Aomori. quiries: Aomori Chamber of Commerce and Ind

Phone: +81-17-734-1311 (No English-speaking staff available Website: http://www.acci.or.jp/sushi2/index.html

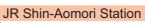
## Stay in Aomori



Cream, a delicious eye-pleasing treat that makes a short summer even more eniovable



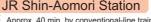




Approx. 40 min. by conventional-line train

JR Hirosaki Station

Taxi



t would be fun to make a tour of sweetshops to sample various apple pies in Hirosaki. a major apple-producing region

#### Tour of plush Western-style buildings combined with Hirosaki French cuisine

There are many Western-style buildings dotted around Hirosaki, including those evocative of the Meiji era (1868-1912) and Taisho era (1912-1926), when Japan embraced Wes sternization. Locals have also been open to Western culture, and the city is said to have more French restaurants per capita than any other city in Japan. In a taxi tour of plush Western-style buildings with Hirosaki French cuisine, you will enjoy a Hirosaki French course featuring locally sourced fresh ingredients after strolling through Western-style buildings.





Inquiries: Tsugaru Machi-Aruki Tou inside the Hi . Phone: +81-172-35-3131 ng staff available osaki Machi-Aruki Website

achi-aruki sakura ne in

On foot or by taxi

#### Guided tour using smartglasses Using the latest (smartglass) digital

technology, this guided tour allows visitors to enjoy 360-degree panoramic views and the history of Hirosaki Castle. Address: Departure: Fujita Memorial Japanese Garden Arrival: Butokuden Lounge (Kita-no-Kuruwa) in Hirosaki Park

Hours: from 10:30 and 14:00 \*All year round Time required: Approx. 70 min. Fee: 1,000 yen/person (from junior high school students and older

ported languages: Japanese, English, Chinese, Korean, Thai, Frenc uiries: Hirosaki Green Association Fujita Memorial Japanese Garden Office Phone: +81-172-37-5525 (No English-speaking staff available

Approx. 15 min. on foot

#### Alley walking at dusk

- A 90-minute program to explore back-alleys at dusk is available to people who want to know more of Hirosaki. It may make you
- feel as if playing detective. (Reservations
- required three days in advance) Inquiries: Tsugaru Machi-Aruki Tourism Promotio
- inside the Hirosaki Tourism and Convention Bureau)
- Phone: +81-172-35-3131 (English-speaking staff available Hirosaki Machi-Aruki Website
- http://machi-aruki.sakura.ne.ip







9



sity students: 200 yen; junior high

and nands-on programs. none): +81-17-766-8282 (No English-speaking staff available)

Approx. 30 min. by city bus to the Aomori Eki-mae stop





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# Hakodate

#### JR Shin-Hakodate-Hokuto Station

Approx. 15 min. by Shinkansen-access train

Hakodate Haikara-go, a vintage streetcar perfect for exploring the city



JR Hakodate Station

Approx. 1 min. on foot

Hakodate Morning Market & Kaisen-don dishes

Surrounded by the sea on three sides with fertile fishing grounds, Hakodate boasts its fresh bounties of the sea above all else. Shops in the Hakodate Morning Market, just a minute-walk from JR Hakodate Station. always offer Kaisen-don dishes featuring generous amounts of fresh seasonal seafood confidently selected by the shop owners. Inquiries: Hakodate Morning Market Cooperative Associati Phone: +81-120-858-313 (No English-speaking staff availab



#### Walking tour of sights steeped in the romance of history

A time-honored city, Hakodate has many sights you will find fascinating during walking tours. These include churches with an international air, old Japanese-style houses on the slopes renovated into cafés, and traces of Toshizo Hijikata and other patriots in the closing days of the Tokugawa Shogunate. Walking tours will enable you to learn more about the appeals of Hakodate. Also check the Hakodate Machiaruki Maps (26 walking routes).

nauiries: Tourism Promotion Section, Tourism Depa City of Hakodate Phone: +81-138-21-3323

(No English-s staff available)

#### Hakodate sweets

One of the first ports in Japan to open its doors to foreign trade. Hakodate has a long tradition of Western confectionery making, with the history of local bakeries and sweet shops dating back as far as the Meiji era. Since the city has a large number of sweet shops, it's easy to take a breather from your tour and drop by a sweet shop to enjoy delicious sweets. nquiries: Hakodate Sweets Promotion As

Phone: +81-138-77-7491 (No English-speaking staff available

If you take Mt. Hakodate Ropeway,

approx. 10 min. on foot from the Juijgai tram stop to the Ropeway's Sanroku Station, and then approx. 3 min. by ropeway to the summit

#### Night view from Mt. Hakodate

The night view of the unique terrain and the lights of the city is highly acclaimed and create a miraculous night view. Don't miss the chance to watch a fantastic night view enveloped by a sea fog in early summer or a panoramic cityscape illuminated by the sunset glow that gradually fades into night.

Hours: 10:00 – 22:00 (until 21:00 in winter) Inquiries: Mt. Hakodate Ropeway Corp. Phone: +81-138-23-3105 (General Informa (No English-speaking staff available)





# Seikan Area Multi-destination Model Courses Spring

189 - P.S

# Tour of cherry blossoms and sweets

# A spring tour featuring pink blooms and delicious sweets

The blooming of the Seikan area's cherry blossoms reaches its peak from late April to early May. Blooms in the variety of cherry blossom viewing spots in this area please the eyes of many. It's fun to savor unique local sweets while enjoying lovely cherry blossoms that spread before your eyes.

# Hachinohe

## JR Hachinohe Station

Approx. 10 min. by conventional-line train

JR Hon-Hachinohe Station Approx. 10 min. on foot

## Miyagi Park



Miyagi Park, located at the ruins of Hachinohe Castle, forms a valuable oasis in the city center, along with the public square (Shimin Hiroba) in front of the city hall, Hachinohe City Public Hall and Miyagi Shrine. It is also a popular cherry blossom viewing spot.

Address: Uchimaru 1-14-49, Hachinohe Inquiries: Parks and Green Spaces Sectio City of Hachinohe Phone: +81-178-43-9141 (No English-speaking staff available)

Approx, 5 min, on foo

#### Asa-no-Hakkoda Morning Hakkoda



by the morning scenery of the Hakkoda Mountains, has a strong cheese flavor and rich taste, but is also fluffy and melts in your mouth.

Address: Basement floor of Nakago Miharuya Department Store, Oaza Jusannichi-machi 13, Hachinohe Hours: 10:00 – 20:00 Inquiries: Arpajon Co., Ltd. Phone: +61-178-20-5822 (No English-speaking staff available)

Stay in Hachinohe

Treat yourself to the beautiful spring blooms and delicious sweets in the Seikan area.

# Hirosaki

## JR Shin-Aomori Station

Approx. 5 min. by conventional-line train

JR Aomori Station Approx. 20 min. by bus to the Gappo Koen-mae stop, and then approx. 1 min. on foot

Gappo Park Best view ng time: Jate April – early May

Aomori

This park is a popular cherry blossom viewing spot with more than 600 cherry trees. When they are in full bloom, the Aomori Spring Festival is held with many stalls and paper lanterns illuminating the cherry blossoms at night. Address: Gappo 2-16-9, Aomori nquiries: Park Maintenance Aoi-mori Group Phone: +81-17-741-6634 (No English-speaking staff available)

Approx. 20 min. by bus to the Aomori Eki-mae stop

JR Aomori Station Approx. 7 min. on foot

### Cassis Cake



This cake features cassis fruit from Aomori, where most of the cassis in Japan is produced. It is popular for its fine harmony of sourness and sweetness

Address: Shinmachi 1-13-21, Aomori Hours: 10:00 – 18:30 Inquiries: Viennese Sweets Strauss Phone: +81-17-722-1661 (No English-speaking staff available)

Stay in Aomor

#### JR Shin-Aomori Station Approx. 40 min. by conventional-line train

JR Hirosaki Station Approx, 20 min, on foot

## Hirosaki Park



The blooms of approximately 2,600 cherry trees in 52 varieties, including Yoshino cherry, weeping cherry and double-petaled cherry, turn the park a lovely pink. As beautiful as full-blown cherry blossoms are, fallen pink petals covering the water surface of the moat are also a breathtaking sight.

Address: Shimo-shirogane-cho 1, Hirosak Inquiries: Shinoshinoshinoganevito I, hinosahi Inquiries: Hirosaki Municipal Tourist Center Phone: +81-172-37-5501 (English-speaking staff available)

### Approx. 10 -15 min. on foot to the city center

#### Hirosaki Apple Pie



Hirosaki boasts the largest apple production in Aomori Prefecture, which is known for its apples. In "the city of apples," you can find apple pies everywhere, such as at sweet shops, hotels and cafés as well as at bakeries and even Japanese-style confectionery stores. Locations: In Hirosaki Inquiries: Hirosaki Municipal Tourist Center Phone: +81-172-37-5501 (English-speaking staff available)

Stay in Hiro<u>sak</u>

Aomori Hachinohe Hirosaki •

• Hakodate

# Hakodate

JR Shin-Hakodate-Hokuto Station Approx. 15 min. by Shinkansen-access

> JR Hakodate Station Approx. 16 min. by tram to the Goryokaku

Koen-mae stop, and then approx. 15 min. on foot Goryokaku Park

## Best viewing time: late April – early May



The Goryokaku Fort, a Special Historic Site of Japan and the site of the Battle of Hakodate, has approximately 1,600 cherry trees. At the height of the bloom, the cherry blossoms paint the star-shaped fort a lovely pink, creating a truly spectacular sight. Address: Gorvokaku-cho 44. Hakodate

Hours: 24 hours a day, 365 days a year The fort: 5:00 – 19:00 (until 18:00 from November to March) Inquiries: Flower and Green Division, Hakodate Housing and City Facilities Public Corporation Phone: +81-138-40-3605 (No English-speaking staff availabl

Approx. 21 min. by tram to the Jujigai stop, and then approx. 5 min. on foot

#### **Cheese Omelette**



Cheese Omelette is not actually an omelette, but a soufflé cheesecake with a fluffy, melt-in-the-mouth texture that includes generous amounts of locally sourced fresh ingredients.

Address: Suehiro-cho 13-9, Hakodate Hours: 9:30 – 19:00 (vary with the season) Inquiries: Pastry Snaffle's (inside Kanemori Yobutsukan) Phone: +81-138-27-1240 (No English-speaking staff available)



# Seikan Area Multi-destination Model Courses Summer

Model course for a tour of your choice Tour of summer festivals and local sights

# A decadent tour that will make your heart leap. Recharge your batteries in vibrant communities.

A variety of traditional local festivals add excitement to the summer of the Seikan area. They offer an opportunity to come in contact with locals and learn about their communities. In addition to festival venues, this multi-destination tour will also take you to hot spring resorts and power spots that have been nurtured by the local climate, where you can learn about local history, communities and the spirit of local residents.

# Hachinohe

JR Hachinohe Station Approx.10 min. by conventional-line train

JR Hon-Hachinohe Station Approx, 20 min, by bus

Korekawa Archaeological ried Cultural

The exhibition of artifacts unearthed at the Korekawa site and the Kazahari 1 site showcases Jomon culture in Hachinohe A clay figurine with clasping hands (Gassyo Dogu), a designated national treasure gives insight into the beauty of the culture and the spiritual world of that time.

Address: Aza Yokayama 1, Oaza Korekawa, Hachinohe Hours: 9:00 – 17:00 (last entry: 16:30) \*Closed: Mondays, the day after national/substitute holidays, and year-end and New Year ho nquiries (phone): +81-178-38-9511 No English-speaking staff available

Approx. 20 min. by bus to the Hachinohe Chushingai Terminal stop



Inscribed on the UNESCO Intangible Cultural Heritage list, this festival is the largest of its kind in Hachinohe and also has a history and tradition spanning some 300 years. The parades of 27 gorgeously decorated floats are so riveting and exquisite that they enthrall spectators. Outside the festival period, exhibits on the Sansha Taisa Festival can be seen on the first floor of Yutori next to Hachinohe Station all year round. /enue: Downtown Hachinohe City nquiries: VISIT HACHINOHE (general Phone: +81-178-70-1110 English-speaking staff avai

# Stay in Hachinohe

# Hirosaki Neputa Festival The Hirosaki Neputa Festival is

JR Shin-Aomori Station

Approx. 40 min. by conventional-line train

JR Hirosaki Station

Approx. 20 min. on foot

haracterized by fan-shaped neputa floats of various sizes depicting gallant warriors. The floats parade through the streets starting with small ones and ending with starting with share high – accompanied by musicians playing flute and Japanese drum. Also popular with tourists is the Sugaru-han Neputa Village, which offers a year-round opportunity to experience the sights and sounds of the Hirosaki Neputa

#### Dates and time

Hirosaki

Dates and times: August 1 – 4: Dotemachi Course, from 19:00 August 5 – 6: Ekimae Course, from 19:00 August 7: Dotemachi Nanukabi Course, from 10:00 Inquiries: Hirosaki Municipal Tourist Center Phone: +81-172-37-5501 (English-speaking staff available)

Approx. 45 min. by bus from JR Hirosaki Station

#### Hyakuzawa Onsen



This hot spring resort is popular for its iron-containing reddish hot spring water called "Netsu no Yu (the water of heat)" It is also characterized by slightly differing hot spring components among the hotels and inns here because abundant spring water allows them to draw fresh hot water directly from their respectively in-house source.

Inquiries: Iwakisan Tourist Assoc Phone: +81-172-83-3000 (No English-speaking staff available)

# Stay in Hirosaki

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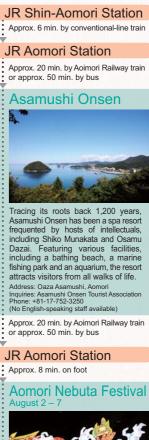
Hakodate Hakodate Port Festival

Aomori

Hachinohe

Hirosaki 

# Aomori





Aomori Nebuta Festival is one of the major fire festivals in Japan and attracts approximately three million visitors every year. A total of 22 large Nebuta floats parade through the streets, adding excitement to the summer of the northern region.

Inquiries: Aomori Tourism and Co Phone: +81-17-723-7211 (No English-speaking staff a



# Hakodate

JR Shin-Hakodate-Hokuto Station Approx. 15 min. by Shinkansen-access JR Hakodate Station

Approx. 5 min. on foot \*Up to the fireworks display venue

Hakodate Port Festival aust 1 -



This is the largest summer event in Hakodate. One of the largest fireworks displays in southern Hokkaido is held on the first day, and approximate 20,000 people parade through the streets in the Wasshoi Hakodate Parade held on August 2 and 3. Venues: Hakodate Port, Hakodate Station area, Goryokaku area Inquiries: Hakodate Port Festival Executive Committee Secretariat (Inside the Hakodate International Tourism

and Convention Association Phone: +81-138-27-3535 (No English-speaking staff

Approx. 30 min. by tram to the Yunokawa Onsen stop



ishing is at its peak, oceanfront rooms offer views of lamps on squid-fishing boats faintly lightening up the dark sea and sky.

Address: Yunokawa-cho, Hakodate Inquiries: Hakodate Yunokawa Hot Spring Ryokan Cooperative Phone: +81-138-57-8988 (No English-speaking staff available)

# Seikan Area Multi-destination Model Courses

#### Aomori

#### Hachinohe

### Hirosaki •

# Hachinohe

### JR Hachinohe Station

Approx. 40 min. by car

Yawata-uma horse figurines are a traditional craft item in Hachinohe. It's fun to decorate a white Yawata-uma



#### Yama-no-Gakko (Lake Aoba Observation and Exchange Facility)

Yama-no-Gakko is a workshop and exchange facility established in the former Masuda Elementary/Junior High School building. It offers a variety of workshops, including those for experiencing rural living and making soba noodles.

Soba making workshop & lunch In this workshop, locals serve as instructors helping you make soba noodles-knead

and slice the dough—and you can enjoy chatting with locals. The firm-textured soba noodles, which you make with 20% wheat flour and 80% buckwheat flour, will be to die for.

Address: Aza Kitanohata 6-2, Nango Shimamori, Hachinohe Hours: 8:00 – 17:00 Inquiries: Yama-no-Gakko Management Council Phone: +81-178-82-2222 (No English-speaking staff available)

#### Approx. 10 min. by car

#### Roofed boat ride to enjoy autumn colors in Nango

An approximately 45-minute fall foliage cruise in a small pleasure boat on Lake Aoba

Period & time: Late October - early November, 10:00 -15:45 (departs every 45 min.) Address: Nango Shimamori, Ha nori. Hachinohe Inquiries: Nango Tourist Ass Phone: +81-80-1800-8918

Approx, 30 min, by car

#### A walk in autumn colors at Shimin-no-Mori Narawazudake

Narawazudake offers a number of walking trails in addition to its main road, providing an opportunity to appreciate fall foliage. The approximately one-hectare Momiji-en (maple garden) creates a fantastic atmosphere when the trees are illuminated in late October. Address: Sototayama 19, Nango Shimamori, Hachir nquiries: Shimin-no-Mori Phone: +81-178-83-2146 (No Engli

Approx. 40 min. by car

### The Best of Gourmet Tours

This annual food festival has been held for more than 30 years, providing participating restaurants the opportunity to offer limited-time, fixed-price menus of dishes using only locally sourced ingredients. Diners who fill out a questionnaire after eating have a chance to win a wonderful gift in a lucky draw.

Period: September 1 – October 31 Locations: Participating restaurants in Hachinohe and elsewhere Inquiries: Hachinohe Chamber of Commerce and Industry Phone: +81-178-43-5111 (No English-speaking staff available) \*The prices and other operational details are subject to change

## Stay in Hachinohe

## Aomori

JR Shin-Aomori Station It is said that a cup of "longevity tea" at Approx. 6 min. by conventional-line train Kayano Highlands will prolong your life JR Aomori Station

Approx. 5 min. on foot



#### : Nokke-don at the Aomori Fresh Fish and Vegetable Center

Make your own DIY dish by topping a bowl of rice with fresh seasonal seafood of your choice, such as scallop, tuna, left-eye flounder and souid. It makes a great breakfast since the center opens at 7:00 in the morning. Address: Furukawa 1-11-16, Aomori (Approx. 5 min. on foot from JR Aomori Station) -lours: 7:00 – 16:00 Inquiries: Aomori Fresh Fish and Vegetable Center

Phone: +81-17-763-0085 (No English-speaking staff availabl

Approx, 80 min, by JR Bus to the Ropeway Eki-mae stop

#### Autumn leaves on the Hakkoda Mountains

Hakkoda Ropeway offers 360-degree panoramic views of autumn colors of beech and maple leaves between late September and October. In September, the ropeway is operated at night offering an opportunity to enjoy the night view of Aomori under the starrv skv. Address: Aza Kansuizawa 1-12, Oaza Arakawa, Aomo

Inquiries: Hakkoda Ropeway Phone: +81-17-738-0343 (No English-speaking staff available

Approx, 80 min, by JR Bus to the Aomori Eki stop, or approx, 20 min, by city bus to the Kenritsu Bijutsukan-mae stop

#### Aomori Museum of Art

This museum permanently showcases artworks by artists associated with Aomori Prefecture, including Shiko Munakata, Yoshitomo Nara and Toru Narita. Chagall's theater backdrops and Yoshitomo Nara's Aomori-Ken dog statue are truly impressive

Address: Aza Chikano 185, Yasuta, Aomo Hours: 9:30 - 17:00 (June - September: 9:00 - 18:00) ries: Aomori Museum of Art Phone: +81-17-783-3000 (English-speaking staff available)

Approx, 20 min, by city bus to the Aomori Eki-mae stop, and then approx, 1 min, on foot

## Experiencing the Aomori Nebuta Festival

at the Nebuta Museum Wa Rasse This facility houses a permanent exhibition of powerful large Nebuta floats that are actually used during the festival and introduces the history and appeal of the festival. Visitors can also try playing the music that accompanies Nebuta parades, dancing to the festival music as Haneto festival dancers do and using paper to create a Nebuta float. Address: Yasukata 1-1-1, Aomori Hours: 9:00 – 18:00 (May – August: 9:00 – 19:00) Inquiries: Nebuta Museum Wa Rasse Phone: +81-17-752-1311 (No English-speaking staff availa

## Stay in Aomori



and authentic shaved ice. Address: Kamishirogane-cho 8. Hir

Hours: 9:00 – 17:00 Phone: +81-172-36-6505

production, and Hirosaki Apple Park offers an opportunity to learn about, touch and savor Hirosaki apples. In this park with 2,300 apple trees, you can enjoy picking ripe apples and tasting them on the spot. Period: August 1 - mid-N Inquiries: Hirosaki Apple Park Phone: +81-172-36-7439 (No English-speaking staff available)



Approx. 25 min. by Konan Bus to the Hotel New Castle-mae stop, and then approx. 3 min. on foot

#### Dinner at Kadare Yokocho

Located in downtown Hirosaki, this eating facility houses 11 food stalls, each unique and some serving dishes of other countries Events are held in the multi-purpose hal with a capacity of 80 people

Address: Hyakkoku-machi 2-1, Hirosak Inquiries: Tsugaru Hirosaki Street Stall Village Co., Ltd. Phone: +81-172-38-2256 (No English-speaking staff ava



## Stay in Hirosaki

Koginzashi is a kind of quilting that has JR Shin-Aomori Station long been handed down in Tsugaru. Approx. 40 min. by conventional-line train In recent years, the patterns and colors have been re-arranged to suit modern tastes. Small products are very popular.



#### Hirosaki Castle Chrysanthemum and Autumn Foliage Festival

At the Hirosaki Castle Botanical Garden, visitors can enjoy the gorgeous chrysanthemum dolls and the topiary of chrysanthemums as well as the brilliant colors of autumr foliage. Period: late October - early Novembe





Approx. 5 min. on foot

Hirosaki

JR Hirosaki Station

Shiyakusho-mae stop

Approx. 17 min. by Konan Bus to the

#### Craft & Wa-Café Takumikan

Tsugaru lacquering, koginzashi and other craft products of the Tsugaru area are displayed and sold here. The café with its theme of Wa (Japan) provides a lunch of home-style dishes, Japanese-style parfait

(No English-speaking staff available)

Approx. 20 min by Konan Bus to the Tokiwazaka Iriguchi stop, or Tamenobu-go (Apr. - Nov.) to Ringo Koe

#### Hands-on experience in picking apples

Hirosaki boasts Japan's largest apple





# Tour of autumn leaves and local specialties

# Hakodate

JR Shin-Hakodate-Hokuto Station Approx. 15 min. by Shinkansen-access train

#### JR Hakodate Station

Approx. 1 min. on foot

Just drop by at Daimon Yokocho to enjoy food and chats with local



#### Kaisen-don dishes at Hakodate Morning Market

For Kaisen-don, a bowl of rice topped with generous amounts of colorful seafood, such as sea urchin, salmon roe, scallop and squid, freshness is the most important factor. Shops in the Hakodate Morning Market always offer fresh seafood in season, so your satisfaction is guaranteed no matter you visit.

Address: Wakamatsu-cho 9-19, Hakodate Inquiries: Hakodate Morning Market Cooperat Phone: +81-120-858-313 (No English-speaking staff available)

Approx. 10 min. by tram to the Suehiro-cho stop

#### A walk in Motomachi's autumn colors

Fall foliage on trees lining streets against the backdrop of retro-style streetscapes with plush Western-style buildings, churches and buildings that blend both Japanese and Western styles of prohitestrue markers a picturescue landscape. architecture makes a picturesque landscape. ries: Tourism Pro Section Tour

City of Hakodate Phone: +81-138-21-3323 (No English-speaking staff a





#### Hakodate Meijikan Ivy covering the Meijikan building facing

the Kaikodori street turns dramatically red in autumn. Inside the building, glassware, music boxes and other fine items are on

Hours: 9:30 - 18:00 (subject to change depending on the season) Inquiries: Hakodate Meijikan Phone: +81-138-27-7070 (No English-speaking staff available)

#### Approx. 10 min. by tram to the Hakodate Eki-mae stop

#### JR Hakodate Station

Approx, 40 min, by Hakodate Bus to the Kosetsuen stop

#### Hakodate MOMI-G Festa (autumn leaves festival)

Kosetsuen Park, which is the only governmentdesignated cultural-asset garden in Hokkaido, is known for its beautiful autumn colors. During the event, the trees are illuminated to create a fantastic atmosphere

Period: Late October - early Nov

Venue: Miharashi-cho 56, Hakodate Inquiries: Flower and Green Division, Hakodate and City Facilities Public Corporation Phone: +81-138-40-3605

(No English-speaking staff available



# Stay in Hakodate

# Seikan Area Multi-destination Model Courses

#### Aomori

## **Hirosaki**

Hachinohe

# Hakodate

#### JR Shin-Hakodate-Hokuto Station Approx. 15 min. by access train

JR Hakodate Station Approx. 1 min. on foot



The soothing sight of monkeys relaxing in a hot spring at

#### Hakodate salt ramen

Hakodate salt ramen is one of the dishes representative of Hakodate. The clear soup based on a painstakingly made stock is characterized by a simple yet rich, uniquely flavorful taste. The salt ramen in the photo is offered by Hakodate Menchubo Ajisai restaurant chain, which has a JR Hakodate Station shop located on the second floor of the station building.

Hakodate Official Travel Guide "Travel Hakodate" https://www

Approx. 30 min. by tram to the Yunokawa Onsen stop

#### A warm walk in Yunokawa

Yunokawa Hot Spring Resort has a lot to offer, including a hot spring foot bath (an easy way to enjoy a hot spring), the nearly 400-year-old Yukura Shrine, and the Tropical Botanical Garden, which has 300 varieties of tropical plants and is where the monkeys bathe.

Inquiries: Tourism Promotion City of Hakodate Phone: +81-138-21-3323

(No English-speaking staff available) Approx. 20 min. by tram to the Goryokaku Koen-mae stop

#### Goryo Hoshi-no-Yume event

The star-shaped moat of Goryokaku will be decorated with approximately 2,000 lights to form a five-pointed star that appears to rise above the ground. You can see that fantastic star from the observatory of the neighboring Goryokaku Tower. Period: December 1 – February 28 Address: Goryokaku-cho 44, Hakoda Inquiries: Goryokaku Tower Co., Ltd. Phone: +81-138-51-4785 (No English-speaking staff available

Approx. 30 min. by tram to the Suehiro-cho stop

#### Hakodate Illumination event

During the Hakodate Illumination event, streets filled with an international air in the city's Western area at the foot of Mt. Hakodate are enveloped by soft lights. Along with churches and other historic buildings that are also decorated with lights, they create a fantastic atmosphere perfect for a nighttime walk. Period: December 1 – February 28

Locations: Motomachi and other areas in Hakodate Inquiries: Hakodate Winter Festival Executive Committee inside the Hakodate International Tourism and Convention A Phone: +81-138-27-3535 (No English-speaking staff ava

## Stay in Hakodate

Inquiries: Hakkoda Ropeway Phone: +81-17-738-0343 (No English-speaking staff available) Approx. 15 min. by JR Bus to the Sukayu Onsen stop

Aomori

snowshoe trekking.

JR Shin-Aomori Station

Approx. 6 min. by conventional-line train

Approx. 80 min. by JR Bus to the Ropeway Eki-mae stop

Hakkoda snowshoe trekking

Starting from the Hakkoda Ropeway Summit

Park Station, you can trek with snowshoes

while taking in the views of the soft rime. In

the company of a quide, you can enjoy safe

Address: Aza Kansuizawa 1-12, Oaza Arakawa, Aomori

JR Aomori Station

#### Sukayu Onsen Ryokan

Tracing its roots back more than 300 years, this mountain hot spring inn is known for its "bath for a thousand bathers" made completely of Japanese cypress and equivalent in size to 160 tatami mats. Bathers can enjoy four types of water: hot water, cold water. Shibu-rokubu water, and a hot water cascade.

#### **Onimen-an Restaurant** at Sukayu Onsen Ryokan Ginger Miso Oden

The origin of Ginger Miso Oden dates back to a food stall where the female owner added ground ginger to miso to help warm passengers on the Seikan Ferry to Hokkaido in the severe cold. It was a real hit that has spread and become part of the local culinary culture.

Address: Minami-Arakawayama Kokuyurin Sukayuzawa 50, Arakawa, Aom Hours: - Sukayu Onsen Ryokan: 7:00 – 17:30 (non-staying guests) - Onimen-an: 10:30 – 16:30 Inquiries: Sukayu Onsen Ryokan

Phone: +81-17-738-6400 (No English-speaking staff available)

Approx, 1 hr. 40 min, by JR Bus to the Aomori Eki stop, and then approx, 1 min, on foot

## Aomori Pageant of Light and Paper

"Yukidarumaaru," Japanese-paper objects that are handmade by locals using the Nebuta technique, illuminate the area around Aomori Station with warm and colorful lights.

Period: late November - early February

Venue: around Aomori Station Inquiries: Aomori Minato Club (NPO organizat (inside the Seikan Ferry Memorial Ship "Hakkoda-Maru") hone: +81-17-735-8150 (No English-speaking staff available

# Stay in Aomori



Jappa-iiru, a soup cooked using

codfish ara (parts of fish left after

filleting), radish and other ingredients.

is a great winter warmer

# Hirosaki

bus

JR Shin-Aomori Station JR Hirosaki Station Approx. 30 min. by complimentary shuttle

Candied sweet potatoes that are sold at the Approx. 40 min. by conventional-line train Hirosaki Central Food Market exclusively in autumn and winter (from around September to April) are popular with locals and are truly to die for

#### Asobe-no-Mori Iwakiso Day spa & lunch

This hotel is popular for its beautiful views of nature, which include the Shirakami-Sanchi UNESCO World Heritage Site as well as Mount Iwaki and the Hakkoda Mountains, both included in the top 100 mountains in Japan, and for its hot spring bath options. Address: Aza Terasawa 28-29, Oaza Hyakuzawa, Hij Inquiries: Asobe-no-Mori In Phone: +81-172-83-2215 (No English-speaking staff available)



Approx. 30 min. by complimentary shuttle bus to the Hirosaki Municipal Tourist Center bus terminus

#### Kawasaki Dye Works Experience Tsugaru natural indigo dyeing

This works was originally a dye house operating in the Edo period (1603-1868) and it was reconstructed after dyeing tools from those days were found in 1992. Today it offers hands-on natural indigo dyeing workshops and sells small indigo-dyed items. Address: Kamenoko-machi 63, Hirosaki Hours: 9:00 – 17:00 (9:00 – 16:00 in winter), Closed of Drussdays quiries: Kawasaki Dve Works

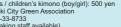


Approx, 10 min, on foot

### Dressing in Japanese feudal lord & princess costumes

Visitors can get dressed in feudal lord and princess costumes and have their photos taken.

taken. Address: Hirosaki Park Butokuden Lounge (Kita-no-Kuruwa) Hours: 9:00 –16:30 \*The hours are flexible for large groups; please feel free to ask. Fees: Armor / woman's bridal robe: 1,010 yen Tabard (*jinbaon*) / feudal lord kimono / woman's kimono with long sleeves / children's kimono (boy/girl): 500 yen Inquiries: Hirosaki City Green Association Phone: +61-172-33-8733 (No English-speaking staff available)



On foot or by taxi

#### Shirakami fish

The Sea of Japan in Aomori Prefecture (Tsugaru West Coast) has mineral-rich water flowing down from beech forests in Shirakami-Sanchi, a UNESCO World Heritage Site, A variety of seafood caught here are sent directly to Hirosaki, where visitors can enjoy special seafood dishes at restaurants serving sushi and other Japanese, French, ethnic and other kinds of cuisine Inquiries: Shirakami Fish Promotion Con the Tekuteku Editorial Department) Phone: +81-172-31-2136 (No English-speaking staff available) Shirakami-no-Sakana



Stay in Hirosaki













Phone: +81-172-35-6552 (No English-speaking staff available)



# and northern warmth

Winter

# Hachinohe

JR Hachinohe Station Approx. 10 min. by conventional train line JR Hon-Hachinohe Station Approx. 10 min. on foot

Visitors can put on the costume of Tayu dancers with the Enburi costume dressing experience service. (Hachinohe Portal Museum "Hacchi")



#### Sake brewery tour

At this brewery in Hachinohe, sake is brewed with the technique of the Nanbu Toji, one of the top three guilds of brewers in Japan. Don't miss the chance to sample the brews and find your favorite sake.

Address: Yokamachi 1, Hachinoh Tour hours: 9:00 - 16:00 Inquiries: Hachinohe Shurui Co., Ltd. Phone: +81-178-43-0010 (No English-speaking staff available)

Approx. 10 min. on foot

#### Hachinohe Senbei-jiru

Hachinohe Senbei-jiru (Hachinohe cracker soup) is a local dish featuring Nanbu Senbei crackers made exclusively for soup dishes (called Otsuyu Senbei) that are stewed in a strong flavored broth. The crackers that have soaked up the flavorful soup and become chewy are to be die for. Inquiries: VISIT HACHINOHE (gen Phone: +81-178-70-1110

(English-speaking staff available) Hachinohe Senbeijiru Laboratory Website: http://senbei-iiru.com (.lar

Approx, 10 min, on foot

### Hachinohe Enburi Festival

Hachinohe Enburi is a local dance performance designated a national important intangible folk cultural property. More than 30 groups of dancers put on soul-stirring performances i various parts of the city.

Period: February 17 – 20 (At other times, video footage of the festival is shown at the Hachinohe Portal Museum "Hacchi." Venues: Downtown Hachinohe. Shimin Hiroba in from of the Hachinohe City Hall, Kojokaku, etc. Inquiries: VIST HACHINOHE (general incorporated foundation Phone: +81-178-70-1110 (English-speaking staff available)

Approx. 15 min. by city bus or Nanbu Bus to the Grand Sunpia Hachinohe stop

## Sawasato-no-Yu Spa at Grand Sunpia Hachinohe

The natural hot spring gushing out on the hotel premises promotes recovery from fatigue and has high moisturizing effects. The spa has eight types of bath, helping warm both the body and mind of bathers.

Address: Higashi-Hakusandai 1-1-1, Hachinoh Hours: 10:00 – 22:00 (non-staying guests) Inquiries: Grand Sunpia Hachinohe Phone: +81-178-23-5151 (No English-speaking staff available



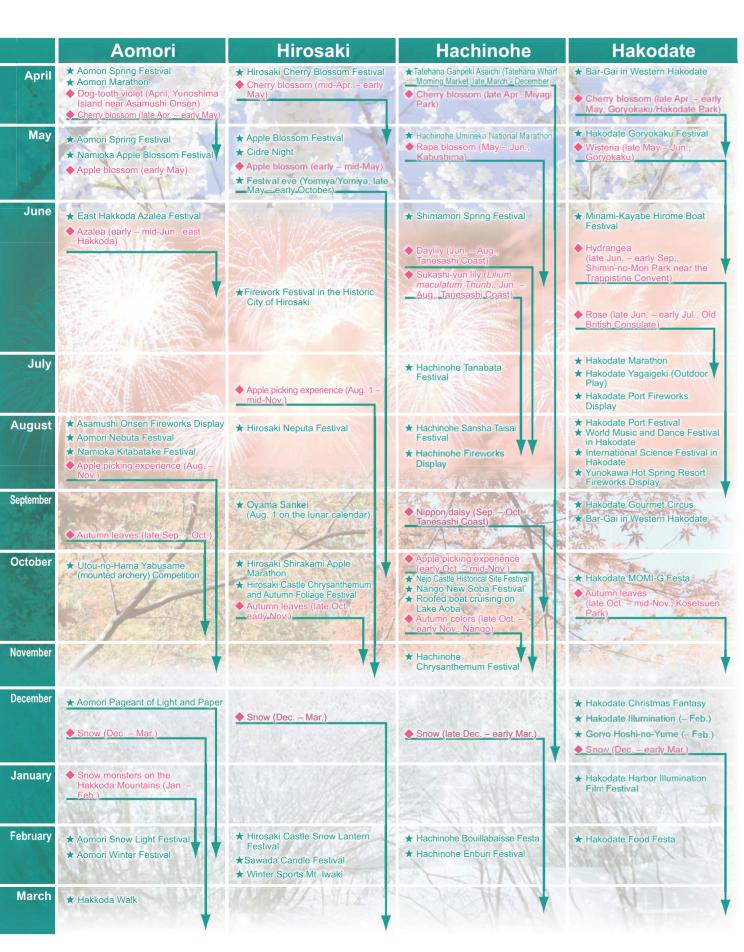






# **Calendar of Events, Flowers and Landscapes**

★: Event Flower/landscape



# **Local Transportation Information** - Convenient transportation service packages

periods/areas.

# Aomori

# **Aomori City Bus**



Free Route Card (One-day pass valid on weekends and public holidavs) The Aomori City Bus Free Route Card is a one-day pass that allows unlimited rides on regular routes in the city on weekends and public holidays. Adults: 500 yen, Children: 250 yen

Inquiries: Management Section, Transportation Department, Enterprise Bureau, City

of Aomori Phone: +81-17-726-5453 (No English-speaking staff available) Website: www.city.aomori.aomori.jp/koutsu/jyousyaken/bus-card.html

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## Shuttle Route Bus This shuttle bus stops at transportation hubs (e.g., Aomori Station and Shin-

BIEAN CONTEN (Elementary school students: 400 yen)

Aomori Station) and major tourist spots. Single-ride ticket: 300 yen (Elementary school students: 150 yen) One-day pass for unlimited rides: 700 yen (Elementary school students: 350 ven) Two-day pass for unlimited rides: 800 ven

Nebutan-go Aomori

\*Preschoolers: free Where to buy: Aboard the bus; Tourist Information Center, Aomori City (at Shin-Aomori Station); Tourist Information Center, Aomori City (in front of Aomori Station); and major tourist facilities and hotels in the city

Inquiries: Aomori Kanko Bus Inc. Phone: +81-17-739-9384 (No English-speaking staff available)

## Website: www.aomori-kanko-bus.co.jp/topics.html

# **Hachinohe**



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Machi Pass 300 The Machi Pass 300 is a money-saving one-day pass that allows unlimited rides in the service area, including central Hachinohe. It's ideal for shopping, running errands and doing business in the city center.

The pass is valid on city buses, Nanbu buses and Towada Kanko Dentetsu buses, and costs just 300 yen for adults and 150 yen for children.

Inquiries: Transportation Department, City of Hachinohe Phone: +81-178-25-5141 (No English-speaking staff available) 10.000 Inquiries: Northern Iwate Transportation Inc. Hachinohe Office

Phone: +81-178-44-7111 (No English-speaking staff available Inquiries: Towada Kanko Dentetsu Co., Ltd. Hachinohe Office Phone: +81-178-43-4520 (No English-speaking staff available)



**Tanesashi Coast** Sightseeing Bus Umineko-go

Using this bus, you can travel between Same Station near Kabushima Island, the gateway to the Tanesashi Coast of Sanriku Fukko (Reconstruction) National Park, and Tanesashi-kaigan Station for 100 yen. The bus stops at major sightseeing spots along the Tanesashi Coast, allowing passengers to Inquiries: Transportation Department, City of Hachinohe enjoy beautiful scenery. If you also use the JR Hachinohe Line and try trekking, you can further

Phone: +81-178-25-5141 http://www.city.hachinohe.aomori.jp/bus/index.html Inquiries regarding sightseeing: VISIT HACHINOHE o Fare: Adults: 100 yen; children: 50 yen (general incorporated foundation) hone: +81-178-70-1110 (English-speaking staff available) https://visithachnohe.com/

 Operation: early April – mid-November (daily); mid-November – March (Saturdays, Sundays and national holidays) \*Excluding year-end and New Year holidays

17

#### Call the contacts or see the websites for more information, including the sales periods/locations of passes and their validity

# Hirosaki



#### **Tsugaru Free Pass**

The Tsugaru Free Pass allows unlimited rides on unreserved seats in ordinary cars on local trains/rapid trains on JR Fast Konan Railway, and Tsugaru Railway and on regular-route Konan Bus (limited to designated sections) within the service area. It's ideal for taking in Tsugaru's attractions. hot springs and tourist facilities.

\*See the website for more information on the service area. Fares: Adults: 2.100 ven. Children (elementary school age): 1,050 yen

Validity period: 2 consecutive days

Where to buy: JR Ticket Offices (Midori-no-madoguchi) in the service area, in Akita Prefecture (excluding Higashi-Odate, Towadaminami, and Kazunohanawa stations), at Fukaura Station, and at Ajigasawa Station; stations installed with a reserved seat ticket machine; Travel Service Centers (View Plaza): and major travel agencies

Inquiries: Tsugaru Free Pass Management Committee (9:00 – 17:00 \*weekdays only) Phone: +81-172-40-7017 (No English-speaking staff available)

Tsugaru Navi Website

http://tsugarunavi.jp/freepass/en/ (English-speaking staff available)



### 100 Bas 🥙 100-yen Loop Bus

This loop bus costs just 100 yen per rideno matter where you get on and no matter how far you go.

• Fares: Adults: 100 yen, Children: 50 yen Hours: April – November 10:00 – 18:00

December - March: 10:00 - 17:00

Inquiries: Hirosaki Bus Terminal Phone: +81-172-36-5061 (No English-speaking staff available) Website: www.konanbus.com/

# Hakodate



#### **One-day Tram Pass One-day or Two-day Tram** & Bus Pass

Trams are convenient for seeing the sights in Hakodate. With the One-day Tram Pass, you can get on and off trams smoothly since all you have to do is show it to the driver. Passes for unlimited rides on both trams and buses (operated by Hakodate Bus) are also available for those who want to see more sights in the city. (See the website for the service area of Hakodate Bus, which is limited.)

 One-day Tram Pass: Adults: 600 yen, Children: 300 yen
One-day Tram & Bus Pass: Adults: 1,000 yen, Children: 500 yen Two-day Tram & Bus Pass: Adults: 1,700 yen, Children: 850 yen

Inquiries: Project Promotion Section, Transportation Department, Enterprise Bureau City of Aomori

Phone: +81-138-32-1730 (No English-speaking staff available) Website: www.city.hakodate.hokkaido.jp/docs/2014012100977/



### Hakodate Travel Passport

(unreserved seats in local train ordinary cars) Hakodate buses, Hakodate trams, and South Hokkaido Railway trains in Hakodate and its suburban areas (i.e., Kikonai, Hokuto, Nanae, Shikabe and Mori) One-day and two-day passes are available. Present your pass to receive a discount on Tsugaru Kaikyo Ferry 🥪 fares.

Inquiries: JR Hokkaido Telephone Information Center (Hours: 6:30 - 22:00) Phone: +81-11-222-7111 (No English-speaking staff available) JR Hokkaido Website: http://www.jrhokkaido.co.jp/