2019 EDITION

MUSLIM-FRIENDLY

HIROSHIMA & WESTERN HONSHU



HIROSHIMA / YAMAGUCHI / OKAYAMA / SHIMANE / TOTTORI

ASSALĀMU ALAYKUM. GREETINGS FROM THE CHUGOKU REGION.

As Japan welcomes more and more visitors from around the world, efforts are being made to accommodate a diverse range of dietary needs. Only a limited number of restaurants, hotels and facilities cater to Muslim travelers in the Chugoku Region (located at the western end of Japan's main island of Honshu and made up of the five prefectures of Hiroshima, Okayama, Tottori, Shimane and Yamaguchi). We hope, however, that this guide will be useful to Muslim travelers visiting our region and help make their stay a pleasant one.

Chugoku Transport and Tourism Bureau Chugoku Economic Federation Chugoku Regional Innovation Research Center

国土交通省中国運輸局

(一社) 中国経済連合会 (公財) 中国地域創造研究センター

Note:

Information correct as of March 2019. Please be aware that things do change.

Listings selected under the guidance of Hiroshima Islamic Cultural Center. Please be aware, however, that listings are based upon the declaration of the listed businesses themselves. We do recommend that Muslim diners ask restaurant staff to confirm whether menu items use Halal ingredients or contain any pork or alcohol products when ordering.



www.hiroshimatours.info/ pdf/muslimguide.pdf Issued in Mar 2019
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GUIDE TO SYMBOLS

Halal-certified meat served



No pork or pork-derived ingredients on the premises



Vegetarian options available



No alcohol or alcohol-derived ingredients on the premises



Prayer space available



Take out available



English menu



English spoken



Free WiFi



Credit Cards accepted



Non-smoking

IF IN DOUBT...

I am a Muslim. 私は、ムスリムです。

Do you have any dishes that..? 以下の料理の提供は可能ですか。

☐ Do not contain pork products (including bacon, ham, sausage, lard, gelatin)

豚や豚由来材料 (ベーコン・ハム・ウィンナー、ラード、 ゼラチン等) を含まない料理

☐ Do not contain alcohol (including cooking wine, sake, mirin rice wine)

アルコール(料理酒、みりん、酒精等)を含まない料理

☐ Use Halal meat

ハラール認証肉を使用した料理

CHUGOKU REGION



Matsue Castle, Matsue City (松江城) © Shimane Prefecture

TOKYO OSAKA HIROSHIMA



Tottori Sand Dunes, Tottori City (鳥取砂丘)

OSAKA KYOTO

TOTTORI MATSUE © Tottori Prefecture 1h30~2h JR Train Shinkansen - Bus SHIMANE HIMEJI **OKAYAMA**

YAMAGUCHI

HIROSHIMA

From Osaka: 80/90 min From Okayama: 35/40 min From Osaka: 45/50 min From Hiroshima: 35/40 min

(All times approximate)

SHIN-YAMAGUCHI

From Hiroshima: 30/50 min



Rurikoji Temple, Yamaguchi City (瑠璃光寺) © Yamaguchi Prefecture



A-bomb Dome, Hiroshima City (原爆ドーム) © Hiroshima Prefecture



Okayama Castle and Korakuen Garden, Okayama City (岡山城・後楽園) © Okayama Prefecture

HIROSHIMA

HIROSHIMA, MIYAJIMA, HIGASHI-HIROSHIMA





No pork cooked on premises



Vegetarian options available



No alcohol used in cooking



Praver space available



Take out available





Reservations required for both meals and take out bento lunch boxes.

2F 6-10 Shintenchi, Naka-ku, Hiroshima | Tel: 082-258-2229





1-4-25 Kamiya-cho, Naka-ku, Hiroshima | Tel: 082-246-9339



11:00-14:00 / 17:00-21:00 (Sun. Nat Hols 11:00-15:00 / 17:00-20:30) / Occasional holidays yamaichibekkan.com









Halal Japanese cuisine right in front of the ferry terminal on Miyajima.

1162-4 Minato-machi, Miyajima-cho, Hatsukaichi | Tel: 0829-44-0700



ushima Shrine pleasure cruises and to view oysters being pulled out of the sea.

1-2-6 Miyajimaguchi-nishi, Hatsukaichi | Tel: 0829-30-6356



4-32-2 Koi-ue, Nishi-ku, Hiroshima | Tel: 082-271-3770

Tempura TEMPURA TENKO 天冨良 天甲 中町店

Average price: Lunch ¥1000 Dinner ¥4000

11:30-14:00 / 17:00-21:30 Closed Monday



Private room for groups of 5-10 available with advance reservation.

2F Nakamachi Naganuma Bldg. 5-1 Naka-machi, Naka-ku, Hiroshima | Tel: 082-242-3933

Halal-certified meat served



No pork cooked on premises



Vegetarian options available



No alcohol used in cooking



Prayer space available



Turkish/Mediterranean Cuisine

Take out available



Indian

KANAK カナック

Average price: Lunch ¥1000 Dinner ¥1600















Prayer space unavailble when busy

2-2-10 Ote-machi, Naka-ku, Hiroshima | Tel: 082-236-7308



KARŞIYAKA カルシャカ

Average price: Lunch ¥1300 Dinner ¥3500













11:30-14:30 (L.O.14:00) / 17:30-23:30 Closed Monday (unless Mon is a Nat Hol, in which case closed Tue)





Prayer space unavailble when busy

2-6-20 Ote-machi, Naka-ku, Hiroshima | Tel: 082-247-2202



Indian, Asian

SAPANA サパナ

Average price: Lunch ¥1000 Dinner ¥1500









12 Indonesian

WARUNG MATAHARI

Average price: Lunch Dinner ¥2500











11:00-14:30 17:00-22:30





Groups of up to 30. Many vegetarian options.

2-10-18 Tokaichi-machi, Naka-ku, Hiroshima | Tel: 082-233-1326



インドネシア屋台 ワルンマタハリ











17:30-23:00 (L.O.22:30) Closed Monday www.warungmatahari.com







Indonesian cuisine prepared by a Balinese owner-chef.

5-8-13 Ote-machi, Naka-ku, Hiroshima | Tel: 082-240-2082



13 Indian, Nepali

NAMASTE ASSE ナマステ ASSE 店

Average price: Lunch ¥1000 Dinner ¥2000





















Inside Hiroshima Station building ASSE

6F ASSE 2-37 Matsubara-cho, Minami-ku, Hiroshima | Tel: 082-568-0045



14 Thai curry

J&T AIGAKE CURRY J&T あいがけカレ-

Average price: Lunch ¥600 Dinner ¥600













Mon-Fri 10:30-19:00 / Sat. Sun. Nat Hols 10:30-17:00 (occasional holidays) http://bit.ly/jtaigakecurry



4 kinds of Halal-certified Thai curry.

1-6-30 Hikari-machi, Higashi-ku, Hiroshima | Tel: 082-261-6240

15 Halal bento & Prayer space

SUMIYA SPA & HOTEL スミヤスパ & ホテル



Average price: Lunch ¥800 Dinner ¥800

6-18 Kyobashi-cho, Minami-ku, Hiroshima Tel: 050-3398-5024



16 Grocery & Prayer space

HALAL SHOP ALI

ハラールショップ アリ

10:00-20:00 Closed Tuesday www.facebook.com/Halalshopali 3F 7 Saijo-asahi-machi, Higashihiroshima | Tel: 080-3725-3044



CENTER

17 Prayer space HIROSHIMA ISLAMIC CULTURAL

広島イスラーム文化センター www.hiroshima-icc.org 4F 2786-1 Taguchi, Saijo-cho Higashi-hiroshima



Cafe 18



Price: ¥110~ HARA DONUTS

はらドーナッツ広島店 10:00-20:00 haradonuts.jp/hiroshima.html

Healthy preservative-free soy donuts.

3-13 Mikawa-cho, Naka-ku Hiroshima | Tel: 082-240-0826

HALAL-CERTIFIED TREATS

Halal-certified versions of Miyajima's most popular gifts, now available courtesy of Yamada-ya

Yamada-ya, maker of Miyajima's popular leaf-shaped momiji-manju, sells Halal-certified boxes of the cakes stuffed with sweet bean paste, as well as shakushi-senbei crackers.





YAMAGUCHI

YAMAGUCHI





Halal-certified meat served



Vegetarian options are clearly marked.

2-7-45 Itoyone, Yamaguchi | Tel: 083-932-4800

No pork cooked on premises



Vegetarian options available



No alcohol used in cooking

1677-1 Yoshida, Yamaguchi | Tel: 083-995-2706



Only open Mon-Fri 11:00-14:00 in February, March, August, September

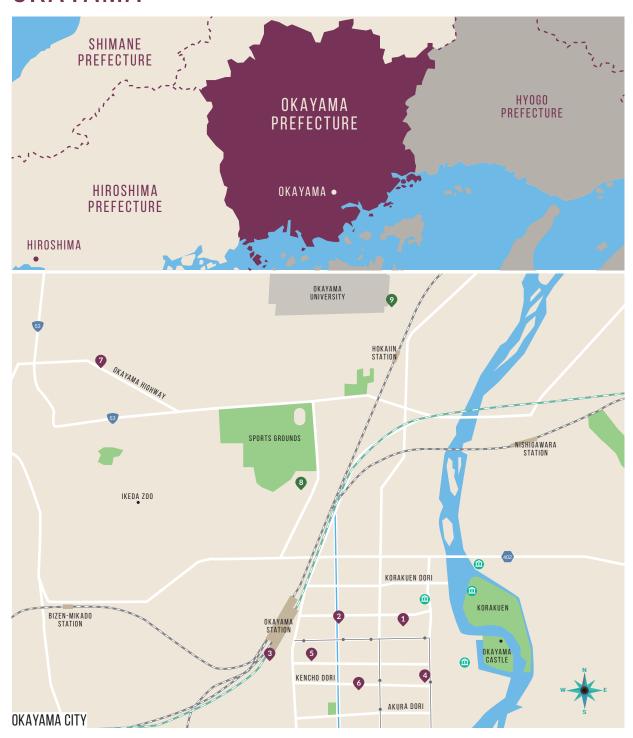
Prayer space available



Take out available

OKAYAMA

OKAYAMA



Halal-certified meat served



No pork cooked on premises



Vegetarian options available



No alcohol used in cooking



Praver space available



Take out available

Average price:

Lunch ¥800



Shabu-shabu, Sukiyaki

HITORI NABE MEGU ひとり鍋

Average price: Lunch ¥1200 Dinner ¥3500













2-1 Tenjin-cho, Kita-ku, Okayama | Tel: 086-289-5341



2 Indian

MILENGA ミレンガ









11:00-21:00 Closed the 1st Tuesday of the month milenga.themarket.co.jp









Restaurant certified Halal. Matsushita Udon at next door serves Halal udon.

1F Oka Bldg 1-3-3 Nodaya-cho, Kita-ku, Okayama | Tel: 086-206-2289



Hotel restaurant

HOTEL GRANVIA OKAYAMA CAFE RESTAURANT "OLIVIER" ホテルグランヴィア岡山 2Fカフェレストラン オリビエ

Average price: Lunch ¥4000 Dinner ¥4000

























Halal course and vegetarian course served with reservation 3 days in advance. Please ask at reception before using the prayer room.

2F 1-5 Ekimoto-machi, Kita-ku, Okayama | Tel: 086-234-7000



South American

PERU GRILL ペルーグリル

Average price: Lunch ¥1000 Dinner ¥2000



ENG





the 3rd Mon of the month / www.perugrill.jp











Reservations by telephone or email required by previous day.

1-8-33 Omote-cho, Kita-ku, Okayama | Tel: 086-201-7275



cafe m**o**ni

Cafe

CAFE MONI カフェモニ

11:30-23:00

Average price: Lunch ¥850 Dinner ¥1100





Occasional holidays

industries-moni.com









6 Japanese

RYOUTEI TAMACHI Ryoutei 田町店

Average price: Lunch Dinner ¥4000











17:00-24:00 (L.O.23:30) www.233-3959.com



¥2000, ¥3000, ¥4000 Halal courses, reservation 2 days in advance. Service not provided in Dec, March

1-6-19 Tamachi, Kita-ku, Okayama | Tel: 086-233-3959



Donuts

Cafe and wide dessert menu. Muslim friendly menu available.

MALASADA DONUTS マラサダドーナツのお店

Price: ¥150~









Tue-Fri 11:00-19:00 Sat, Sun, Nat Hols 11:00-18:00 Closed Monday



Donuts marked with a peach logo are Muslim-friendly.

3-1-28 Tsushima-kyomachi, Kita-ku, Okayama | Tel: 086-253-6661

Prayer space

OKAYAMA ROYAL HOTEL

岡山口イヤルホテル

www.orh.co.jp Please ask at reception before use. 2-4 Ezu-cho, Kita-ku, Okayama



OKAYAMA ISLAMIC CENTER

岡山イスラミックセンター

facebook.com/pages/Okayama-Islamic-Centre/123860261139298 2-1-7 Tsushima-higashi, Kita-ku, Okayama

Kids will love these cute Halalcertified Japanese sweet

Kibi-dango sweets, associated with the tale about a boy called Momotaro who battles demons with the help of three animal companions, are Okayama's top souvenir. Koeido produces a range of nine Halal-certified flavors.



SHIMANE TOTTORI

MATSUE, IZUMO, TOTTORI, YONAGO







VEGE CAFE MANAINA ベジカフェ まないな















Occasionally closed during winter. 5 minutes walk east of Izumo Taisha Shrine.

7 Kizuki-higashi, Taisha-cho, Izumo | Tel: 0853-53-5560



2 Japanese ryokan

CHIKUYOU 竹葉

Average price: Lunch ¥1450 Dinner ¥4000











11:30-14:00 / 18:00-21:00 Occasional holidays english.chikuyou.jp / info@chikuyou.jp



438 Furukawa-cho, Yasugi | Tel: 0854-28-6231



3 Univ. cafeteria

SHIMANE UNIV. COOP NIKORA 2F ===

Average price: Lunch ¥500















Shimane Mosque located in front of the university gates.

1060 Nishi-kawatsu-cho, Matsue | Tel: 0852-32-6246



4 Indian **SPICE**

Average price: Lunch ¥1300 Dinner ¥1700











11:30-22:00 (L.O.21:30) Closed Tuesday (open if National Holiday) www.spice-matsue.com



1-16-26 Gakuen, Matsue I Tel: 0852-27-7720



Halal-certified meat served



No pork cooked on premises



Vegetarian options



No alcohol used in cooking



Prayer space available



Take out available



Cafe Dining

No pork cooked on premises



Vegetarian options available



No alcohol used in cooking



Prayer space available



Take out available



ORIBIO TOTTORI オリビオ 鳥取店

Average price: Lunch ¥1200 Dinner









18:00- (reservation required) Closed Sun, Mon, Tue, Wed / tottorioribio.business.site







Located across the street of Tottori Masjid

1-743 Koyama-cho-nishi, Tottori | Tel: 0857-28-7388



HANA-AMI はなあみ













Closed Sunday-Wednesday www.instagram.com/hanaami_nana_risa







Reservation by telephone 7 days in advance required

75-4 Fukuichi, Yonago | Tel: 0859-57-4894



HIBI-NO-KATE 日々の糧

Average price: Lunch ¥1000 Dinner ¥1500













11:00-15:00 / 17:00-21:00 (L.O.20:30) **Closed Sunday** hibinokate.com









Reservation by email 2 days in advance required. Accomodation of other dietary needs also possible.

2F 197 Meiji-cho, Yonago | Tel: 0859-34-3773



Prayer space

TOTTORI MASJID

鳥取マスジド www.facebook.com/islamtottori

5-677 Koyama-cho-minami, Tottori (Near University of Tottori)



YONAGO CITY

Prayer space

YONAGO KITARO AIRPORT 米子鬼太郎空港

www.yonago-air.com/eng

Multi-purpose room for prayers. Please ask at the info counter.

1634 Sainokamicho, Sakaiminato | Tel: 0859-45-6121



10 Prayer space

SHIMANE MOSQUE & ISLAMIC CULTURAL CENTER 島根モスク・イスラーム文化センター www.facebook.com/shimanemosque

3F Sakata Bldg. 2-16-24 Gakuen, Matsue





I'M AFRAID I CAN'T EAT~

すみませんが~を食べられません。

(sumimasen ga ~ o taberaremasen)





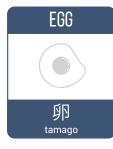






































"X" out the foods you wish avoid and show when ordering.

